

Group Hoops

Big Idea: Interdependence

Interdependence is a condition in which both living and non-living things depend on each other to survive. All living things are connected. Every organism/system/place depends on others.

You will need:

- **2 large hula hoops** (2 different sizes if possible)
- **a clear, open space**

Instructions:

1. Gather the group into a circle and hold hands. Put ONE hula-hoop (or string circle) over one person's arm and reconnect hands.
2. As a group move the hula-hoop around the circle with out releasing hands. You'll need to step in and through the hoop to make it work!
3. Next add another hula---hoop and send it around the circle in the opposite direction.

Variations:

Group size: This works best with 12 – 25 people, although it can easily be adapted for larger or smaller groups.

Debrief:

- Were you successful getting the hula-hoop around the circle? If so, what made you successful? If not, why weren't you successful?
- How did each member of the group depend on the other members of the group?
- How do we as humans depend on each other (in our neighborhoods, communities, states, countries, globe)?
- How do we depend on Nature? How does Nature depend on us?