

HES CPD Course Dates 2016

Date	Course	Tutor	Venue
June 25th/26th	NAGS & SNAGS: Mulligan Concept	Ed Wilson	Bournemouth, Dorset
July 2nd/3rd	Practical Podiatric Biomechanics	Paul Harradine	Bournemouth, Dorset
July 2nd/3rd	Examination of the Active Foot & Ankle	Fraser McKinney	Burton on Trent, Staffs
July 2nd/3rd	The Athletic Shoulder	Dr Ian Horsley	Leeds, West Yorkshire
July 7th	Evening lecture: Sporting Hand, Wrist & Elbow	Ian Gatt	Birmingham, West Midlands
July 9th	Respiratory Care Update	Matthew Quint	Guildford, Surrey
July 9th	Sporting Hand Wrist & Elbow	Ian Gatt	Sheffield, South Yorkshire
July 9th/10th	NAGS & SNAGS: Mulligan Concept	Ed Wilson	Peterborough, Cambs
July 9th/10th	Spinal Manipulation: Facilitating Rehabilitation	Dr Neil Langridge	Maidstone, Kent
July 16th/17th	Combined Approach to the Sacroiliac Joint	Howard Turner	London (Royal London Hospital)
July 19th	Evening Lecture: Evidence Based Exercise Prescriptions for Rehabilitation	Dr Raphael Brandon	Leicester (Response Physio)
September 10th	Combined Movements - Cervical Spine	Dr Chris McCarthy	Salisbury, Wiltshire
September 10th/11th	NAGS & SNAGS: Mulligan Concept	Ed Wilson	Macclesfield, Cheshire
September 10th/11th	MET of the Lumbar Spine & Pelvis	Jay Cookson	Derby
September 17th	Paediatric Respiratory workshop	Paul Ritson	Basingstoke, Hampshire
September 17th	Sports Massage Masterclass	Julian Berriman	London (Royal London Hospital)
September 17th	Anterior Knee Pain: Differential Diagnosis & Treatment	Dr Lee Herrington	Sheffield, South Yorkshire
September 18th	ACL Rehab Update	Dr Lee Herrington	Sheffield, South Yorkshire
September 17th	Clinical Reasoning, Motor Patterns & Behaviours in Low Back Pain	Dr Neil Langridge	Milton Keynes, Bucks
September 17th/18th	Practical Podiatric Biomechanics	Paul Harradine	London (Mile End Hospital)
September 17th	Dizziness - Vestibular Assessment & Rehabilitation Level 1	Alan Sealy	Newmarket, Suffolk
September 22nd or 29th	Evening Lecture: Hamstring Injuries	James Moore	Leicester (Response Physio)
September 24th/25th	Combined Approach to the Sacroiliac Joint	Howard Turner	Ripley, Derbyshire
September 24th/25th	NAGS & SNAGS: Mulligan Concept	Ed Wilson	Edinburgh
September 24th/25th	The Athletic Shoulder	Dr Ian Horsley	Durham
October 1st	Sporting Hand Wrist & Elbow	Ian Gatt	London (Royal London Hospital)
October 1st/2nd	Practical Podiatric Biomechanics	Paul Harradine	Maidstone, Kent
October 1st/2nd	Combined Approach to the Sacroiliac Joint	Howard Turner	Bournemouth, Dorset
October 1st	Challenging Dizziness - Advanced Vestibular Assessment & Rehabilitation	Alan Sealy	Edinburgh
October 8th	Paediatric Orthopaedic workshop	Peter Beirne	Basingstoke, Hampshire
October 8th/9th	NAGS & SNAGS: Mulligan Concept	Ed Wilson	Southampton, Hampshire
October 8th	Combined Movements - Lumbar Spine	Dr Chris McCarthy	Edinburgh
October 15th	Sports Massage Masterclass	Julian Berriman	Southampton, Hampshire
October 15th/16th	Spinal Manipulation: Facilitating Rehabilitation	Dr Neil Langridge	Bournemouth, Dorset
October 15th/16th	Running Repairs - getting runners back on track	Tom Goom	London (Royal London Hospital)
October 22nd	Respiratory Care Update	Matthew Quint	Sheffield, South Yorkshire

