

PHYSICALS

April 21, 2015

LOCATION: NORTHWEST HIGH SCHOOL CHECK IN AT THE MAIN GYMNASIUM

COST: \$15.00 HIGH SCHOOL ATHLETES 3:30-6:00 MIDDLE SCHOOL ATHLETES 3:30-6:00

<u>IMPORTANT!!!</u> Paperwork must be completed online!!!

Instructions on the back of this page!!!!

ALL ATHLETES MUST HAVE A PHYSICAL EACH YEAR!

YOU MUST PURCHASE A TICKET IN ADVANCE TO GET A PHYSICAL. IN ORDER TO PURCHASE A TICKET, THE ONLINE PAPERWORK MUST BE COMPLETED AT TIME OF PURCHASE.

TICKET SALE TIMES: NHS TRAINING ROOM

WEDNESDAY March 18 THRU WEDNESDAY April 15 7:30 AM-8:30 AM 3:30 PM-5:00 PM

**MIDDLE SCHOOL PARENTS

Tickets will be sold starting

**March 18 at Pike Middle School

**March 18 at Wilson Middle School

*March 18 at Chisholm Trail Middle School

Instructions on the back of this page!!!!



Instructions for completing the online paperwork

- 1. Log on to www.nisdtx.org
- 2. Click on Departments
- 3. Click on Athletics
- 4. Click on 2015-2016 Athletic Participation Information
- 5. Click on UIL Participation Forms
- 6. Complete all 6 of the Electronic Participation Form
- 7. Print the Physical/Medical History form.
- 8. Complete the medical history (there is a parent signature and athlete signature required on Medical History).
- 9. The Doctor will complete the physical side.

**Very important: No Athlete will be considered clear unless ALL Electronic Participation Forms are completed <u>AND</u> a completed physical/medical history form is turned in.

All physicals should be completed on the current up-to-date UIL Preparticipation Medical History and Physical Form (Revised 1-6-09). The physical for 2015-2016 school year must be dated April 1, 2015 or after. Physicals dated prior to April 1, 2015 are not accepted.

All high school athletes must turn in their physical forms to the Athletic Trainer at their campus. Middle School athletes must turn in their physical form to the campus coordinator on their campus. Physicals must be on file for athletes to participate in a practice session for grades 7-12.

For question please contact the Athletic Trainer at your high school or feeder campus:

Northwest High School Head Athletic Trainer Stan Evertson 817-215-0247

Northwest High School Assistant Athletic Trainer Debby Casey 817 215-0094 Byron Nelson High School Head Athletic Trainer Doug Barnes 817-698-5691

Byron Nelson High School Assistant Athletic Trainer Megan Gorman 817 698-5691