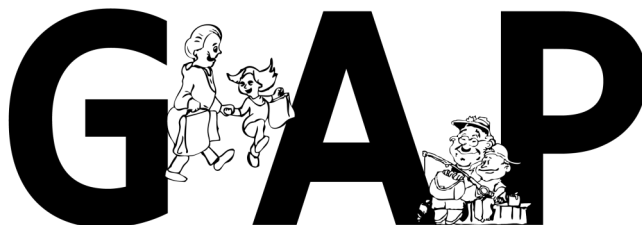


14th Annual Bluegrass Regional
Grandparents Raising Grandchildren Conference



Grandparents As Parents of Kentucky

Thursday, March 10, 2016

Clarion Hotel
1950 Newtown Pike
Lexington, KY 40511

Grandparents, caregivers, relatives and professionals are invited to our 14th Annual GAP (Grandparents As Parents) Conference! Join us to learn about topics for relatives assuming primary care of children.

Featuring: Lisa Frederiksen

Author of nine books, Lisa Frederiksen is a national keynote speaker, consultant and founder of SHD (Second Hand Drinking) Prevention and BreakingTheCycles.com. She has spent more than 12 years researching, writing, speaking, training and consulting on substance abuse prevention, mental illness, addiction as a brain disease, co-occurring disorders, secondhand drinking/drugging, help for the family and related subjects—all centered around 21st century brain and addiction-related research.



Registration form included.

Space is limited. Registration ends on March 3, 2016 or sooner if all spots are filled.

www.gapofky.org

Grandparents As Parent Conference



8:00 AM-2:30 PM Resource & Benefits Fair



8:00 AM Registration

8:30 AM Welcome

9:00 AM Keynote: Secondhand Drinking and Drugging Impacts on Children and What Can Be Done to Halt the Damage Lisa Frederiksen

As we all know, the ripple effects of a parent's drinking or drugging behaviors on children can be devastating. So how do we talk about it - especially with a grandchild, especially if it's your own child who is the cause? We start with a basic understanding of the brain - the three-pound organ that controls everything a person thinks, feels, says and does. This includes how a parent develops a substance use disorder; how a child internalizes and reacts to a parent's drinking/drugging behaviors; and how family members react to the constant stress of never knowing, never trusting what might happen next. Understanding the causes and impacts of secondhand drinking and drugging gives us the tools to effectively halt the damage for children.

10:45 AM Workshop Session One

1. Navigating the Legal Path to Guardianship, Custody, and Adoption Christian Worth, Attorney at Law

Participants will learn the difference between guardianship, custody and adoption through an overview of the laws and legal process applicable to each.

2. Depression and the School Aged Child Geoff Wilson, The Ridge Behavioral Health System

This workshop will provide attendees with an in-depth overview of how depression presents itself in youth. The impact of trauma in youth and its role in depression and other mental health issues will be emphasized along with information on assessment, intervention, and treatment.

3. Discipline and the Traumatized Child George Humlong, UK Training Resource Center

First, learn how stress and trauma affect the brain and the development of the child. Then discover the five things you can do to help reduce conflicts with and gain the cooperation of the child in your home.

**4. Safe Kids are No Accident! Sherri Hannan & Zinnia Robinson
Tips and Tools to Safely Welcome Children Into Your Home Safe Kids Fayette County**

Imagine a world where all kids have a chance to grow up healthy and safe, no matter where they live. Imagine a world where kids can reach their potential and become whatever they dream to be. Every child deserves to be a Safe Kid.

12:00 PM Lunch & Door Prizes

1:00 PM Workshop Session Two

5. How to Take Care of the Caregiver Martha Evans Sparks, Author

Are you stressed? Attend this workshop to discover how to cope with caregiving without destroying yourself or your marriage or other family relationships. Learn why the old tried-and-true parenting methods sometime do not work with grandkids. Learn about custody issues and why they are important to caregiving.

6. Tax Benefits for Grandparents Raising Children Scott Davies, AppalReD Legal Aid

This presentation will outline the tax benefits available to grandparents who are raising children and how these benefits can be protected. The presenter is a licensed attorney who litigated several grandparent cases with the IRS in the 2015 calendar year.

**7. We Can Help: Literacy and School Success Support at Your Library Sarah Hubbard & Christy Morrow
Lexington Public Library**

Public libraries offer many free resources for today's families. For caregivers of all ages, libraries offer a wealth of opportunity; we encourage early literacy and love of learning with storytime, homework help and fun family events, and we offer books, programs, and on line resources for caregivers.

**8. Tips for Successful Transitions to Middle School, High School and Beyond Kathryn Chastain & Anisha Beatty-Adams
Fayette County Schools**

Gain a better understanding of the middle and high school years for students and how grandparents and other caregivers play a vital role.

2:10 PM Post-Conference Session

9. Breaking the Cycles of Addiction - How Grandparents Can Help Their Grandchildren Lisa Frederiksen

Addiction is a developmental disease that typically has its start during the teen years. There are five key risk factors that contribute to a person developing addiction. Several of these risk factors are the result of having experienced secondhand drinking (secondhand drugging) in childhood. Learn about these risk factors and how to talk with children about them in order to break the cycles of addiction.

2016 Registration Form

Name(s): _____
Address: _____
City, State: _____ Zip Code: _____
Phone: _____ County: _____
Email: _____

Exhibitors for the Resource Fair must call 859-257-5582 for registration information.

