



Integrated Behavioral Health Care in Primary Care Conference

Friday, September 18, 2015

8:00 am- 4:00 pm

The Fayette County Cooperative Extension Office

1140 Red Mile Rd

Lexington, KY 40504

Session Descriptions

Diagnosis and Treatment of Insomnia in Primary Care

One third of Americans report inadequate sleep. With pharmaceuticals advertising so prevalent, more patients are asking their physicians for treatment. How good an option are current hypnotics, what causes insomnia, and as a behavioral health professional, how can you assist in diagnosis and treatment? This presentation will discuss clinical recognition, diagnostic criteria and tools, and treatment of insomnia, all from the perspective of primary care.

Presented by William Elder, Ph.D.

Dr. Elder is a clinical psychologist. He has 25 years' experience in primary care, and is Professor and Director of Behavioral Health for the Department of Family and Community Medicine at the University of Kentucky

Integrating Behavioral Health into Primary Care at a FQHC: Opportunities and Challenges

Using real-life cases and situations in an FQHC (Federally Qualified Health Center), this training will demonstrate the possibilities, the need, and the challenges of integrating behavioral health within a primary care center.

Presented by Fareesh Hobbs Hanga, MD
General Child and Adolescent Psychiatrist
Director of Behavioral Health, HealthFIRST Bluegrass

Fareesh Hobbs Kanga, MD is currently the Director of Behavioral Health at HealthFIRST Bluegrass (HFB), a Federally Qualified Healthcare Center (FQHC), in Lexington, Ky. She has both administrative and clinical responsibilities, particularly in integrating behavioral health with primary care and school-based mental health. Dr. Kanga is a graduate of Vanderbilt University School of Medicine. She completed her general psychiatry and child and adolescent psychiatry training at the University of Kentucky, in Lexington, Ky. She is a diplomat of the American Board of Psychiatry and Neurology for both general and child and adolescent psychiatry.

Behavioral Healthcare in Military Settings

Military members and their families face unique demands and stresses. Also, military society is characterized by its own laws, rules, customs and traditions.

Providing effective mental health services to military personnel and returning veterans and military families requires specific knowledge and skills. The military and VA healthcare systems have a substantial history of integrating behavioral and physical healthcare services.

This training will review military-specific factors related to the delivery of behavioral healthcare in military and veteran settings, and will review efforts to integrate behavioral and physical healthcare within these systems.

Presented by Chris Flaherty, Ph.D.
University of Kentucky College of Social Work

Dr. Flaherty received his B.S.W. from the University of Southern Colorado (1990), his M.S.W. from the University of Denver (1992), and his doctorate in social work at the University of Tennessee, Knoxville (2001).

His current research and publications focus on military and veteran populations, child welfare and family violence.

Prior to joining the College of Social Work, Dr. Flaherty worked for twenty years in the U.S. Air Force mental health and social services systems. His military practice experience includes mental health, child and family violence intervention, prison-based treatment, and post-graduate medical education in primary healthcare.

The Evolution of Pediatric Abusive Head Trauma: Diagnosis, Prevention and Ongoing Challenges

Since the 1970s, much has been learned about the diagnosis of Pediatric Abusive Head Trauma, also known as Shaken Baby Syndrome. Advances in technology and research have enabled us to develop a more sophisticated approach to diagnosis. Evidence-based prevention strategies remain under-researched, although there are a handful of promising interventions. Further progress in research is being slowed by the distractions caused by a small, fringe group of “denialists” in the media and courts who assert that the diagnosis is “flawed.”

