

Medically Fragile
Annual Training
September 25-26, 2015



Medically Fragile
Training Program

Thank You...

Thank you just isn't enough to express how grateful the UK College of Social Work's Training Resource Center is for each of the presenters included in this booklet. They graciously agreed to donate both their time and talent this weekend to assist the Medically Fragile Training Program in its mission to provide quality training and relevant information to Kentucky's medically fragile foster parents caring for children with complex medical needs.



Plenary Sessions

**Friday, September 25th
1:30 to 3:00 p.m.**

***Understanding Teens* Hatim Omar**

Hatim Omar, MD is a Professor of Pediatrics & Obstetrics/Gynecology and Chief of the Division of Adolescent Medicine at the University of Kentucky. Dr. Omar is the founder & Chairman of the Stop Youth Suicide Campaign. He has published extensively in various scientific journals, books and media outlets and is on the editorial Board of several peer reviewed journals. Dr. Omar has served as an ambassador for wellbeing of adolescents worldwide and is highly regarded for his tireless volunteer work on behalf of adolescents.

Dr. Omar's presentation, *Understanding Teens*, will look at teen development, current issues with teen life and how to deal with them.

The following are learning objectives for this presentation:

Participants will:

- Understand key points in teen development
- Learn current issues in teen life
- Learn ways to handle interaction with teens



**Friday, September 25th
5:30 to 7:30 p.m.**

***Psychotropic Medications* Matthew Gauck**

Matthew Gauck, PharmD, BCPS, is a certified pharmacotherapy specialist and the pharmacy manager at the Village Pharmacy at Home of the Innocents. Dr. Gauck graduated with a Doctor of Pharmacy

degree from the University of Cincinnati and completed his post-graduate pharmacy residency at the University Hospital in Cincinnati, Ohio. He now works at the Village Pharmacy, which serves the children designated as medically fragile in the Kosair Charities Pediatric Convalescent Center, the children in residential treatment at the Child Kind Center, and the outpatient children from Open Arm's Children's Health, all at Home of the Innocents.

Dr. Gauck's presentation, Psychotropic Medications, is meant to orient participants to the different classes of psychotropic medications, the drugs that are in those classes, the uses of these drugs, side effects, and what you can expect. It will also touch on the dilemma of the use of psychotropic drugs in children.

The following are learning objectives for this presentation:

Participants will:

- Classify psychotropic medications into pharmacologic classes.
- Discover the uses, side effects, and what to expect when using psychotropic medications
- Discuss the dilemma of using medications for children with psychiatric illness.



Saturday, September 26th
8:30 to 10:30 a.m.

Meeting the Challenges of Feeding Children
Jennifer Royalty

Jennifer Royalty, MS, RD,LD, currently works as the Dietitian for the Kentucky Children's Hospital NICU Graduate Clinic (the developmental follow-up clinic for certain babies who have been patients in the NICU). She worked in the Kentucky Children's Hospital Neonatal Intensive Care Unit for 8 years before that. Jennifer has 25 years of experience working with Pediatrics and Special Needs Children. She received her

BS in Dietetics from UK and her MS in Community Nutrition from ECU.

Ms. Royalty's presentation, Meeting the Challenges of Feeding Children, will review infant and toddler feeding, including picky eaters, getting your kids to eat vegetables, and healthy snacks.

The following are learning objectives for this presentation:

- Become familiar with introducing solids to infants.
- Identify 3 suggestions for getting kids to eat vegetables.
- Recognize the division of responsibility regarding feeding.



Saturday, September 26th
1:00 to 3:00 p.m.

Hepatitis in Childhood
John Stutts

John Stutts, MD, MPH, is a native of Louisville, Kentucky. He earned his undergraduate degree from Purdue University, Doctorate of Medicine from the University of Louisville and completed his Pediatric Residency, Pediatric Gastroenterology Fellowship and a Master of Public Health from Vanderbilt University. He returned to Louisville in 2000 to join the faculty at the University of Louisville School of Medicine, Department of Pediatrics.

