



Dear Parent or Guardian:

Your son or daughter is about to begin a Human Sexuality unit in his/her Health Education class. Human Sexuality is one of the 10 components of Health that is included in the standards and curriculum for Health Education in District of Columbia Public Schools.

The lessons will teach reproductive anatomy, along with ways to prevent HIV, other sexually transmitted infections (STIs), and pregnancy. Students will learn how HIV and other STIs are transmitted and how they can best protect themselves. Abstinence – choosing not to have sex – will be presented as the SAFEST choice for students; however, accurate information about other protection methods will also be provided.

If you **do not** wish your child to participate in this unit for any reason, please fill out the form below and return it to your child's Health and Physical Education teacher. Your child will be given an alternate assignment to complete. As always, if you have any questions, comments or suggestions please do not hesitate to call the school. Your child's Health Education teacher is available to answer questions you may have. The curriculum is available for your review at your child's school.

Thank you,

I **do not** wish to have my child participate in the Human Sexuality unit. In opting out of the unit, I understand that I am responsible for teaching my child and ensuring that he/she understands the information as described within the standards outlined in the unit.

Student's Name _____

Grade _____

Parent's Name _____

Phone _____

Parent's Signature _____

Date _____