

Back in January 2006 Pilates Plus of Schaumburg opened it's doors near Roselle and Wise. Then in April of 2008, Pilates Plus moved to our current location. Both events and everything in between then and now has been an exciting, growing and learning experience. Change is definitely a part of life! It's time to embrace another change that we are VERY excited about.

As of Monday, March 7, 2016 Pilates Plus will be moving and holding classes in a new, boutique, residential location 3 blocks from our current location. Our new setting is perfect for Private Coaching and small group classes (3-5 participants) limited to Pilates, Yoga, Meditation, Tabata Boot Camp and other special small group experiences/workshops. Special events will be listed on our website and blasted out via social media so be sure to read!

I invite each and every one of you to join us in our beautiful, brand new environment. There are some wonderful new experiences in store for 2016. To accommodate anyone who chooses a different path, we will allow a pro-rated amount on any auto pays through March 6, 2016 and waive all early termination fees. The attached form must be signed by you and returned to our studio no later than February 27th, 2016 or regular policies apply. Anyone with active class packs on an active account (regular activity in last 3 months) will also need to fill out the form. Any unused classes as of March 6, 2016 will be refunded to the address in your profile. Please make sure to log into your account and make sure everything is correct.

I'm excited to announce the following payment structure: Private Coaching Packages & Small Group Classes only. **All Pilates** classes will utilize the Pilates Reformers. We will only allow 3-5 people in each class. On-line registration will indicate if there are any spots left. This will be on a first come, first served basis and you can waitlist if necessary and you will be notified by email or text telling you that you can attend.

As of March 7, 2016:

AutoPays: Butterfly Membership @ \$89 - **NOW 9 classes every month!** Platinum Membership (unlimited classes) **NOW @ \$129 every month. (Dropped \$30/month!)** No more cancellation fees or minimums. A thirty (30) day advance written, signed notice to cancel.

Group Class Packs: Single \$20, 5 Pack \$80, 10 Pack \$140. All 12 month expiration; 5 and 10 class packs will now be on Auto-Renew when last class is used. No more hassles of worrying when you run out of classes or your pack expires. Pack Auto-Renew can be cancelled online at any time. **All purchase options NOW INCLUDE THE PILATES EQUIPMENT!**

Because this is an intimate setting certain rules and procedures need to be followed to maintain balance, fairness and smooth sailing for everyone:. **PRE-REGISTRATION IS REQUIRED**.

- You will need a reservation to attend class. On-line reservations are easily managed at anytime through our website: www.pilatesmindbody.com or through the smart phone App: MindBodyConnect.
- Street parking. Make sure to not block any driveways
- Street shoes taken off before entering studios
- No smoking anywhere
- Sign in on attendance sheets or computer provided
- Please arrive on time (not too early) and exit on time for the next group or client
- Smile and be happy

A Charge will be applied to any account for the following:

- No show for a reservation/appointment as that spot is reserved for you and prevents someone else from attending
- Cancellation within 24 hours of your reservation/appointment

| | n very interested in continuing to take classes at Pilates Plus of S ere the new location will be. | Schaumburg, please let me kn | ow |
|-------|---|---|-----|
| | n not interested in continuing to take classes at Pilates Plus of Sc cancellation/termination form below. | Schaumburg and will complete | |
| | PILATES PLUS OF SCHAUMBURG STUDIO TRANSITION MONTHLY MEMBERSHIP & CLASS PACK CANCELLATION/T | /TERMINATION FORM | |
| Pleas | se note the following policy regarding cancellation/termination of your n studio transition of March 7, 2016. | monthly memberships due to th | Э |
| | No cancellation fees will incur for memberships cancelled with this form February 27 th , 2016. | orm and submitted between now | and |
| • | All termination requests involving Class Packs on regular active accourefunded to address on your account. | ounts over the past 3 months will | be |
| • | A pro-rated amount will be applied to your last autopay that takes your This form must be turned into the studio NO LATER THAN FEBRUAR regular cancellation/termination policies apply: O All Monthly Memberships must be in effect for a minimum of 6 in 30 day package. By signing this form, I am agreeing that my man effect for 6 months at the time of cancellation/termination if my 27, 2016. O Cancellation fee of \$35 Butterfly, \$50 Bronze, \$80 Platinum will | ARY 27, 2016 or the following 6 months, excluding the Introduct membership has been or will be by form is not turned in by Februa | in |
| | memberships cancelled prior to one year of contract length. Class Packs will remain intact to be used at new location with o | current expiration date | |
| | Name: First Name (please print) | Last Name (please print) | |
| | Birth Date to confirm appropriate account: (due to possible multiple accounts with same na | (mm/dd) name) | |
| | Today's Date: | | |
| | Received Date: | | |
| Membe | ership Termination Fee will be incurred on March 6, 2016 if this fo 2016. | form not received by February | 27, |
| | I have read and understand the above policies and agree to the cancellation/termination. | ne policy for membership | |
| | Signature: D | Date: | |
| | | | |