Dr. Stutts's presentation, Hepatitis in Childhood, will discuss Hepatitis B and Hepatitis C. It will discuss what these diseases are, how they are acquired, how they are diagnosed, and how they are managed in children.

The following are learning objectives for this presentation:

Participants will:

- Understand what Hepatitis B and Hepatitis C are.
- Understand how clinicians make the diagnosis and perform a work up for Hepatitis B/C.
- Understand treatment options for Hepatitis B/C

Breakout Sessions

Care of Children with Bleeding Disorders

Susan Peterson

Susan Peterson, APRN, is recently retired as an advanced practice nurse with the Hemophilia Treatment Center at UK Healthcare. She cared for adults and children with congenital bleeding disorders for 26 years. A past speaker for this program, Susan is delighted to present information on this topic and be with the foster parents organization.

Ms. Peterson's presentation, *Care of Children with Bleeding Disorders*, will prepare the attendee to consider having a child with a congenital bleeding disorder in their care. There will be a review of the most common bleeding disorders, the method of inheritance, the most up to date treatment and possible outcomes. Participants will also be asked to participate in discussion of ethical questions associated with care of children with congenital bleeding disorders.

The following are learning objectives for this presentation:

- Dispel myths & provide basic facts related to children with hemophilia
- Discuss current treatment modalities
- Provide approaches to behavior modification and teaching self-care – transition to adulthood
- Discuss resources to assist the foster parent in Kentucky with care of the child with a bleeding disorder



Caring for Asthmatic Children

Beth VanCleave

Beth VanCleave, RN, BSN, AE-C, is an Asthma Clinician/Nationally Certified Asthma Educator at Norton Kosair Children's Hospital. She provides individual asthma education to families at Kosair Children's Hospital making sure they understand the disease process, medication to use at home, and instills the desire to take control of their asthma.

Beth also teaches medical staff about asthma, medications and assists with insurance coverage.

Ms. VanCleave's presentation, Caring for Asthmatic Children, will discuss the disease process of asthma, medication to use at home, and will instill the desire to take control of their asthma.

The following are learning objectives for this presentation:

- Become familiar with the disease process of asthma
- Learn about medications used at home
- Become comfortable taking control of the disease



Disaster Preparedness for Children with Special Needs **Patricia Seybold**

Patricia Seybold, is retired from Kentucky Council on Developmental Disabilities. She retired in 2014 from a career as a disability advocate as a teacher, case worker, Executive Director of both a nonprofit and quasi-state agency. Ms. Seybold was involved in emergency support and preparedness for individuals with access and functional needs (ASN) at both the state and federal level. She presented at numerous conferences around the country on ASN to emergency responders and support personnel. In retirement, Pat continues to be involved in emergency response by volunteering her time at the state level. Her focus continues to be on ASN during disasters.

Ms. Seybold's presentation, Disaster Preparedness for Children with Special Needs, will help you answer the question: Are you ready? The focus is on planning for emergencies – Before, during and after. Emergencies happen! It can be a tornado, house fire, flood or terrorist attack. It is up to you when disaster strikes!

The following are learning objectives for this presentation:

- Preparedness for disasters – thinking ahead
- Keeping things normal in times of disaster
- Recovery – the new normal

Eating Disorder Awareness in Youth, Particularly those with Disrupted Attachment

Carol Engel

Carol Engle, MD is an Associate Professor of Psychiatry at Cincinnati Children's Hospital Medical Center. She has been in practice at Cincinnati Children's Hospital as an outpatient Child and Adolescent Psychiatrist since 2002. Dr. Engle treats a wide range of Mental Health conditions and specializes in the treatment of Eating Disorders. She is also the Training Director of the Triple Board Residency Program and provides consultation to the Adolescent Medicine Division and is co-director of the Eating Disorder Program. In addition, Dr. Engle is an educator for Pediatric, Pediatric/Neurology, Triple Board Residents and Child and Adolescent Psychiatry fellows.

