



revitalize

HARTFORD AREA RESOURCE GUIDE

Guia de Recursos del Area de Hartford

FREE AND LOW-COST:

HEALTH CARE COVERAGE

BASIC HEALTH

MEN'S HEALTH

WOMEN'S HEALTH

STD & HIV TESTING

FARMERS MARKETS

www.RevitalizeHartford.com



revitalize

www.RevitalizeHartford.com

Revitalize is an Urban Alliance initiative that helps people to move towards optimal physical health by collaboratively increasing the impact of local health services.

There are a number of barriers that make it difficult for many in our local community to experience optimal health, including lack of access to available health services, overshadowing health disparities, and behaviors and attitudes that do not promote health and wellness.

Revitalize is helping people to:

- ✓ Increase access to and utilization of health services
- ✓ Improve their nutrition and increase physical activity
- ✓ Prevent and reduce the impact of adverse health conditions on their lives

Revitalize es una iniciativa de la organización Urban Alliance, la cual se dedica a ayudar a las personas a obtener una salud física óptima a través de colaboraciones que aumentan el impacto de los servicios locales de salud.

Hay un sinnúmero de barreras que imposibilita a muchos en nuestra comunidad local de obtener una salud óptima. Esto incluye, la falta de acceso a los servicios de salud disponibles, diferencias en el estado de salud de diferentes grupos de personas, y comportamientos y actitudes que no promueven la salud y el bienestar.

Revitalize está ayudando las personas a:

- ✓ Incrementar el acceso y utilización de servicios de salud
- ✓ Mejorar la nutrición y aumentar la actividad física
- ✓ Prevenir y reducir los impactos adversos en cuanto a las condiciones de salud en sus vidas

BASIC HEALTH CARE / SERVICIOS DE SALUD BÁSICOS



Malta House of Care provides free basic health services. If you or someone you know is in need of health services and does not have health insurance, please visit one of Malta's four Hartford locations.
Contact: (860) 725-0171 or visit maltahouseofcare.org

MONDAYS

12:00-4:00PM
St. Rose's Church
33 Church Street, East Hartford

TUESDAYS

2:00-6:00PM
The Cathedral of St. Joseph
134 Farmington Ave., Hartford

WEDNESDAYS

12:00-4:00PM
St. Peter's Church
160 Main St., Hartford

THURSDAYS

12:00-4:00PM
St. Augustine's Church
10 Campfield Ave., Hartford

Malta House ofrece servicios básicos de salud. Si usted o alguien que usted conoce está en necesidad de servicios de salud y no tiene seguro de salud, visite uno de las cuatro localizaciones.
Contacto: (860) 725-0171 o visite maltahouseofcare.org

LOS LUNES

12:00-4:00PM
St. Rose's Church
33 de la calle Church, East Hartford

1 LOS MARTES

2:00-6:00PM
The Cathedral of St. Joseph
134 de la avenida Farmington, Hartford

2 LOS MIÉRCOLES

12:00-4:00PM
St. Peter's Church
160 de la calle Main, Hartford

3 LOS JUEVES

12:00-4:00PM
St. Augustine's Church
10 de la avenida Campfield, Hartford

MEN'S HEALTH / LA SALUD DEL HOMBRE



The Curtis D. Robinson Men's Health Institute

offers free prostate cancer education, testing and treatment for uninsured and under-insured men.

Contact: (860) 714-5770 or visit www.sfmhi.com for more information about screening events

The Hartford Hospital Cancer Center

provides early detection exams for prostate, colon and skin cancer. Lung cancer information also available.

Contact: (860) 972-1105 or (860) 972-3790 for upcoming screenings and more information.

The Curtis D. Robinson Men's Health Institute

ofrece educación gratuita, pruebas de cáncer de la próstata y tratamiento para personas sin seguro médico o con seguro de bajos recursos.

Contacto: (860) 714-5770 o visita www.sfmhi.com para obtener más información acerca los eventos de exámenes

The Hartford Hospital Cancer Center

proveen de exámenes tempranos de la detección en la próstata el cáncer de colon y la piel.

Información sobre el cáncer de pulmón está también disponible.

Contacto: (860) 972-1105 o (860) 972-3790 para obtener más información sobre los próximos eventos y acerca los eventos presentes

HEALTH CARE COVERAGE / COBERTURA DE SALUD MEDICA

Access Health CT allows people to enjoy important benefits like annual family doctor visits, emergency room care, prescriptions, lab tests and more. Those who qualify for Husky Health may enroll year round.

To learn more, visit www.AccessHealthCT.com

In-Person Assistants are available at Charter Oak Health Center
21 Grand Street, Hartford

- 4** Tener cobertura de salud por medio de **Access Health CT**, te permite disfrutar de importantes beneficios como visitas anuales a tu doctor de familia, cuidado en la sala de emergencias, medicamentos con receta, exámenes de laboratorio y mucho más. Si calificas para Husky Health puedes inscribirte en cualquier momento del año. **Para más detalles visita www.AccessHealthCT.com.**

Asistentes en persona están disponibles en el Charter Oak Health Center, 21 de la calle Grand, Hartford



The Connecticut Breast and Cervical Cancer Early Detection Program

provides mammograms, pap tests and colonoscopies for women.

