## Youth Track and Field Camp

Help your child learn about fitness, nutrition, and self-discipline while being coached on the basics of track and field.

Dates: June 27-July 1

Times: 9:00AM- 1:00PM

Location: Dunwoody HS Track (For inclement weather call 404-395-4304 after 7:30AM)

Cost: \$100.00 (\$10 off for additional family members)

**Equipment:** Each camper should bring quality tennis shoes and comfortable running clothes. All other equipment will be provided. Label all personal items.

Lunch: Each camper will provide his/her own lunch. A small cooler with plenty of liquid is recommended; however, we will have ice water available at all times.

Staff: Derek Smith, Dunwoody HS Track and Field coach. Many of the Dunwoody HS runners will be on staff as well!

## Space is Limited!



Campers name	Age at time of camp
Address	
Email address	Cell Phone
Parent/Guardian	Home Phone
T-Shirt Size (circle one) Youth: S M L Adult: S	M L Heard about camp from