Dr. Engle's presentation, *Eating Disorder Awareness in Youth, Particularly those with Disrupted Attachment*, will look at the different types of Eating Disorders, how to recognize early warning signs; and different types of treatments that are available.

The following are learning objectives for this presentation:

Participants will:

- Understand that there are several different forms of Eating Disorders
- Learn how to recognize the early warning signs of an Eating Disorder
- Know how to identify youth that are more at risk for an Eating Disorder
- Have basic knowledge of the types of treatments available for youth with Eating Disorders.



Epilepsy in Children

Muhammad Shahzad Zafar

Muhammad Shadzad Zafar, MD is a Pediatric Neurology Fellow at Kentucky Children's Hospital. He attended medical school and basic

training in Pakistan and came to the USA in 2008. Dr. Zafar did his pediatric residency at Maimonides Infant and Children's Hospital in Brooklyn, New York and an Epilepsy fellowship at Wake Forest University Medical School. He has a special interest in children with refractory epilepsy and will be joining Duke University to further subspecialize in epilepsy, EEG, epilepsy surgery and ICU monitoring for patients with seizures.

Dr. Zafar's presentation, Epilepsy in Children, will discuss the basics of epilepsy, types of seizures, types of epilepsy syndromes, triggers of seizures, statistics, impact on quality of life, diagnosing & treating seizures and specifics of refractory epilepsy. The discussion will also include first aid for seizures and epilepsy in children with special health care needs.

The following are learning objectives for this presentation:

- Introduction to seizures/epilepsy
- Updates on current and new treatments
- What to do during and after a seizure



Managing MRSA at Home: What Caregivers Need to Know

Lynn Roser

Lynn P. Roser, PhD candidate, MSN, RN, CLC is an Infection Prevention Nurse Consultant for the Kentucky Department for Public Health, HAI Prevention Program. She is certified in Infection Control and Healthcare Contractor. Prior to working for the state Ms. Roser was a Nurse Epidemiologist at Central Baptist Hospital from 2010 to 2013 and an Associate Professor of Nursing at the Bluegrass Community and Technical College in Lexington from 2005 to 2010.

Ms. Roser's presentation, Managing MRSA at Home: What Caregivers Need to Know, will cover the epidemiology, symptoms and treatment options of MRSA infections in children.

The following are learning objectives for this presentation:

- Identify the epidemiology, symptoms and treatment options of MRSA infections in children.
- Construct a plan of care for a child with MRSA.
- Outline methods to prevent transmission of MRSA in the home environment.
- Discuss caregiver issues related to children with MRSA infections in the home.



Protecting Vulnerable Children During Adolescence

Marlene B. Huff

Marlene B. Huff, LCSW, PhD, is a faculty member and Associate Director of Adolescent Medicine at UK. She has over 20 years of experience working with disabled and chronically ill children. Dr. Huff has written over 100 articles about the life experiences of disabled children and is currently writing a book about grandparents raising grandchildren with disabilities.

Dr. Huff's presentation, *Protecting Vulnerable Children During Adolescence*, will provide caregivers with the information that they need to protect their children while allowing typical growth and development to occur. Children with disabilities are at risk for sexual abuse at much higher rates than their non-disabled counterparts. Yet, disabled children will progress through the same pubertal stages of sexual development that typical children go through, have the same physical needs, but may not understand their vulnerabilities to sexual predators.

The following are learning objectives for this presentation:

- Identify the stages of pubertal development common to all children
- Differentiate between typical sexual development and sexual abuse of children with disabilities
- Create a list of safeguards that caregivers can use to maximize protection for disabled children against sexual predators

QPR Suicide Prevention Gatekeeper Training

Larry McNabb

Larry McNabb, MRC, CRC, is a vocational rehabilitation counselor with the Kentucky Career Center/Office for the Blind. He has been with the agency for almost eight years and his areas of expertise are: suicide prevention, re-entry for ex-offenders and substance abuse. Mr. McNabb has been a Certified QPR Suicide Prevention Gatekeeper Trainer for almost five years. He is a current executive board member of the Kentucky Suicide Prevention, Inc. and has been a member of KSPG for six years as well as a member of the Tri-State Suicide Prevention Coalition. Mr. McNabb is a bereavement facilitator at the First Church of Christ in Burlington, Kentucky for GriefShare and the Christian Survivors of Suicide. He is a survivor of depression, anxiety and panic attacks and that is a large part of his passion in working in suicide prevention and bereavement.

