

SUMMER 2015

PARENT EDUCATION CLASSES

ACTIVE PARENTING*

For parents of children ages 5-12 years old. This four week course teaches parents how to protect and prepare their children to survive and thrive in the high-tech, diverse and democratic society in which they will live. Topics that will be addressed include: courage, responsibility, cooperation, respect, problem solving, decision making, and communication skills that will help them succeed at home and at school.

Tuesday evenings from 6:00 - 8:00pm
June 2 - June 23

PARENTING TODDLERS WITH LOVE & LOGIC*

For parents of children ages 4 and under. Has your sweet, innocent baby suddenly turned into a noisy, demanding – and sometimes out of control – toddler? In this 3 week course, you will learn how to take the frustration, stress and confusion out of parenting a toddler.

Monday mornings from 9:00 - 11:00am
June 15, 22, and 29

PARENTING THE ADHD CHILD*

For parents of children 4+ with an ADHD diagnosis. This four week class will help parents gain a better understanding of ADHD and will use proven strategies to help the behavior and attention of your child.

Tuesday evenings from 6:00 - 8:00pm
June 16 - July 7

PARENTING PROBLEM BEHAVIORS

This more in depth class teaches the three stages of preventing problematic behaviors and helps parents/caregivers identify abusive or sexually exploitive language or conduct which warrant intervention. Emphasis is on understanding, communication and the importance of supervision and safety.

Saturday mornings from 9:00 - 11:00am
June 6 - June 20

***FREE Childcare Provided**

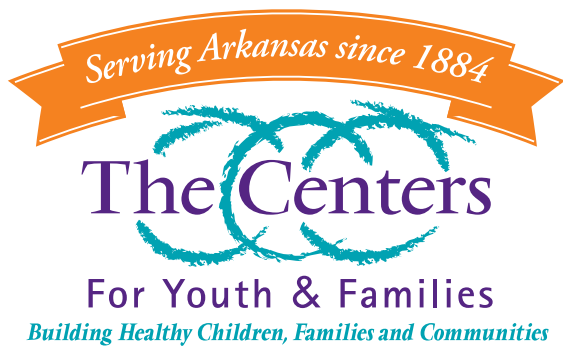
CLASS SIZE IS LIMITED. PRE-REGISTRATION IS REQUIRED IN ADVANCE OF ANY CLASS.

PHONE: 501.664.4268 • EMAIL: PARENTCENTER@CFYF.ORG • WWW.CFYF.ORG/PARENTS

CLASSES WILL BE HELD AT BESS CHISUM STEPHENS COMMUNITY CENTER • 1200 SOUTH CLEVELAND • LITTLE ROCK

Fee for classes are as follows:

THREE WEEK COURSE: \$30/person or \$40/couple • FOUR WEEK COURSE: \$40/person or \$50/couple



AUGUST BACK TO SCHOOL PREP

TRANSITION TIME: HELPING AUTISTIC STUDENTS GO BACK TO SCHOOL

This class will give parents tips and resources for a smooth transition back to school. Parents will also learn strategies to help their child interact with their classmates and teachers as well as ways to communicate with teachers about accommodations and learning needs that the autistic students need.

Tuesday, August 4: 6:30 - 7:30pm

Friday, August 7: 12:00 - 1:00pm

SUPPORTING STUDENTS WITH DYSLEXIA

This class will focus on how to help your dyslexic student get organized and ready for the school year. Parents will get tips on how to talk with the teacher about accommodations or learning needs that dyslexic students need.

Tuesday, August 11: 6:30 - 7:30pm

Friday, August 14: 12:00 - 1:00pm

ACTIVE PARENTING FOR SCHOOL SUCCESS

Learn the tools and skills to support your child's success in school. Topics being covered will include parental involvement, working with your child's teachers, structuring family and homework time, expectations, and how to help your child use media safely and effectively.

Tuesday, August 18: 6:30 - 7:30pm

Friday, August 21: 12:00 - 1:00pm

HOW TO MAKE THE MOST OF YOUR IEP

The testing has been completed, now what exactly do the results mean? How can you use the information for the reports to improve outcomes for students? What do you target first? This class will help navigate the IEP process as well as how to work with teachers to ensure the plan works for the student.

Tuesday, August 25: 6:30 - 7:30pm

Friday, August 28: 12:00 - 1:00pm

CLASS SIZE IS LIMITED. PRE-REGISTRATION IS REQUIRED IN ADVANCE OF ANY CLASS.

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Each class is 1 hour long and the fee is \$10/person per class.

Childcare is not available for the August classes.