

SANDWICHES - served on choice of *whole-wheat* or *pumpernickel* artisan bread *with* organic mixed green salad *or* tortilla chips

- ❖ **Egg Salad*** – organic/cagefree eggs* & real mayo* with organic mixed greens... \$9.95 (*on gluten-free bread*, \$1.50... *add veggie bacon*, \$1.75)
- ❖ **Havarti Cheese Sandwich*** – havarti cheese* with avocado, alfalfa sprouts, fresh tomatoes & creamy dijon sauce... \$10.95 (*sub hummus for a vegan version... on gluten-free bread*, \$1.50)
- ❖ **Chick’n Salad** – veggie chick’n, vegan mayo & chopped red onion, with fresh tomatoes & organic mixed greens... *now with avocado*... \$10.95
- ❖ **The BLAT*** – veggie bacon*, organic romaine lettuce, fresh tomatoes, avocado & creamy dijon sauce... \$9.95 (*add havarti cheese*, \$.75)
- ❖ **Ham Sammich** – veggie ham with havarti cheese* (*or sub avocado for vegan version*), fresh tomatoes, organic mixed greens & creamy dijon... \$9.95
- ❖ **Turkey Club*** – veggie turkey*, havarti cheese*, veggie bacon*, fresh tomatoes, organic mixed greens & creamy dijon sauce... \$11.95 (*add avocado*, \$1.00)

GRILLED SANDWICHES - served warm on artisan whole-wheat ciabatta *with* tortilla chips *or* organic mixed greens... \$9.95

- ❖ **Veggie Burger*** – garden patty* with *choice of* havarti cheese* *or* avocado, and fresh roma tomatoes, chopped red onions, organic mixed greens & creamy dijon sauce
- ❖ **Grilled Chick’n** – veggie chick’n cutlet with avocado, fresh tomatoes, organic mixed greens & creamy dijon
- ❖ **Patty Melt** - grilled soy burger w/melted vegan cheddar, red onions, avocado, fresh roma tomatoes & cream dijon
- ❖ **Chick’n Pesto** – veggie chick’n cutlet w/ mozzarella* cheese, sun-dried tomatoes & our homemade pesto
- ❖ **Buffalo Chick’n** – veggie chick’n cutlet with melted mozzarella*, avocado, red onion & a spicy buffalo sauce *served with a side of our homemade vegan ranch, upon request*
- ❖ **Mushroom Melt** - grilled fresh portobello mushroom with mozzarella,* fresh roma tomatoes, chopped red onion & our homemade pesto (*on gluten-free bread*... \$1.50)
- ❖ **BBQ Chick’n** – veggie chick’n cutlet with melted mozzarella* cheese, bbq sauce, mushrooms & onions

***CONTAINS DAIRY and/or EGGS**
add real cheese, \$.75 or vegan cheese, \$1.00 / sub vegan chz, \$.50... we use Daiya vegan cheese (dairy & soy-free)

PANINIS – pressed sandwiches, served warm, on choice of *whole-wheat* or *pumpernickel* artisan bread *with* organic mixed green salad + balsamic & oil *or* tortilla chips (*+on gluten-free bread*, \$1.50)

- ❖ **Grilled Cheese*** + – three cheeses* (havarti, jack & cheddar) with sun-dried tomatoes & avocado... \$10.95
- ❖ **Italian* +** – mozzarella cheese* with sun-dried tomatoes, roasted red peppers & our homemade pesto... \$9.95
- ❖ **Ham Melt*** – veggie ham with melted havarti cheese,* creamy dijon sauce & fresh roma tomatoes... \$9.95 (*add avocado*, \$1.00)
- ❖ **Turkey Reuben*** – veggie turkey* with melted havarti cheese, sauerkraut & thousand island dressing... \$10.95 (*vegan version with veggie ham & vegan mozzarella*, +\$.50)
- ❖ **Chick’n Melt** – veggie chick’n salad w/vegan mayo & red onion, havarti cheese*, roma tomatoes & avocado... \$11.95

WRAPS - served on a whole-wheat tortilla wrap with *choice of* organic mixed green salad *or* tortilla chips...\$10.95 /*as a salad*, +\$1

- ❖ **Mediterranean Wrap** – homemade garlic hummus, with black olives, fresh tomatoes, chopped red onion & organic mixed greens... (**try with roasted red pepper or ranch dressing upon request... add balsamic veggie chicken*... \$1.75)
- ❖ **Tofu & Veggie Wrap** – organic tofu with black olives, sun-dried tomatoes, avocado, red onion & our homemade roasted red pepper dressing
- ❖ **Black Bean & Avocado Wrap** – black beans, corn, red onions, avocado, organic romaine lettuce, fresh tomatoes & our homemade vegan ranch dressing
- ❖ **Falafel Wrap** – grilled falafel, cucumbers, red onion, fresh roma tomatoes, organic romaine lettuce & our vegan ranch...(*add our homemade hummus*, \$1.00)
- ❖ **Ranch Chick’n Wrap** – grilled veggie chick’n, fresh roma tomatoes, red onion, avocado, organic romaine lettuce & our homemade vegan ranch... *add buffalo sauce to make it spicy!*
- ❖ **Asian Wrap** – organic tofu, roasted red peppers, fresh mushrooms, red onion, alfalfa sprouts, avocado, organic mixed greens & sesame ginger dressing... (*sub veg chicken*...\$1)
- ❖ **Chick’n Veggie Wrap** -- grilled veggie chick’n, corn, red onion, alfalfa sprouts, avocado, organic mixed greens, and our homemade roasted red pepper dressing

