

# PRESENCE

The Power that Passion, Energy and Confidence Have on Your Career

The good news is that unlike IQ, Presence is something you can develop and it can make a positive difference in all aspects of your life.

## How you show up anywhere is how you show up everywhere!

Experience your true career potential by synchronizing your passion, confidence and poise. Give yourself the ability to comfortably express your thoughts, feelings and values both professionally and personally.

Presence is the honest and powerful expression of the alignment we create within ourselves. We will take you through each segment of Executive Presence and open your eyes to being fully present and authentic. You will begin the process of recognizing the internal blocks that hold you back and the energy levels that you show up with in different situations. Once you've gained this awareness, the next step is learning how to remove the blocks and shift your energy. We'll tie this all together by showing you how to use these skills to gain influence both in your workplace and beyond.

Join us live for this 3-part webinar series

April 13th at 12:00-1:00 EST

Executive Presence

May 4th at 12:00-1:00 EST

Navigating Your Career  
Internally & Externally

May 25th 12:00-1:00 EST

Getting Out of Your Own  
Way: Energy Leadership

## About Us:



Beverley Caen is a motivating and performance-driven Executive Coach whose professional experience

empowers her to truly understand and inspire her clients. She coaches at all levels, from senior executives to high potentials, using her unique perspective to help enhance leadership development, communication skills, goal setting and decision-making. Beverley ran an Executive Search firm in the Financial Services industry for 10 years following more than a decade in Equity Sales on Wall Street. She holds an MBA from Indiana University - Kelley School of Business.



Motivating and challenging individuals to excel both professionally and personally has been the focus of

Executive Coach Sharon Weinreb's 20-plus year career. She strategically guides senior executives and aspiring managers in a variety of industries, including finance, media, healthcare and human resources through leadership development, effective negotiation, powerful communication techniques and Energy Leadership. Sharon holds a Bachelor of Arts in Sociology and a Master of Arts in Gerontology and TR Administration from the University of Maryland.

CareerCoach.com is New York City's premier Executive Coaching firm. We coach today's top leaders, from senior executives at global financial services and media organizations to entrepreneurs and mature business owners across a variety of industries including finance, consulting, media, technology, retail and healthcare. We help define and develop company culture, focusing on leadership development and self-awareness as a starting point for sustainable impact.

From our vantage point, we can see emerging organizational trends as they happen. We help MBA's, Executive MBA's and Alumni develop the skills they need to get ahead of the game and hit the ground running.

This webinar series is brought to you in partnership with Lynne Allen, Associate Director, Alumni Career Development at Cornell Johnson School.