

# Kidshealth.org

By: Thuy Nguyen

When my son, who has special health care needs, was younger, trying to search for accurate, updated medical information on-line was not always an easy task. There were so many websites that popped-up so I would have to go through each one individually. Well, there was one website, **Kidshealth**, I found that had great information and resources. The information was written in a way that was easy to understand and credible since it is reviewed by pediatricians and other medical professionals. The website is considered the #1 most trusted source for physician-reviewed information and advice on children's health and parenting issues.

The website is divided into 4 sections which includes a section for:

- parents
- kids
- teens
- educators



Not only does it provide facts about health, but it also provides different perspectives and guidance on a wide range of issues that affects our children and teens. The website features interactive tools such as games, videos, as well as the option of having an article read out loud to you.

Topics of interest include: Diseases and Conditions (For Parents), Recipes and Cooking (for Kids), Schools and Jobs (For Teens) and Teacher Guides for all grades (For Educators).

For more information, you can visit [www.kidshealth.org](http://www.kidshealth.org).



FHF of Jefferson  
201 Evans Road  
Building One, Suite 100  
Harahan, LA 70123  
504.888.9111  
504.888.0246 (fax)  
[www.fhfjefferson.org](http://www.fhfjefferson.org)



Like us on Facebook:  
[Facebook.com/  
Fhfjefferson](https://www.facebook.com/Fhfjefferson)



Follow us on twitter:  
[Twitter.com/  
FHFofJefferson](https://www.twitter.com/FHFofJefferson)

Changing Lives. Every Day.