

## Monthly Highlights

■ Remember, if SVSU is closed due to adverse weather conditions, OLLI classes and meetings are also cancelled. Call the University Weather Line for an up-to-date report: 964-4477.

■ The new 2016 OLLI Directory is now available. Stop by the new OLLI Office, C-111 and pick one up.

■ You will receive an OLLI membership satisfaction survey either by mail or email in April. Please take time to fill it out and return it to the OLLI office. Your feedback is very important to us!

■ There are still seats available for the Shaw Festival July 26-28. Register with the OLLI office 964-4475.

April, 2016  
Volume 15, Issue 7

## Alaska's Denali National Park: Through a Camera Lens

*Presented by Kent Miller, CMU Associate Professor of Photojournalism*

### OLLI Monthly Meeting

Wednesday, April 13, 2016

SVSU, Curtiss Hall Banquet Rooms

8:45 a.m. Registration & Socializing

9:30 a.m. Announcements & Program



Join Central Michigan University associate professor of photojournalism Kent Miller on an enjoyable photographic journey through Denali National Park. Miller has spent quite a bit of time at the park since 2008 when he volunteered to shoot photographs for the National Park Service. Since then, Miller has created an internship program with the National Parks Service. He wanted his students at CMU to have the same experience he had learning in what he calls "one of the most beautiful places on Earth." He has been back many times over the past seven years and even taught a photography workshop for senior citizens in 2012 and 2013. His current undertaking is a commemorative photo exhibition for the 100-year anniversary of the Park in 2017.

## Upcoming Events & Monthly Meetings

April 19

Technology Tuesday  
4 p.m. - Banquet Room

May 11

OLLI Monthly Meeting  
Climate Action: The Latest Scientific Evidence

June 18

Qigong and Taiji For Everyone  
SVSU Banquet Rooms

### SVSU Osher Lifelong Learning Institute

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The *Adventurer* is published monthly for SVSU-OLLI members at Saginaw Valley State University. Reprints of this newsletter may be obtained by calling (989) 964-4475.

Hello OLLI members,

I am still affected by February's monthly meeting presentation, "Childhood Memories From WWII", presented by Anneke Burke-Kooistra. The presentation was pure living history and I feel fortunate to have been there to hear it. The telling of stories like hers cannot be overestimated. Her stories of regular people standing up to the worst of human nature inspired and strengthened my confidence that one person can make a difference. Stories like hers need to be told over and over as a reminder of what herd mentality can produce, and so that we do not succumb to a tide wave of hate and bigotry seeming to engulf the times we live in. Thank you, Anneke for your courage and your caring. Thank you OLLI for providing an outlet for the stories.

Stay strong and continue talking and learning.

Regards,

Steven Parkhurst, OLLI Advisory Board Chair.



## Featured Artist and Talk

Our current art exhibit in C-129 features over twenty pieces by OLLI artist Joanne Rummel. Joanne prefers working with watercolors and concentrates on detail and design in her artwork. Joanne enjoys taking photographs, especially of people, and uses these for her source of inspiration.

Joanne received her BFA from Wittenberg University and taught Art in K-12. She has also been an SVSU adjunct instructor. Join us on Tuesday, March 22 at 4 p.m. in the OLLI classroom (C-129) for an Artist Talk with Joanne Rummel.



## Welcome New Members (Since February 2016)

Paul Begick	Bay City	Malcolm Harbour	Bay City
Kenneth Bell	Hemlock	Barb Kanaar	Birch Run
Michele Bell	Hemlock	Colleen Kinsella	Saginaw
Jerry Bone	Saginaw	Kishore Kondapaneni	Saginaw
Tim Carlson	Freeland	Jeannine Meisel	Bay City
Wendy Carlson	Freeland	Thomas Meisel	Bay City
Bud Clement	Saginaw	Robert Mowatt Jr.	Hemlock
Joan Clement	Saginaw	Martin Musolf	Midland
Marie DeMaso	Holt	Jean Nellis	Saginaw
Walter Hagen	Bay City	Patricia Williams	Saginaw

# Qigong and Taiji For Everyone

## Workshop Leader - Deng Ming-Dao

**Saturday, June 18, 2016**  
**9:30 a.m. - 3:30 p.m.**

This workshop will give an introduction to Taoist movement, simple stretches and warm-ups, a qigong set called The Eight Pieces of Brocade, and a short beginner's Taiji set. The Eight Pieces of Brocade is one of the classic qigong (breath training) sets. It builds and circulates energy and brings calm. Taijiquan (T'ai Chi Ch'uan), an exercise that consists of slow, relaxed, and graceful movements, has been credited with improving health, promoting circulation and joint mobility, and enhancing longevity.

