

Transforming the Difficult Child



This training is for you if..

You are the parent, caregiver, therapist, or teacher of a challenging child or teen and you have found that no matter how much you (and others) try to help the child he or she still struggles with one or more of:

- **Anger, Disrespect, and Arguing**
- **Overreacting**
- **Self-control Problems**
- **Anxiety or Depression**

It is **FREE** of charge thanks to being sponsored by Folsom Lake College's Foster and Kinship Care Education program.

The presenter will be Jennifer Lotery, Ph.D., Clinical Psychologist who has been working with children and teens for over 25 years. The training is based on the work of Howard Glasser, M.A. who developed the Nurtured Heart Approach®.

Date: February 25, 2016 from

Location: First 5 Amador, 975 Broadway, Jackson

RSVP to: Juline Aguilar at juline.aguilar@flc.losrios.edu or (530) 642-5659

Light refreshments will be provided.

The Nurtured Heart Approach® is a relationship-focused methodology founded strategically in The 3 Stands™ for helping children (and adults) build their Inner Wealth® and use their intensity in successful ways. It has become a powerful way of awakening the inherent greatness in all children while facilitating parenting and classroom success. The essence of the Approach is a set of core methodologies originally developed for working with the most difficult children. It has an impact on every child, including those who are challenged behaviorally, socially and academically. The Nurtured Heart Approach has also been found to create transformative changes in children diagnosed with ADHD, Oppositional Defiant Disorder, Reactive Attachment Disorder and other behavioral, emotional and anxiety related symptoms – often without the need for long-term mental health treatment. Even children experiencing social/cognitive challenges, like Autism Spectrum Disorder and Asperger Syndrome greatly benefit from the Approach, reducing the need for traditional mental health and medical interventions.”
Children's Success Foundation www.childrensuccessfoundation.org

Foster and Kinship Care Education

Folsom Lake College
El Dorado Center

Juline Aguilar
Director

juline.aguilar@flc.losrios.edu



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