Date	Course	Tutor	Venue
October 22nd	Combined Movements - Cervical Spine	Dr Chris McCarthy	Southampton, Hampshire
October 22nd	Anterior Knee Pain: Differential Diagnosis & Treatment	Dr Lee Herrington	Banbury, Oxon
October 23rd	ACL Rehab Update	Dr Lee Herrington	Banbury, Oxon
October 22nd/23rd	Myofascial Trigger Points	Ed Wilson	Derby
October 29th/30th	Combined Approach to the Sacroiliac Joint	Howard Turner	Harrogate, North Yorkshire
October 29th/30th	The Athletic Shoulder	Dr Ian Horsley	Salisbury, Wiltshire
October 29th/30th	Practical Podiatric Biomechanics	Paul Harradine	Milton Keynes, Bucks
October 29th	Dizziness - Vestibular Assessment & Rehabilitation Level 1	Alan Sealy	Braintree, Essex
October 30th	Challenging Dizziness - Advanced Vestibular Assessment & Rehabilitation	Alan Sealy	Braintree, Essex
November 5th/6th	Spinal Manipulation: Facilitating Rehabilitation	Dr Neil Langridge	Edinburgh
November 12th	Paediatric Orthopaedic workshop	Peter Beirne	Wrexham
November 12th/13th	NAGS & SNAGS: Mulligan Concept	Ed Wilson	Tidworth, Wiltshire
November 12th/13th	The Athletic Shoulder	Dr Ian Horsley	Chertsey, Surrey
November 12th/13th	Practical Podiatric Biomechanics	Paul Harradine	Bangor, North Wales
November 12th/13th	Running Repairs - getting runners back on track	Tom Goom	Manchester (University of Salford)
November 12th	Combined Movements - Lumbar Spine	Dr Chris McCarthy	Southampton, Hampshire
November 19th	Sports Massage Masterclass	Julian Berriman	Available to host
November 19th/20th	Combined Approach to the Sacroiliac Joint	Howard Turner	Chertsey, Surrey
November 19th	Anterior Knee Pain: Differential Diagnosis & Treatment	Dr Lee Herrington	Harrogate, North Yorkshire
November 20th	ACL Rehab Update	Dr Lee Herrington	Harrogate, North Yorkshire
November 26th/27th	The Athletic Shoulder	Dr Ian Horsley	Stratford, Warwickshire
November 26th	Combined Movements - Thoracic Spine	Dr Chris McCarthy	Southampton, Hampshire
December 3rd/4th	Practical Podiatric Biomechanics	Paul Harradine	Harrogate, North Yorkshire
December 3rd/4th	The Athletic Shoulder	Dr Ian Horsley	Banbury, Oxon
December 3rd/4th	Spinal Manipulation: Facilitating Rehabilitation	Dr Neil Langridge	Midlands
December 3rd/4th	NAGS & SNAGS: Mulligan Concept	Ed Wilson	Available to host
December 3rd/4th or 10th/11th	Combined Approach to the Sacroiliac Joint	Howard Turner	Available to host
December 10th	Combined Movements - Upper Cervical Spine & Headaches	Dr Chris McCarthy	Edinburgh

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LONDON
Saturday, Oct 15th
(10am to 4.30pm)
Kings College London, Waterloo campus

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Event Programme

A one-day **Evidence Based Physical Therapy** masterclass bringing together six of the UK's most highly respected clinicians and rehabilitation specialists. Starting at 10am and finishing at 4.30pm, the seminar will consist of key note lectures on evidence based physical therapy, which all attending will be able to apply to their clinical practice immediately.

We are offering therapists anywhere in the UK the opportunity to watch the Evidence Based Physical Therapy 2016 conference either "live" in London or "recorded & streamed online" from home, work or the beach!!

Speakers

Jo Gibson MCSP MSc (Adv. Practice)

Searching for the magic bullet in shoulder rehabilitation – are we getting nearer?

Assoc. Prof Roger Kerry MSc FMACP MCSP

Cervical Arterial Dysfunction implications for clinical practice

Dr Claire Minshull – Rehabilitation & Conditioning Specialist

How to *really* rehabilitate strength; the glaring omission of basic principles in rehabilitation research

Mark Young MCSP – Specialist Performance Physiotherapist

Tricky tendons & practical solutions: Applying the evidence to clinical practice.

Dr Raphael Brandon PhD MSc ASCC – Head of Science Medicine & Innovation - England & Wales Cricket Board

Causal Models & Human Factors: New Rehab ideas for old problems

Mick Thacker PhD MSc Grad Dip Phys Grad Dip MNMSD HPC FCSP

Pain - Sensation or Perception? Implications for clinical practice.

* Subjects and speakers may be subject to change in exceptional circumstances without notice

Speakers biographies

Jo Gibson MCSP MSc (Adv. Practice)

Jo is a Clinical Physiotherapy Specialist working at the Liverpool Upper Limb Unit at the Royal Liverpool Hospital and a Partner in private practice. She has worked as a Shoulder Specialist since 1995 and lectures nationally and internationally about assessment and rehabilitation of the shoulder complex.

She provides a consultancy service to several elite sports teams regarding shoulder rehabilitation. Jo is also an Associate Lecturer at Liverpool University and has developed Masters modules for the diagnosis and treatment of upper limb pathology.

Jo has published in peer-reviewed journals and has written several book chapters. She is a member of the British Elbow & Shoulder Society Research Committee, Co-Editor of the Educational section of the British Shoulder & Elbow Journal and Chair of the EUSSER Education Committee.

