



National Alliance on Mental Illness

nami

Alameda County



**Mission Peak Unitarian
Universalist Congregation**

**NAMI Alameda County and the Mission
Peak Unitarian Universalist Congregation
jointly present a**

Mental Health Advocacy Forum

A community education event about mental health

Date: Saturday, May 21st

Location: Hopkins Junior High

600 Driscoll Rd, Fremont, CA 94539

Time: 2:00pm-4:00pm

Room M1

*Attendees will
be asked to pledge to
do one thing to help
mental health
advocacy!*

This Mental Health Advocacy event will feature:

- Information for friends and family member advocates of those with mental health needs, mental health practitioners, and the wider community in the Bay Area interested in learning more about mental health issues, policies and resources
- A panel discussion of current mental health issues and advocacy needs, with representatives from NAMI (National Alliance on Mental Illness), consumer groups, the Family Education Resource Center, the faith community, Alameda County BHCS (Behavioral Health Care Services), and the police
- Breakout booths with information and resources about many community mental health programs

**For more information about
this event, email:
outreach@mpuuc.org
or call (650)346-8601
<http://www.mpuuc.org/mentalhealth/>**

For more information about
mental health advocacy:
www.nami-alamedacounty.org
www.namicalifornia.org
www.nami.org