



American Association on Intellectual and  
Developmental Disabilities - Louisiana Chapter

## Selecting Interventions for Autism Spectrum Disorder: Preference, Science, and the Realities of Life

Join AAIDD-LA for a one-day educational workshop based on one of our most popular sessions from the 2015 AAIDD-LA State Conference. We are offering this workshop in Baton Rouge and in Alexandria so choose the location that is most convenient for you.

### Option 1 - Baton Rouge

**When:** April 1, 2016

**Where:** 1st floor of the Woman's Main Hospital in the JE Dunn Conference Center  
100 Woman's Way, Baton Rouge, LA 70817

**Time:** 9:00am – 4:00pm  
**(Registration begins at 8:30 and the workshop will begin promptly at 9:00)**

### Option 2 - Alexandria

**When:** May 3, 2016

**Where:** Piccadilly Restaurant  
1400 MacArthur Drive, Alexandria, LA 71301

**Time:** 9:00am – 4:00pm  
**(Registration begins at 8:30 and the workshop will begin promptly at 9:00)**

**Fees:** \$60 - Members (lunch included)  
\$75 – Non Members (lunch included)

**CEUs:** PT (6 clinical hrs) Nursing (6 contact hrs) Psych (6 contact hrs) SW (6 clinical hrs)

**Presenter:** Cheryl L. Knight, PhD, BCBA-D, Clinical Psychologist  
Louisiana Office for Citizens with Developmental Disabilities

### Continuing Education Information

*This Presenter-Directed Activity for 6 contact hours of Nursing Continuing Education is approved by the Louisiana State Board of Nursing (LSBN), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation in co- sponsorship with the GNO Resource Center on Developmental Disabilities LSBN Provider No. 49*

*LA Physical Therapy Board has awarded 6 clinical continuing education hours for "Selecting Interventions for Autism Spectrum Disorder: Preference, Science, and the Realities of Life"*

*This program was approved for 6.0 hours of continuing education credit for Psychologists by Louisiana Department of Health and Hospitals via Office for Citizens with Developmental Disabilities Chief Psychology Staff.*

*This program was approved for 6.0 clinical hours of continuing education credit for Social Workers by the Office for Citizens with Developmental Disabilities, Department of Health and Hospitals, State of Louisiana.*

## **Selecting Interventions for Autism Spectrum Disorder: Preference, Science, and the Realities of Life**

Individuals diagnosed with Autism Spectrum Disorder and their families make many decisions when selecting interventions. Even in situations where individuals and families think they have very few options, the key to choosing and then evaluating a “best available fit” requires a balance between the individuals’ and families preferences, the available research to support an intervention (i.e., science), and the realities of life (e.g., availability of resources such as funding and skilled clinicians or providers).

This workshop will emphasize:

1. Characteristics and conclusions of several major systematic evidence reviews (i.e., science); and
2. The integration of preference, science, and the realities of life when tailoring one or more interventions for an individual, and when appropriate, the individual’s family. The afternoon will feature large and small group discussion/exercises for participants to practice application of information presented and to promote consideration of enhanced choice-making.

NOTE: This workshop is a more in-depth treatment of the basic information presented in the LA-AAIDD Presentation on September 17, 2015, “Autism Spectrum Disorder & Evidence-Based Practice: Considerations of Individuals and Families when Making Choices.”