



TRAIN THE TRAINER – TRADITIONAL FAMILY PARENTING

December 1 - 2, 2014 ~ 9:00 a.m. to 4:00 p.m.

Cost - \$395/per person

Includes parenting manual/all power points presentations
(Bring your own flash drive to download information)

Coffee & Refreshments provided – Lunch provided by donation

Facilitator – Janet Fox

- Topics – Training to facilitate the Traditional Parenting
- How Our Ancestors Raised Their Children
- Importance of Bonding, Soft Spot, Moss Bag, Swing
- Lateral Violence – Healing from Colonization
- Renew Parenting Skills using the Teachings & Values
- Please bring a memory stick for the power point presentations

Janet Fox has been a Life Skills Coach for 15 years. She also has completed trainings in Vancouver, Edmonton, Grande Prairie, Saskatoon, Regina, Broken Head First Nation, MB and Thunder Bay.

Her passion is to share the teachings about parenting and has presented workshops to approximately 100 First Nation and Metis communities in British Columbia, Alberta, Saskatchewan, Manitoba and Ontario. Some of the clients have been the Alberta Gaming Commission, ATCO, Aboriginal Child and Family Services, Government Child & Family Services, Schools, Cultural Camps and Youth Corrections, Awasis, Knowing Our Spirit, FSIN Wellness & Early Childhood, NNADAP, Alberta Home Visitation Network, International Foster Care 2011 and the Creating Hope Society Conference.

Traditional Family Parenting/ReClaiming Our Indigenoussness

First Nations people have always had the knowledge when you raise a child holistically; this prepared them to make positive choices; healthy relationships, healthy children which leads to healthy communities. We need to prepare the next generation as our teachings are a source of strength and identity.

There is a need for more facilitators in this field as we can all make change.

It is now time to Reclaim that knowledge and provide and implement programs by using our Indigenous philosophies. ReClaiming our Indigenoussness is 'reversing the process of colonization'. It is time to reach and claim our ancestral identity in order for our people to move forward. We need to start promoting the pride and history of our people from the perspective of the Indigenous Worldview.

The breakdown of our family systems began with colonization and residential school. When the first set of children went away our family systems began to deteriorate. The workshops that Mahkesis Consulting provides are about awareness of 'how it was in our Traditional Family Systems and 'how we can bring back these teachings along with the parenting skills and most importantly it is prevention. She has presented to all language groups and the teachings are similar in each nation.

This workshop is recommended for Parents, Elders, Leadership, Youth, Teachers, Social Workers and Front Line Staff

Traditional Family Parenting

Registration Form - December 1 - 2, 2014

Indigenous Family Centre - 470 Selkirk Avenue, Wpg, MB

Contact person - Ko'ona Cochrane 204.942.1828

E-mail: wcd@shaw.ca Fax: 204.927.2789

Name:			
First Nation/Organization:			
Address:			
Email Address:			
Phone:		Fax:	

(you will receive a confirmation email, once completed registration form is received)

Cost: \$395/per person

Cheques Payable to: Mahkesis Consulting

Mail to: Janet Fox c/o Box 1438, Maskwacis, AB, T0C 1N0

DEADLINE FOR REGISTRATIONS: November 24, 2014

Please complete Registration form and email to:

wcd@shaw.ca or by fax: 204.927.2789

*Note: There will a cancellation fee of \$50.00 for any last minute cancellations.

If you are unable to attend, please inform Mahkesis Consulting at least 2 weeks prior to Workshop,
and we will kindly remove your name from the Registration List.

If you have any questions or concerns, please call

Janet Fox: 1.780.870.6599

or

Ko'ona Cochrane: 204.898.2611