

ARE YOU AND YOUR FAMILY PREPARED FOR THE HURRICANE SEASON?

By: Thuy Nguyen

Hurricane season began June 1st and goes through the end of November. As we all have seen, storms have been occurring outside those dates. The Louisiana Department of Health and Hospitals (DHH) is urging residents to gear up and



be prepared for hurricane season especially now, well before the storm hits. Preparing early and thinking ahead can reduce the stress, save lives as well as property.

Below are some links families can access to find resources as well as preparedness tips from DHH and other State Agencies as well as FEMA:

Governor's Office of Homeland Security & Emergency Preparedness

<http://www.getagameplan.org/>

FEMA

<http://www.ready.gov>

NOAA National Centers for Environmental Information

Extreme Weather Information Sheet

<http://www.ncddc.noaa.gov/activities/weather-ready-nation/news/>

Jefferson Parish

<http://www.jeffparish.net/>

City of New Orleans: City-Assisted Evacuation

<http://www.nola.gov/ready/>

For People w/ disabilities and families of children w/special health care needs, below are some resources:

Disaster/Emergency Planning Tips for the Elderly, People w/ Disabilities, and their Caregivers

<http://new.dhh.louisiana.gov/index.cfm/newsroom/detail/1422>



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Preparing Makes Sense for People w/Disabilities, Others with Access and Functional Needs, and the Whole Community

<http://www.ready.gov/individuals-access-functional-needs>

City of New Orleans: Seniors and Medical Needs

<http://www.nola.gov/ready/hurricane/seniors-medical-needs/>

Every year I complete the AAP Emergency Information Form for Children w/Special Health Care Needs and save it in my purse or in my son's medical binder. The form can be downloaded from the American Academy of Pediatrics website. There is also an interactive form that you can download, complete (make changes when needed) and save on your lap top or flash drive. Information such as Physicians contact information, Diagnoses/ Past Procedures, Medications, Allergies, Immunization, etc. is on the form.

AAP Emergency Preparedness for Children w/Special Health Care Needs Instruction Page

<http://www2.aap.org/advocacy/epcparent.htm>

Blank Form

<http://www2.aap.org/advocacy/blankform.pdf>



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