

## Behavioral & Developmental Pediatrician Shares an Interesting Perspective on Educating Children

In addition to being a Behavioral and Developmental Pediatrician for more than 27 years, Dr. Susan R. Johnson, is a certified Waldorf teacher. Dr. Johnson has extensive experience in helping children with Autism, Pervasive Developmental Disorders, Asperger Syndrome, expressive and receptive language delays, and Attention Deficit Disorder. She also served for 7 years with the San Francisco Unified School District as their Physician Director at Golden Gate School Health Center evaluating hundreds of children, from preschool through 8th grade that were having challenges in behavior and learning at school.

Dr. Johnson has written some excellent articles on education that capture the visual component. A key point that she mentions on her website is that *“children with auditory and visual processing problems need movement therapies that strengthen their vestibular/balance system. ... Children who have difficulties with sitting still, paying attention, and visual processing/visual memory skills, that impact reading, writing, spelling, and mathematics, need movement therapies that strengthen proprioception.”*

In her article entitled, “Difficulties In Our Children? Product vs. Process – Is Our Educational System Contributing To Attentional And Learning Difficulties In Our Children?” she also states: “There is a developmental progression of sensory-motor skills that a young child needs to master in the first seven years of life. ... I see countless numbers of children in my practice who have been diagnosed with “ADD” or “learning disabilities” that miraculously improve when they are taken out of an “academic” kindergarten or given an extra year in a developmental kindergarten that emphasizes movement and the integration of their sensory-motor systems.”

To link and read the entire article visit our website homepage at: [www.SuburbanEyeCare.com](http://www.SuburbanEyeCare.com)