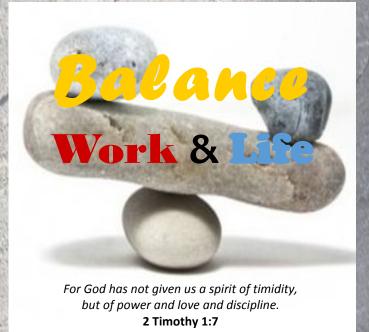
UCCOSSN

United Church of Christ
Office Support Staff Network

2016 Annual Conference

Thursday-Saturday, August 4-6, 2016

Hosted by: Rockville United Church
355 Linthicum Street, Rockville, Maryland 20851



You are invited to register for the UCCOSSN 2016 Annual Conference which kicks-off on Thursday, Aug. 4 with a welcome dinner at Hilton Gaithersburg; continuing on Friday at Rockville United Church with breakfast, fellowship, break-out workshops, lunch, keynote presentation and interactive workshop; ending Saturday, Aug. 6 at Hilton Gaithersburg with break-

Our theme this year is <code>Balance</code>—**Work & Life** ... something we all strive for and hopefully this conference will help you reach with workshops focused on Body Balance, Spiritual Geography, and Social Media with Marchae Grair, who is newly UCC and loving it. She is the *Social* Media Associate for the national setting of the United Church of Christ in Cleveland. She is thankful for her life filled with family, friends, streamed television and mischievous pups. Follow her on Twitter at @MarchaeGrair.

fast, fellowship, the UCCOSSN business meeting, a Peer Group Workshop, and lunch.

Professional development is a big part of personal growth. Keeping up with technology alone is a never-ending task. UCCOSSN offers regional events and national annual conferences, where you will have opportunities to attend continuing education workshops in areas that interest you, participate in peer group discussions and celebrate in worship, devotional and fellowship time. It's an educational experience you won't find anywhere else.

The purpose of the *United Church of Christ Office Support Staff Network* is to help bring about dignity, respect, and fair compensation for all United Church of Christ Office Support Staff. We are the supporting hands of the ongoing ministry of the United Church



of Christ, a recognized group of the UCC, comprised of the support staff of local churches, conferences, associations, and national ministries. Our Mission is to create a network of United Church of Christ Office Support Staff at all levels throughout the denomination; raise the level of professionalism of United Church of Christ Office Support Staff; provide continuing education opportunities for United Church of Christ Office Support Staff; provide opportunities for fellowship and sharing among peers; raise the awareness of local churches, associations, conferences, national bodies - the denomination as a whole - of the vital role the contributions of United Church of Christ Office Support Staff.

Founded in 1987

http://uccossn.wix.com/uccossn

https://www.facebook.com/UCCOSSN

UCCOSSN

United Church of Christ
Office Support Staff Network

2016 Annual Conference Thursday-Saturday August 4, 5 & 6, 2016



For God has not given us a spirit of timidity, but of power and love and discipline. 2 Timothy 1:7

Location: Hilton Gaithersburg & Rockville United Church, Maryland

Conference Registration Deadline: July 14, 2016

(Pay online using the PayPal option — you do not need a PayPal account for this)

Regular Registration Fee (by July 14): \$135

Late Registration Fee (after July 14): \$150

(\$5 from each registration fee goes to the UCCOSSN Scholarship Fund)

MEMBERSHIP DUES: \$10/year

Hotel Room Booking Deadline: July 14, 2016

Hotel Name: <u>Hilton Washington DC North/Gaithersburg</u>
Hotel Address: 620 Perry Parkway, Gaithersburg, Maryland 20877

Phone Number: 301-591-9599

Room Rate for Attendees: \$89/night

(Room to be reserved & paid by attendee directly with Hilton. Double & King Rooms Available.

Please let us know if you would like to room share.)

Book Online: http://www.hilton.com/en/hi/groups/personalized/G/GAIGHHF-AUC-

20160804/index.jhtml?WT.mc_id=POG

Group Name: UCCOSSN 2016 ANNUAL CONFERENCE

Group Code: AUC

Check-in: 04-AUG-2016 Check-out: 06-AUG-2016

CUSTOMERS: For all other questions concerning your group, contact the hotel where your

group event is booked.

Airports: BWI (Baltimore/Washington International)

IAD (Dulles International Airport)
DCA (Reagan National Airport)

Contact: Sarah Petermann, UCCOSSN, Planning Committee Chair at rucadmin@rockvilleunitedchurch.org or Lettie Eagar, UCCOSSN, Chair at Ime@plymouthfw.org for more information.

