FAMILY REFLECTIONS AND TALKING POINTS

FAMILY Assessment of Strengths, Interests, and Needs

Would you like to set a goal in any of these areas? You probably already do some of these. Check any of the following if you would like to set a goal.

Goal Setting for Family Literacy

Early Literacy and Parent/Child Activities

☐ 1. Attend the parent-teacher conferences scheduled for ____ and ____ in order to meet with the teachers and set goals for my Head Start child.

☐ 2. Have a library card and make regular visits to the library.

☐ 3. Set up a reading/writing center for my child.

☐ 4. Have a home that is “print rich” (that is, has books, magazines, recipes, newspapers, etc.)

☐ 5. Provide some time each evening when the television is off to talk with my child/children.

☐ 6. Volunteer in my child’s classroom this year.

☐ 7. Read to my child on a daily basis.
8. Check out books from the Head Start lending library.

**Parenting and Parent Education**

- 1. Attend parenting classes . . . at Head Start or in the community.
- 2. Attend parent committee meetings at my center.
- 3. Learn more about and attend parent education and family activities as scheduled.

**Adult Education**

- 1. Sign up for adult basic education.
- 2. Sign up for GED class.
- 3. Sign up for classes at community college.
- 4. Sign up for university classes.
- 5. Sign up for English language classes.

**Goal Setting for Health**

- 1. Update immunization schedule.
2. Get medical screening.

3. Have medical “home.”


5. Have dental home.

6. See that my child receives follow-up treatment for medical or dental.

7. Learn more about nutrition, cooking, nutritious meals . . . outcome: .to increase the frequency of nutritious meals.

**Other**

1. Have regular routines at home, e.g., bedtime, meals.

2. Give my child regular responsibilities at home.

3. Obtain quality, affordable child care that meets our needs.

Would you like to keep a portfolio this year?(This could be a place for photos, personal plan for parent involvement, calendar, your child’s writing samples, favorite books, whatever you want to keep for this year)
Community Connections

Do you have goals in this area? Would you like to make more connections?

1. Family
2. Friends
3. Organizations or Clubs for you or others in your family
4. Places
5. Other resources

OTHER FAMILY ASSESSMENT TOPICS: Check your family assessment to ensure that you are covering all the topics of the Head Start Act, 642.

✓ Child Support
✓ Education and Job Training
✓ Employment and Work Experience
✓ Housing
✓ Transportation
✓ Legal
✓ Family recreation
✓ Assistance with English language learning
✓ Transitioning activities – into/out of Head Start
✓ OTHER—very important