Mr. McNabb's presentation, QPR Suicide Prevention Gatekeeper Training, will discuss 3 simple steps that anyone can learn to help save a life from suicide. People trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help.

The following are learning objectives for this presentation:

- Recognize the warning signs of suicide.
- Know how to offer hope.
- Know how to get help and save a life.



Understanding Pediatric Cancer:

A Social Worker's Perspective

Rachel O'Farrell

Rachel O'Farrell, LCSW, MPH, CCLS is a clinical social worker and child life specialist at Kentucky Children's DanceBlue Hematology/Oncology Clinic. Rachel has worked in Pediatric Hematology/Oncology almost six years. She earned her Masters in Social Work and Masters in Public

Health from the University of Alabama and the University of Alabama at Birmingham.

Ms. O'Farrell's presentation, Understanding Pediatric Cancer: A Social Worker's Perspective, will give a brief overview of the types of cancer and treatment courses and address common psychosocial repercussions of a cancer diagnosis in a child. Tools to help patients and families adjust to a diagnosis will also be discussed.

The following are learning objectives for this presentation:

Participants will learn to:

- Define types of pediatric cancer (basics about treatment and side effects)
- Recognize common psychosocial effects of pediatric cancer (specifically the emotional side effects of diagnosis and treatment)
- Name basic tools that can help a patient, caregiver, and family adjust to pediatric cancer



Medically Fragile Annual Training September 25-26, 2015

Below is the special information provided to each participant's worker when they registered them for this training.

Special Information:

Each Private Child Care (PCC) Parent attendee will be required to pay \$23.00 plus tax for meals provided at the event and be responsible for their lodging expenses, which are \$91.00 plus tax per night.

PCC Parents should request their lodging from TRIS and not make arrangements separately. This will ensure they receive the best lodging rate.

Both meals include water or iced tea only. Soft drinks may be purchased at hotel vending machines. Breakfast on Saturday is not provided. Please feel free to bring your own snacks and drinks to the training sessions. These items will not be provided.

If you have special dietary restrictions (vegetarian, allergies, etc) or special lodging needs please contact Erin Short (erin.short@uky.edu) in advance of the training. We will do our best to accommodate those requests.

Check out must be completed by 11:00 am Saturday.



Did You Know?

Medically Fragile Criteria

- Condition which may become unstable resulting in a life threatening condition
- Chronic and progressive illness
- Severe disability that requires medical technology assistance
- Special services or ongoing medical support
- 24 hour specialized medical care

Notes:

My Choices for the Friday Breakout Sessions

3:15 pm to 5:15 pm

7:45 pm to 9:45 pm

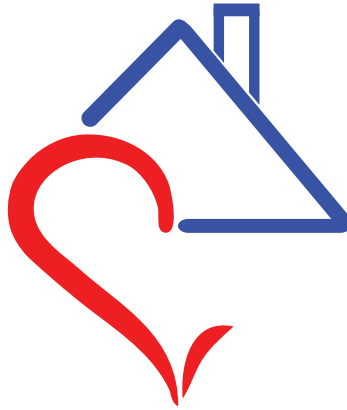


My Choices for the Saturday Breakout Sessions

10:45 am to 12:45 pm

3:15 pm to 5:15 pm





Foster or Adopt a Child
Kentucky Cabinet for Health and Family Services

**The Medically Fragile Training Program is offered in partnership with
the Kentucky Cabinet for Health and Family Services.**