Registration fee includes box lunch (**breakfast is NOT available**).

Please check one:

____ Grandparent—\$5.00 registration fee per person
____ Relative or Caregiver—\$5.00 registration fee per person
____ Specify (ex. Aunt, Sister, Cousin): _____
____ Professional—\$50.00 (includes CEUs for social work, FRYSC hours, CLEs for law)
Approved for Social Work Continuing Education Credits (5.5), FRYSC Training
Hours, and Continuing Legal Education Credits (pending). *Please note: Social
Work CEU certificates will only be awarded following the conclusion of post-
conference session and require attendance at the keynote, workshops, and post-
conference session.*
____ Title: _____
____ Agency: _____
____ Check if this is your first time attending the GAP Conference.
____ Check if you need an invoice. If you are paying with a **purchase order**, attach a
copy with your registration form.

There will be no refunds after **March 3, 2016**. No childcare will be offered.

By registering for the GAP conference, you give permission to receive related mailings as approved by the GAP Committee. Your personal information will not be shared or sold. You allow your likeness or picture to appear in any official capacity in any manner incidental to participation in this event/program without compensation to yourself, heirs, executors, agents and/or administrators. Indicate here if you do NOT agree. _____

Circle the workshops of your choice (see page 2 for descriptions):

Workshop Session One	10:45 AM-12:00 PM (circle one)	#1	#2	#3	#4
Workshop Session Two	1:00 PM-2:00 PM (circle one)	#5	#6	#7	#8
Post-Conference	2:10 PM-3:30 PM (circle)	#9			

Benefits Consults—If you are interested in an individual consult, check the topic below and then you will sign up for a time when you arrive on March 10th.

____ Social Security/Disability ____ DCBS Family Support (KTAP, SNAP, etc.) ____ Adoption Benefits
____ Kinship Care Services ____ Medicaid ____ SHIP (State Health Insurance Program)

Registration Deadline: Thursday, March 3, 2016 (or sooner if spots are filled)

Make checks payable to: COMMUNITY FCS PROGRAM

Send registration form and payment to:
Fayette County Extension Office
GAP Conference
1140 Red Mile Place
Lexington, KY 40504
859-257-5582



14th Annual Grandparents and Relatives Raising Children Legal Consultation Request



Volunteer attorneys will be available at the conference to provide free consultations about guardianship, custody, child support and related legal issues to grandparents and other relatives raising children. The consultations are limited to 30 minutes, and the attorneys will only be able to provide information and advice. They are not making a commitment to represent you in court on any matter by providing this consultation. They will be able to help you interpret any legal documents you may have, assess your current legal status as a caregiver and offer advice regarding legal steps that you could take.

There will be a limited number of consultations available. Appointments will be assigned based upon when your request for a consultation is received.

To have a free consultation with an attorney you need to complete this form and send it in today. When all of the time slots are filled, we will have to say no to additional requests. The sooner you send in your request, the more likely we will be able to help you. This form must be completed and returned through the mail with your conference registration in order for your request to be considered.

Request for free legal consultation:

Name _____

Address _____

City _____ State _____ Zip _____

Phone Number (s) _____

What time would be better for you?

_____ Morning _____ Afternoon _____ Anytime

The week of the conference, you will receive a phone call indicating the time of your consultation. If all slots become filled, you will be placed on a waiting list.



Grandparents As Parents of Kentucky

Location:

Clarion Hotel
1950 Newtown Pike
Lexington, KY
I-75/I-64, Exit 115

From I-75/I-64: Take Exit 115, then turn west on Newtown Pike. The Hotel is on the left at the first stoplight.

From Downtown: Take Main Street to Newtown Pike. Turn right onto Newtown Pike and go approximately 5 miles. The Hotel is on the right, before the interstate.

Room Reservations: (877) 451-7623.
Ask for the \$82 GAP Conference rate.

Benefits Consults

Representatives will be available to meet individually about benefits such as social security, DCBS family support (KTAP, SNAP, etc.), adoption, kinship care services, Medicaid and SHIP (State Health Insurance Program). Let us know if you are interested in a benefits consult on the registration page. Then, sign up for a consult time when you arrive on March 10th.

Legal Consults

Volunteer Attorneys will be available for free legal consultations. To request a consultation, you will need to fill out the Legal Consultation Request form (on the back of the registration form) and send it in with your registration. There are a limited number of time slots, and they will be filled in the order received.

Conference Sponsors:

Bluegrass Area Agency on Aging and
Independent Living
Deep Springs Family Resource Center
Fayette County Cooperative Extension Office
LFUCG Aging & Disability Services
Sandersville/Meadowthorpe Family Resource
Center
UK College of Social Work
Ann D'Ambruoso, Oeltgen & D'Ambruoso
PLLC
Robin Cooke, Attorney at Law
Carl Devine, Miller, Griffin & Marks, PSC
Anna Dominick, Miller, Griffin & Marks, PSC
Kathy Allen
Joan Brandenburg
Sandra Flynn
Rita Hardman
Donna Rash
Martha Evans Sparks

The 2016 Conference is supported by funds from the following:

- Fayette County Bar Foundation
- The Bluegrass Area Agency on Aging and Independent Living
- Community Collaboration for Children, Friends of Children.

For questions or further information about the GAP Conference, please call (859) 257-5582.

www.gapofky.org



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