Deng Ming-Dao is an author, martial artist, and Taoist. He is known nationally and internationally for nine books, including *The Chronicles of Tao*, a biography of his Taoist master; *365 Tao*, a book of daily meditations; and *Scholar warrior*, a book showing how exercises, meditations, and philosophy combine into a single spiritual path. His books have been translated into sixteen languages.

Over the course of four decades, Deng has trained with five teachers in Taijiquan, Xingyiquan, and Baguazhang, qigong, weapons practice, philosophy, and meditation.



The workshop fee does include lunch and refreshments, and will be held in the SVSU Banquet Rooms, Curtiss Hall

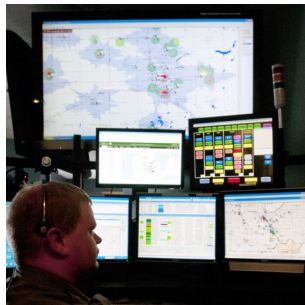
### Price: (until June 9)

OLLI Members & SVSU Faculty/Staff	\$70
Students	\$50
General Public	\$80
Price after June 9 for everyone	\$90

## Technology Tuesday - April 19

### Technology Advancements in the EMS Industry

The Emergency Medical Service (EMS) industry has seen a tremendous amount of technological advancements in the last few years. This includes electronic patient care records, computer-aided dispatch or CAD, call-predictability software, pre-arrival instructions, statewide radio system, automatic vehicle locators and more. Steve Myers, MMR's Director of Patient Access, will discuss these technology advancements and give a history of how and where the industry began. He will also discuss technology and equipment inside the ambulance and the technology used in their fleet maintenance program. MMR's Medical Communications Center was the first in the state of Michigan to earn accreditation by the International Academy of Emergency Dispatch.



**April 19, 4 p.m.**  
**Room: Banquet C**

## Current OLLI Interest Groups

**Board Games:** Ted McLaughlin, (989)790-9587, tshorty@chartermi.net  
**Bridge:** Matt Skowronski, (989) 684-6402, Marilyn Bechtel (989)894-1089  
**Buddhist Psychology:** Eric Devos, (989)964-4329, devos@svsu.edu  
**Choral Singing:** Rose Kohut, (989)790-1883, obsessedreader@hotmail.com  
**Cross Country Skiing:** Karol Walker (989)423-4889, karolw2986@gmail.com  
**Current Events:** Carol Gohm, (989)574-5862, cgohm47@gmail.com  
**Cycling:** Linda Ackerman (989)781-2961, lmackerman50@gmail.com  
**Dinner:** Deborah Bula, (989)781-1126, dbretired610@gmail.com  
**Esoteric Cosmology:** Wayne O'Brien, (989)686-0475, woobrien@tm.net  
**Euchre:** Ruth Skeebo (989)631-1183, rskee42@charter.net  
**Gardening:** Crystal Kauer (989)792-6874, cmkauer@chartermi.net  
**Kayaking:** Dan Dauer (989)753-6038, dauerhome@juno.com  
**Knitting:** Barb Weadock, (989)792-8839, barb@weadock.net  
**Lunch:** Rita Grasso, (989)781-4725, ritaolli11@yahoo.com  
**MahJongg:** Catherine Young, (989)327-1050, clyoung00@yahoo.com  
**Music Collegium:** Eric Nisula, (989)964-4307, epn@svsu.edu  
**Pickleball:** Edith Somers, (989)751-3819, edithsommers@charter.net  
**Ping Pong:** Carol Lagalo, (989)752-9857, lagaloc@yahoo.com  
**Readers Theatre:** Rose Kohut, (989)790-1883, obsessedreader@hotmail.com  
**Recreational Biking:** Vicki Shrope (989)615-0317, vshrope@yahoo.com  
**Stamp Collecting:** Robert Bula (989)781-1126  
**Theatre:** Bonnie Rowell, (989)799-3102, bjrowell43@yahoo.com  
**Walking:** Mike Michaels, (989)799-5090, mikem24108@live.com





Thirty-eight OLLI members and friends escaped the cold this winter and traveled to Costa Rica in January/February. Trip highlights included a stay at an eco-lodge in Tortuguero National Park, many monkey and sloth sightings, zip lining, white water rafting, lounging in the hot springs, walking across many hanging bridges, a jungle crocodile safari, and lounging on a beautiful beach. This photograph was taken on the eastern shore near the town of Tortuguero.

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