

Seeking Volunteer Home Delivered Meals Drivers

**Bring healthy meals
and friendship to
homebound seniors!**



Can you spare **ONE HOUR** a week during your lunch break?

Help Deliver Nutritious Meals to Home-Bound Seniors.

Help change a person's life:

Become a Meals-on-Wheels Volunteer!



To learn more about this and other exciting opportunities

CALL TODAY

Colette Young, Volunteer Coordinator

847-524-8800 ext. 182

www.kennethyoung.org