Contact: Hartford HealthCare at (860) 545-3078 or St. Francis Hospital at (860) 714-4680

The Connecticut Breast and Cervical Cancer Early Detection Program

proveen pruebas de detección del cáncer, mamografías, pruebas de Papanicolaou.

Contacto: Hartford HealthCare a (860) 545-3078 o St. Francis Hospital a (860) 714-4680

The Women's Heart Program at Saint Francis

provides free heart disease risk assessment and education.

**Contact: (860) 714-6389
Saint Francis Care,
114 Woodland St., Hartford**

5 The Women's Heart Program at Saint Francis

proveen evaluación de riesgo cardíaco y educación.

**Contacto: (860) 714-6389
Saint Francis Care,
114 de la calle Woodland, Hartford**

Maternal and Infant Outreach Program

offers a free case management and home visitation program that improves the health and wellbeing of women, infants, and their families.

**Contact: (860) 757-4820
131 Coventry Street, Hartford**

6 Maternal and Infant Outreach Program

ofrece gratis a casos de manejo y visitas a sus hogares, un programa que mejora la salud y el bienestar de las mujeres, niños y sus familias.

**Contacto: (860) 757-4820
131 de la calle Coventry, Hartford**

Hartford Hospital's Partnership for Breast Care

operates a digital mobile mammography program at Hartford City Hall and other locations that provides low or no-cost mammograms for women without insurance and increases access to mammography services.

Contact: (860) 972-8800

Hartford Hospital's Partnership for Breast Care

opera un programa de mamografía digital móvil en la alcaldía de Hartford y otras localizaciones que proveen a un poco costo o ningún costo a mujeres sin seguro.

Contacto: (860) 972-8800

STD & HIV TESTING / PRUEBAS ETS & VIH



If you are concerned that you may have an STD or HIV, free testing is available.

Si le preocupa que pueda tener ETS o el VIH, las pruebas gratuita están disponible. Pruebas gratuitas está disponible.

AIDS Connecticut Connection's Wellness Center

(HIV and STD testing)

1229 Albany Avenue

3rd Floor, Hartford

Contact: 860-547-1771

or (860) 247-AIDS

MONDAY - THURSDAY

8:30AM-1:00PM

FRIDAYS

8:30-10:30AM

Community Health Services

(HIV testing only)

500 Albany Avenue, Hartford

Contact: (860) 249-9625

MONDAY - FRIDAY

9:30AM-4:30PM

Latino Community Services

(HIV testing only)

184 Wethersfield Avenue, Hartford

Contact: (860) 296-6400

MONDAY - FRIDAY

8:00AM-4:00PM

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AIDS Connecticut Connection's Wellness Center

(Pruebas de VIH y ETS)

1229 de la avenida Albany,

3ro Piso, Hartford

Contacto: (860) 547-1771

o (860) 247-AIDS

LUNES A JUEVES

8:30AM-1:00PM

VIERNES

8:30-10:30AM

8

Community Health Services

(Prueba para SIDA solamente)

500 de la avenida Albany, Hartford

Contacto: (860) 249-9625

LUNES A VIERNES

9:30AM-4:30PM

9

Latino Community Services

(Prueba de VIH solamente)

184 de la avenida Wethersfield, Hartford

Contacto: (860) 296-6400

LUNES A VIERNES

8:00AM-4:00PM

HARTFORD FARMERS MARKETS/ MERCADO DE GRANJEROS DE HARTFORD



\$\$ BILLINGS FORGE FARMERS MARKET 10

Thursdays/Jueves, 11:00am - 2:00pm

Spring & Summer/Primavera & Verano: 539 Broad Street/539 de la calle Broad (courtyard on Billings Forge campus/en el patio en el recinto Billings Forge)

Winter/Invierno: 563 Broad Street**

FIRST PRESBYTERIAN CHURCH FARMERS MARKET 11

Mondays/Lunes, 10:00am - 1:00pm

First Presbyterian Church (next to The Bushnell/al lado del teatro The Bushnell)
136 Capitol Avenue/136 de la avenida Capitol

\$ HARTFORD MOBILE MARKET

A year-round mobile produce market. Check revitalizehartford.com for schedule.
Un mercado móvil de productos agrícolas para todo el año.

Consulte revitalizehartford.com para el programa.