HOMEMADE SOUTHWEST VEGGIE CHILI
tomato-based, with black beans, red kidney beans, ground veggie meat (GF), corn, onions, red & green peppers... **\$8.95** (avail after 11a)... served with *choice of* chips, organic mixed green salad, *or* a whole-wheat roll & butter... (*add cheese and/or sour cream*, \$.50 ea)
----- **ADD SIDE OF VEGGIE CHILI to any meal for \$4.25**

MAKE-YOUR-OWN HEALTHY SALAD – with *choice of* organic mixed greens *or* organic romaine lettuce... \$9.95

- ❖ **choose one topping (1):** black beans, red kidney beans, garbanzo beans, homemade garlic hummus, avocado, hardboiled cagefree egg, mozzarella, jack & cheddar, feta cheese, vegan cheddar, vegan mozzarella (\$1.00 *ea. add'l*)
- ❖ **AND choose three veggies (3):** black olives, red onions, fresh roma tomatoes, sundried tomatoes, mushrooms, green peppers, corn, alfalfa sprouts, cucumbers, roasted red peppers (\$.75 *ea add'l*)
- ❖ **add:** egg salad*, organic raw tofu, veggie chick’n salad, grilled veggie chick’n (*plain, balsamic or spicy buffalo*), grilled garlic soy tofu, grilled falafel, veggie bacon* (\$1.75 *ea.*)
- ❖ **dressing** (*served on the side, all nondairy*): balsamic vinegar & extra virgin olive oil, ranch, thousand island, sesame ginger, caesar, roasted red pepper, honey dijon
- ❖ **add** a side of our veggie chili, \$4.25
whole-wheat roll & butter, \$2.25

SNACKS... add a side salad *or* chips for \$2.25

- ❖ **PB Plus** – organic peanut butter + *choice of* honey *or* strawberry jelly on whole-wheat ciabatta... \$4.95
- ❖ **Nutella* & Banana** on whole-wheat ciabatta... \$4.95
- ❖ **Organic Peanut Butter & Sliced Apples**... \$4.25
- ❖ **Hummus Plate** – our homemade garlic hummus, served with baby carrots & multigrain tortilla chips (gf)... \$7.75
- ❖ **Quesadillas** – melted jack & cheddar on a whole-wheat tortilla + *side of* sour cream, avocado & our homemade salsa... \$7.75 (*add red onion & fresh or sundried tomatoes*, \$.75... black beans, \$1.00... veggie chick’n *or* ground veggie meat, \$1.75)
- ❖ **Veggie Dog** – large veggie dog on a whole-wheat bun with sauerkraut & mustard *or* veggie chili... \$6.75
- ❖ **Pizza Pockets** – on a whole-wheat tortilla with mozzarella* cheese & tomato sauce... \$7.95 with *veggie chick’n*, roasted red peppers, pesto & onions *or veggie meat*, red onion, black olives & mushrooms

See back of menu for more Snack Items & Breakfast Menu

*****GLUTEN-FREE***** - please note with severe GF allergies that we cannot guarantee there won’t be cross-contamination with items that have wheat/gluten... the vegetarian products we use contain soy & wheat gluten

COFFEE, ESPRESSO & TEA DRINKS:

Coffees, teas & espresso are all certified organic

We use organic milk, or sub almond, soy, or coconut milk

To-Go sizes & prices vary

- ❖ *Coffee / Decaf...* \$3.50 / \$3.00 *with meal bottomless mug* (dine-in only)
- ❖ *Hot Tea...* mug \$2.50... pot \$5.00
- ❖ *Yerba Mate or Oolong Tea (loose leaf)...* pot \$5.00
- ❖ *Iced Americano...* \$3.00 16oz / \$3.50 20oz
- ❖ *Cold Brew Iced Coffee...* \$3.00 16oz / \$3.50 20oz
- ❖ *Double Espresso...* \$2.75 (add'l shot \$.75 ea)
- ❖ *Café Americano* (reg or decaf)... \$3.00
- ❖ *Café Latte* or *Cappuccino...* \$3.75
- ❖ *Iced Latte...* \$3.75 16oz / \$4.25 20oz
- ❖ *Chai Latte (black + green matcha teas)...* \$3.75
- ❖ *Iced Chai Latte...* \$3.75 16oz / \$4.25 20oz
- ❖ *Hot Chocolate (w/gourmet choc sauce)...* \$3.50 *whipped cream*, \$.25
- ❖ *Wildeflowers chocolate beverage with herbs & superfoods...* \$4.50