UCCOSSN 2016 Annual Conference AGENDA (continued)

THURSDAY, AUGUST 4 HILTON GAITHERSBURG

3:00 PM—6:00 PM **Check-In, Fellowship & Refreshments**

6:00 PM—9:00 PM Conference Kick-Off Dinner

Welcome with UCC special guests & representatives of the Central

Atlantic Conference, Potomac Association, Catoctin Association,

Rockville United Church and other local UCC churches.

FRIDAY, AUGUST 5 ROCKVILLE UNITED CHURCH (RUC)

(shuttle to RUC from Hilton Gaithersburg)

8:30 am – 9:30 am **Breakfast/Fellowship**

9:30 am – 9:50 am Worship in Sanctuary

9:50 am – 10:00 am **Break**

10:00 am – 11:30 am **Breakout Workshops (more details to come!)**

• "Body Balance" with Evita Rogers*

• "Spiritual Geography" with Joni Miller*

11:30am – 12:30 pm

12:00 pm-3:00 pm



Lunch

"Social Media" Interactive Keynote & Workshop*

with Marchae Grair, Social Media Associate, UCC

who is newly UCC and loving it.

She is the Social Media Associate for the national setting of the United Church of Christ in Cleveland, Ohio.

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Follow her on Twitter at @MarchaeGrair

She asks that you bring your tablet or laptop with you to the conference for this interactive social media workshop.



^{*} Bio and Workshop description attached.

UCCOSSN 2016 Annual Conference AGENDA (continued)

3:00 pm – 3:15 pm	Break
3:15 pm-4:45 pm	Breakout Workshops (more details to come!)
	 "Body Balance" with Evita Rogers*
	 "Spiritual Geography" with Joni Miller*
4:45 pm—5:15 pm	Break, Fellowship & Tour of RUC
5:15 pm—5:30 pm	Closing Devotional in Sanctuary
	Dinner on Your Own (or with group)
	group reservation at Hilton restaurant or TBD
	(shuttle from RUC to Hilton Gaithersburg)

SATURDAY, AUGUST 6 HILTON GAITHERSBURG

8:00 am—9:00 am **Breakfast/Fellowship**

9:00 am—10:30 am UCCOSSN Business Meeting

10:30 am—10:45 am **Break**

10:45 am—12:00 pm **Peer Group Workshop**

Facilitated by Rev. Scott Winnette, pastor of RUC

12:00 pm-1:30 pm Lunch and Closing Devotional



^{*} Bio and Workshop description attached.

UCCOSSN 2016 Annual Conference AGENDA (continued)

"Spiritual Geography" with Joni Miller



Dr. Joni Miller is a Certified Pastoral Counselor and has a PhD in pastoral counseling from Loyola University Maryland. As the founder of Labyrinth Partners LLC, Dr. Miller uses her MBA, background in business, and counseling skills to provide consulting services to businesses, churches, and universities. She has presented on the intersection of faith and counselor identities around the issue of LGBTQ clients to counselor educators, counselors, and counselors-in-training at national and regional counseling conferences and in numerous presentations at universities. She designed Spiritual Geography, a values card sort specific to religious and spiritual values. This card sort is designed to help people explore their spiritual beliefs, the "spiritual geography" where the person finds him or

herself at this point in time.

Whether you consider yourself religious, spiritual but not religious, agnostic, atheist, or any combination thereof, we each have a personal framework by which we see and experience the world and make meaning of our life and the universe. In this framework we explore that which is transcendent, i.e. questions of love and death, choice and free will. The elements of this personal framework are our spiritual and religious values. In this session, each participant will explore his or her own spiritual and religious values, the "spiritual geography" in which the participant lives.



"Body Balance" with Evita Rogers



Evita Rogers received her education at Georgia State University with a B.S. Exercise Science Degree and a Masters in Sports Administration with a concentration in school, college and professional sports management. She has a sports background which led her into fitness work. She was a swimmer, high school, college and professional basketball player and basketball coach. Evita is currently a Fitness Manager at her family-owned business at Anytime Fitness of Germantown, NSCA Certified (National Strength and Conditioning Association) Trainer, group instructor and flexibility specialist.

Evita specializes in personal training of all ages and sports such as basketball, soccer,

lacrosse and swimming. She tends to membership sales, manages independent contract trainers, creates fitness plans for clients and teaches classes. Evita especially loves to help individuals achieve their goals, no matter how big or small. Progress is progress. What maybe a small feat to someone may be a world a difference to another. Evita is a big believer on balance, core and stabilization of the body. It is the simplest form of exercise you can do for yourself anytime and anywhere.