\$\$ HOMESTEAD AVE FARMERS MARKET 12

Wednesdays/Miércoles, 2:00-5:00pm

255 Homestead Avenue/255 de la avenida Homestead

✓ \$\$ NORTH END FARMERS MARKET 13

Wednesdays/Miércoles, 10:00am - 1:00pm

80 Coventry Street/80 de la calle Coventry

OLD STATE HOUSE FARMERS MARKET 14

Tuesdays & Fridays/Martes y Viernes, 10:00am - 2:00pm

800 Main Street/800 de la calle Main

PARK STREET FARMERS MARKET 15

Mondays/Lunes, 9:30am - 1:00pm

Walgreen's (corner of Park and Washington/en la esquina de Park y Washington)

✓ \$\$ WEST END FARMERS MARKET 16

Tuesdays/Martes, 4:00 - 7:00pm (closes at 6:00pm in October)

385 Farmington Ave/385 de la avenida Farmington

KEY/CLAVE:

✓ Revitalize coupon redemption site/lugar para redimir los cupones de Revitalize

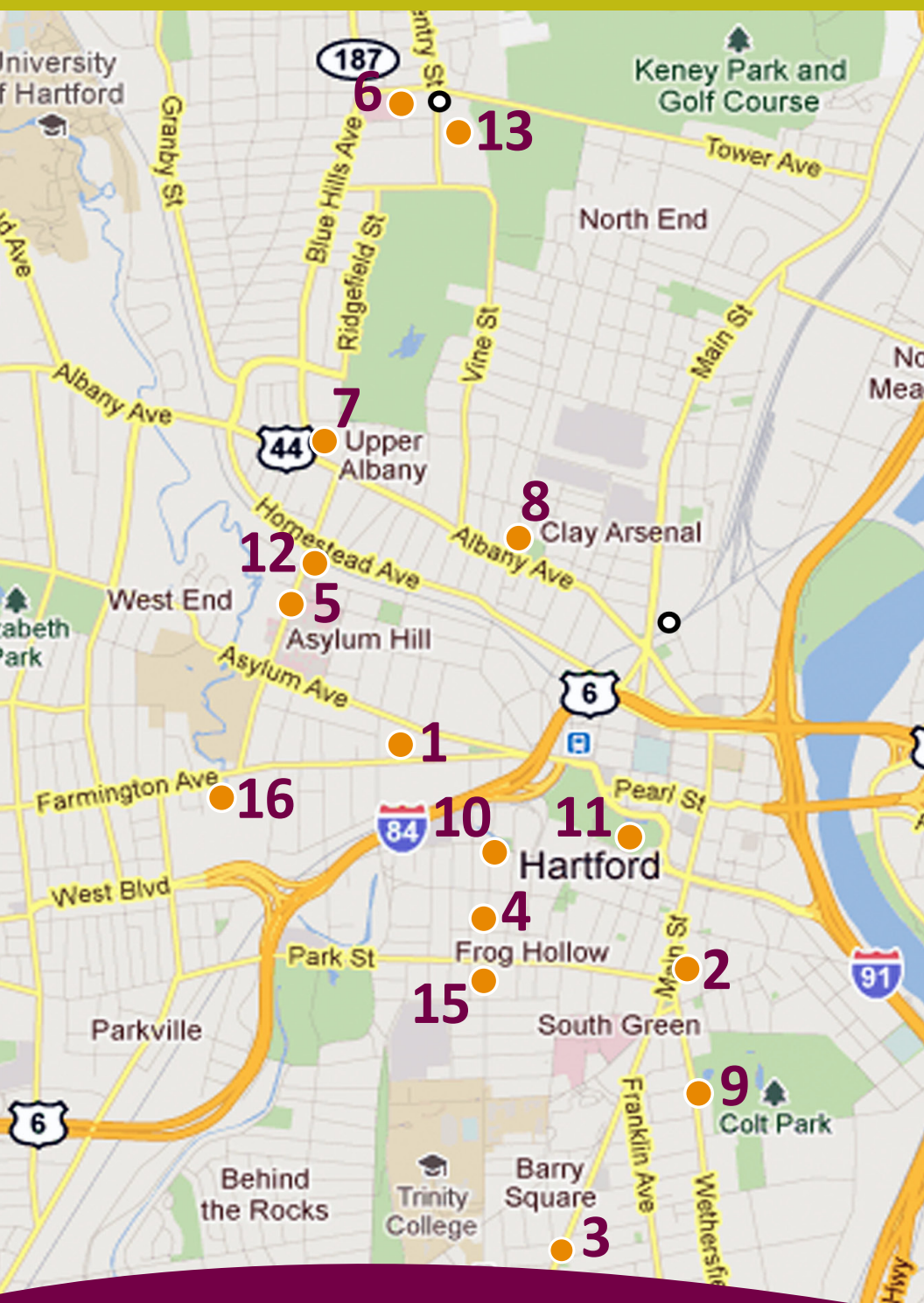
\$ accepts SNAP/acepta SNAP

\$\$ doubles SNAP/duplica SNAP

All markets are FMNP authorized, some have WIC FVV authorized vendors.

Todos los mercados están autorizados por FMNP, algunos tienen vendedores autorizados por WIC FVV.

PROGRAM & SERVICE LOCATIONS IN HARTFORD, CT
Programas y centros de servicio en Hartford, CT



**MORE FREE HEALTH EVENTS, CLASSES, PROGRAMS
AND SERVICES LISTED ON REVITALIZEHARTFORD.COM!**