New Class Schedule

Mondays:

9:00-9:50 a.m. Pure Pilates Thursdays:

4:00-5:00 p.m.Gentle Vinyasa Yoga9:00.-9:50 a.m.Pure Pilates5:45-6:25 p.m.Tabata HIIT10:00-10:30 a.m.Mindful Meditation6:30-7:15 p.m.Pilates/Yoga Fusion5:45-6:40 p.m.Pure Pilates

Tuesdays: Fridays:

9:00-9:50 a.m. Pure Pilates 9:00-9:50 a.m. Pure Pilates 10:00-10:30 a.m. Mindful Meditation 10:00-11:00 a.m. Gentle Hatha Yoga

Saturdays:

6:00-6:50 p.m. Pure Pilates

7:00-8:00 p.m. Yoga

Wednesdays:

 ssdays:
 8:00-8:50 a.m.
 Advance Pilates

 9:00-9:40 a.m.
 Tabata HIIT
 9:00-9:50 a.m.
 Pure Pilates

 10:00-10:50 a.m.
 Hatha Yoga
 10:00-10:40 a.m.
 Tabata HIIT

 11:50 a.m.
 Gentle Hatha Yoga
 10:50-11:50 a.m.
 VinyasaYoga

6:00-6:50 p.m. Pure Pilates 7:00-7:40 p.m. Tabata HIIT

Special Events to be announced via e-blasts, social media & special invitation

Group Class Pricing 10% discount for seniors, teachers, students & current military personnel. Only one discount applied per purchase.

| Class Packs Single Class \$20 5 Class Pa | ack \$80 10 Class Pack \$140 |
|--|------------------------------|
|--|------------------------------|

Membership Pricing 10% discount does not apply for membership purchases

| Butterfly Membership* | 9 classes per month | \$89/month |
|-----------------------|-------------------------------|-------------|
| Platinum Membership* | Unlimited classes every month | \$129/month |

^{*}Memberships are set up with autopay via valid credit card (VISA, MC, AMEX) & renew until cancelled. May cancel at anytime with 30 day advanced notice. To cancel, fill out cancellation form & return to studio (via mail or in person) w/ 30 days notice. See current membership contract for full details—available in studio or online at www.pilatesmindbody.com (our studio-contract)

Refer a friend who signs up for a membership & you get \$20 off 1 month of your membership or \$5 off any class pack! Sign up for a membership with a friend & you each will get \$20 off 3 months! (Save \$60 each!)

Private Coaching Pricing Private Coaching available in all areas: Pilates, Yoga, Aerial Yoga, Bootcamp, and Trigger Point Therapy

| ½ hour sessions | Single - \$50, 3 pack - \$140, 5 pack - \$210, 10 pack - \$380 |
|-----------------|--|
| 1 hour sessions | Single - \$90, 3 pack - \$240, 5 pack - \$370, 10 pack - \$685 |

Gift Certificates

Creative, fun, thoughtful gift available in any amount. Customize, Print, Email Online at www.pilatesmindbody.com/gift-cards.html (or click on gift certificates button at pilatesmindbody.com)