Assoc Prof Roger Kerry MSc FMACP MCSP

Roger is an Associate Professor in the Division of Physiotherapy and Rehabilitation Sciences at the University of Nottingham, UK, and an Honorary Fellow of the UK's Musculoskeletal Association of Chartered Physiotherapists. He has been involved in clinical and academic education for the past 15 years with focused interests in clinical reasoning, assessment and management of craniocervical dysfunction, haemodynamics, and chronic pain. Roger has published extensively in peer-reviewed journals and academic texts on the areas of haemodynamics,

cervical arterial dysfunction, education, as well as the philosophy of science. He is an accomplished international speaker. He is member of the IFOMPT working party for examination of the cervical spine, and a co-author of the IFOMPT framework for examination of the cervical region. His doctoral studies are concerned with the nature of causation in evidence-based medicine, and he is currently a principal member of a £1million international research project on causation in health.

Dr Claire Minshull – Rehabilitation & Conditioning Specialist

Claire has worked in the field of sports medicine for over 15 years as a Senior Lecturer, Researcher, Consultant and as a Practitioner. She has designed, led and managed major clinical and non-clinical research trials, supervised several PhD students, and has published over 30 research papers in leading peer-reviewed sports medicine journals. She is regularly invited to speak at national and international academic and professional symposia, writes for sports magazines and, serves as expert reviewer for several scientific sports medicine and physiology peer-reviewed journals.

Claire's research and teaching interests include the influences of exercise, training and rehabilitation on dynamic joint stability, neuromuscular, musculoskeletal and psychobiological performance. Her work also focuses on assessing neuromuscular function optimally and developing specialised rehabilitation protocols for enhancing functional and performance. Claire's area of expertise means that she

uniquely spans the gap between the physiology of conditioning and physiotherapeutic rehabilitation and she has contributed to the design of leading lower limb rehabilitation programmes to enhance important aspects of neuromuscular function.

Mark Young MCSP, Specialist Performance Physiotherapist

Mark is a Sports Physiotherapist with over 15 years experience in professional sport within the UK & Australia. He is currently the Head Physiotherapist at Geelong Football Club (AFL), based on the surf coast near Melbourne. He has previously been the Head Physiotherapist at the England & Wales Cricket Board and Senior Physiotherapist at UK Athletics. He has worked at both the Australian & English Institutes of Sport, published research in tendinopathy, and lectures in the Masters in Sports Physiotherapy course at La Trobe University, Melbourne.

Dr Raphael Brandon PhD MSc ASCC – Head of Science Medicine & Innovation - England & Wales Cricket Board

Raphael is one of the UK's leading Strength and Conditioning Coaches. He has over 20 years experience in high performance sport and has helped numerous Olympic and Professional athletes with their physical preparation and rehabilitation.

Raphael has completed his PhD thesis into the Neuromuscular Response to Elite Strength Training Methods and is a guest lecturer on the Queen Mary's University London Sport Medicine MSc degree.

Mick Thacker PhD, MSc, Grad Dip Phys, Grad Dip MNMSD, HPC, FCSP.

Senior Consultant AHP (Pain) Guy's & St Thomas' NHS Foundation Trust &

PI Centre for Human and Aerospace Physiological Sciences & Pain Section, Neuroimaging, Institute of Psychiatry, Kings College London.

Adjunct Senior Research Fellow, School of Health Sciences, University of South Australia.

School of Philosophy, Psychology and Language Sciences, University of Edinburgh.

Mick qualified as a physiotherapist in 1987. He undertook and passed with distinction advanced training in manual therapy before completing a Master's degree at University College London. Mick completed his PhD at King's College London (KCL) researching the molecular neuroimmunology of neuropathic pain. He has held lecturing posts at Brunel University, St Georges Medical School and KCL. Mick wrote and led the Award winning MSc Pain, Science and Society at KCL and was a member of curriculum development team of the International Association for the Study of Pain. Mick has published many original peer reviewed papers and several book chapters and has spoken at many conferences across the globe. More later, Mick has focused on the investigation of supraspinal pain mechanisms using neuroimaging and is now working with Prof Andy Clark at Edinburgh to investigate the role of Predictive Processing in Pain.

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Booking Form

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Delegate Fees

Live fees

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- EARLY BIRD FEE** (bookings before Sept 3rd) – £120 (incl VAT)
- STANDARD FEE** (bookings after Sept 3rd) – £150 (incl VAT)
- STUDENT FEE** (limited number of places available) – £99 (incl VAT)

GROUP BOOKINGS - book 4 paying places and receive a 5th place FREE

- GROUP EARLY BIRD FEE** (bookings before September 3rd 2016) – £480 (incl VAT)
- GROUP STANDARD FEE** (bookings after September 3rd 2016) – £600 (incl VAT)

Recorded & Streamed fees

I will be watching the conference "recorded & streamed online" from October 21st 2016

- EARLY BIRD FEE** (bookings before Sept 3rd) – £99 (incl VAT)
- STANDARD FEE** (bookings after Sept 3rd) – £125 (incl VAT)
- STUDENT FEE** (limited number of places available) – £89 (incl VAT)

GROUP BOOKINGS - book 4 paying places and receive a 5th place FREE

- GROUP EARLY BIRD FEE** (bookings before September 3rd) – £396 (incl VAT)
- GROUP STANDARD FEE** (bookings after September 3rd 2016) – £500 (incl VAT)

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