Presented by Melissa L Currie, MD, FAAP
Chief and Medical Director of the Kosair Charities Division of Pediatric Forensic Medicine at the University of Louisville

Melissa L. Currie, MD, FAAP is Associate Professor, Medical Director and Chief of the Kosair Charities Division of Pediatric Forensic Medicine in the Department of Pediatrics at the University of Louisville School of Medicine. Dr. Currie received her medical degree from University of Louisville School of Medicine and completed her residency in Pediatrics at Medical College of Wisconsin. After two years as a child abuse pediatrician at Children’s Hospital of Wisconsin, she returned to her hometown of Louisville to join the faculty at University of Louisville School of Medicine. With the help of Kosair

Charities, she began the Division in the fall of 2007, which has now consulted on thousands of children in Kentucky and Southern Indiana. She is a member of the first group of pediatricians nationwide to have become Board-Certified in Child Abuse Medicine (Nov 2009.) She sits on the newly legislated Kentucky Child Fatality Review Panel and provides training about recognition, intervention, investigation and prosecution of child maltreatment to a wide variety of academic and professional audiences.

Now is the Time: Trauma-Informed Care in the Integrated Healthcare Setting

This plenary session is designed to improve behavioral health care to children who are suffering from traumatic stress conditions by providing trauma informed strategies that professionals can use in the integrated healthcare setting. Dr. Sprang will discuss the impact of trauma on children from a biopsychosocial perspective and provide practical strategies to assess, treat and support resiliency in trauma exposed children. Attendees will have opportunities to consider and apply these concepts to a case scenario meant to enhance cross-system collaboration and effective evidence-informed practice.

Presented by Ginny Sprang, Ph.D.
Executive Director of the UK Center on Trauma and Children

Ginny Sprang, Ph.D., is a Professor in the College of Medicine, Department of Psychiatry at the University of Kentucky, and the Executive Director of the UK Center on Trauma and Children. Dr. Sprang serves as the chair of the International Society for Traumatic Stress Studies Terrorism Special Interest Group, has served on the Steering Committee for the National Child Traumatic Stress Network, and is the national co-chair of the Secondary Traumatic Stress Committee for the National Child Traumatic Stress Network. She serves as a consultant to the Department of Justice, Office of Victims of Crime on issues related to child trauma and secondary traumatic stress. Dr. Sprang has published extensively in the area of child traumatic stress, victimization, secondary traumatic stress and disaster response for adult and pediatric populations.

Understanding Pediatric Abusive Head Trauma

Pursuant to legislation passed in the 2010 Kentucky General Assembly, training on the recognition and prevention of Pediatric Abusive Head Trauma (aka – shaken baby syndrome) is mandated for many professionals including certified and licensed social workers. The training is intended to assist in preventing Pediatric Abusive Head Trauma by providing information on risk factors, diagnostic indicators and strategies for soothing a crying infant. Additionally, attendees will learn strategies for working with families in various capacities as a tool for the prevention of Pediatric Abusive Head Trauma. This session will allow attendees to be in compliance with the mandated education.

Presented by Jessica Morris, CSW
University of Kentucky College of Social Work

Jessica Morris, CSW is the Director of the College of Social Work's Continuing Education Program. Jessica's background includes training development and delivery for child welfare workers and foster parents, substance abuse research with incarcerated populations, and research involving drug endangered children. She holds a Baccalaureate Degree and a Master's Degree in Social Work from the University of Kentucky

Social Work's Role in Integrated Behavioral Health

This presentation will be an overview of the definition and established SAMHSA supported behavioral health models. The presentation will end with a discussion of social work's roles as they pertain to the various integrated behavioral health models and implications of the President's Now is the Time Initiative and the Affordable Health Care Act.

Presented by Carlton D. Craig, Ph.D., Vernon R. Wiehe Endowed Professor of Family Violence
University of Kentucky

Dr. Craig served in the U.S. Army National Guard from 1985-1991. He received his B.A. in Psychology and Sociology from Bowling Green State University in 1991 and after receiving his M.S.S.A. from Case Western Reserve University in 1993 was a clinical social worker for the Detroit VA Medical Center. He currently holds LCSW licensure and supervisory certification in North Carolina. He received his Ph.D. in Social Work from the University of North Carolina at Chapel Hill and is currently the Vernon R. Wiehe Endowed Professor in Family Violence at UK College of Social Work and is an associated faculty member for the Center on Trauma and Children. He holds the ACSW and DCSW certifications with the National Association of Social Workers.