Soy milk, Almond Milk, Coconut Milk blend... \$.35 / \$.50
Flavored Syrups... \$.25 / \$.35 ... dark chocolate, hazelnut, caramel, almond, vanilla, sugar-free vanilla

BEVERAGES:

- ❖ *Iced Tea:* organic Black or Green (fresh-brewed & unsweetened)... \$2.50 16oz / \$2.75 20oz
- ❖ *Fresh Lemonade...* \$2.75 16oz / \$3.25 20oz
- ❖ *Arnold Palmer* (black iced tea & lemonade)... \$2.75/ \$3
- ❖ *Fresh Orange* or *Apple Juice...* \$2.95 / \$3.95 / \$4.95
- ❖ *Perrier...* \$2.75
- ❖ *Izze Sparkling Juice...* \$2.95
- ❖ *Kombucha...* \$4.35
- ❖ *Organic Lowfat Milk ...* \$2.50/\$3.00
- ❖ *Soy or Almond Milk...* \$2.50/\$3.00 (*add dark chocolate*, \$.50)

*(**Free Refill on iced teas with meal, while dining-in only... arnold palmer & lemonade refills, \$.50... not when sharing, please :)*

MENU as of 04-16... *subject to change*

BREAKFAST MENU

Now Serving Breakfast until 2pm every day

BREAKFAST BURRITO (or SCRAMBLE)... \$9.95

Cagefree eggs (*or* organic tofu) on a whole-wheat tortilla... *served with our homemade salsa & fresh fruit (or sub a salad)...* egg whites, \$1.00... Or have it as a scramble, without the wrap & add an extra veggie or avocado, or a piece of whole-wheat toast

- ❖ *choose one (1):* jack & cheddar, mozzarella, havarti, feta, vegan cheese (\$.50), black beans, avocado (\$.75 *ea add'l*)
- ❖ *and choose three (3):* mushrooms, red onions, sundried tomatoes, green peppers, fresh tomatoes, black olives, corn, pesto (\$.50 *ea add'l*)
- ❖ *add* (or sub for veggies): veggie ham, veggie sausage, ground veggie meat (GF), veggie chicken (\$1.75 *ea / add'l*)

BREAKFAST PANINI... \$9.50

pressed sandwich, on whole-wheat *or* pumpernickel artisan bread, with organic eggs & jack & cheddar cheese (*or sub organic tofu & vegan cheese*), fresh roma tomatoes & avocado... + *red onion upon request...* *served with fresh fruit* or sub *a side salad of organic mixed greens*

- ❖ *add:* veggie ham, veg sausage, veggie bacon* (\$1.75 ea)
- ❖ on gluten-free bread, \$1.50

WHOLE-WHEAT SOYMILK PANCAKES... \$9.95

~ choice of blueberries or bananas
~ served with veggie sausage or fresh fruit, and real maple syrup

OATMEAL with brown sugar & banana...\$5.95

~ served with steamed milk & topped with cinnamon

FRESH FRUIT... \$5.95

YOGURT + Fresh Fruit & Granola... \$6.95

~ choice of greek yogurt or lowfat vanilla

SIDE of Veggie Sausage Patties or Veggie Bacon*...\$2.75

BAKED GOODS: *artisan breads from a local bakery*

(butter, strawberry jelly, red onions \$.50... fresh tomatoes, \$.75... cream cheese*, non-dairy butter, avocado, hummus, \$1.50... organic peanut butter, nutella, vegan cream chz, \$1.75)

- ❖ *Bagel* – *whole-wheat* or *pumpernickel*... \$2.25
- ❖ *Whole-Wheat Ciabatta Roll*... \$2.25 / GF roll \$4.00
- ❖ *Two Pieces of Artisan Bread Toasted*... \$2.50

See our bakery cases for additional assorted baked-goods & desserts, including vegan & gluten-free

MUSE *on 8th*

food. art. coffee. community.

BREAKFAST MENU

Now Served until 2pm every day

LUNCH / DINNER MENU *served all day until half-hour before closing each night*

Eat-In
or Take-Out

323-933-MUSE

323-933-6873

759 S. La Brea Ave.

Los Angeles, CA 90036

just south of Wilshire Blvd.at 8th Street
see our website for parking information

Hours of Operation

| | |
|-------------------|-------------|
| Sunday | 8am to 9pm |
| Monday – Thursday | 8am to 10pm |
| Friday & Saturday | 8am to 11pm |

www.MUSEon8th.com

muse@MUSEon8th.com

MUSE *on 8th*

features FREE Wi-Fi

books, games & newspapers to enjoy

nighttime ENTERTAINMENT & EVENTS

and an ART GALLERY of artwork by local artists

We have GIFT CARDS, which can also be used as a personal card to fill-up & re-use.