



Hospice Caring, Inc.

Seasons of Caring Community Education Series



Interfaith Panel on Beliefs around Death and Dying

Tuesday, November 10, 2015 from 7 to 9 pm | 6:30 pm check-in and refreshments
Unitarian Universalist Congregation of Rockville, 100 Welsh Park Drive Rockville, MD

Hospice Caring, Inc., in conjunction with the Montgomery County Faith Community Advisory Council and the interfaith community, is offering an interfaith panel and discussion on grief and dying to promote compassionate understanding of people in different faiths.

Panelists include Imam Mohamed Abdullahi, who serves at the Muslim Community Center in Silver Spring, The Rev. Dr. Joan E. Beilstein, Rector of the Episcopal Church of the Ascension in Silver Spring, Maryland, Rabbi Gary Fink who is the vice president of Spiritual Care and Volunteer Services for Montgomery Hospice, and the Venerable Bhante Katusgastota Uparatana, founder and High Priest of the International Buddhist Center in Wheaton, Maryland. Rabbi James Michaels, Director of Pastoral Care for the Washington Hebrew Home will moderate the discussion. **RSVP online at www.HospiceCaring.org.**



"Caregivers" Film & Reflection

Thursday, February 25, 2016 from 7 to 9 pm | 6:30 pm check-in and refreshments
(Snow date Thursday, March 3) Hospice Caring, Inc., Gaithersburg, MD

The Alzheimer's Association estimates that there are over 10 million Americans providing care for people with Alzheimer's disease or other dementias. HBO's Alzheimer's Project film entitled "Caregivers" directed by Bill Couturie and produced by Bill Couturie and Anne Sandkuhler "is a collection of family portraits, each of which highlights the sacrifices and successes of people experiencing their loved one's gradual descent into dementia." Following the film, there will be discussion and sharing of experiences around caring for people with dementia, and our own fears around the topic of dementia in all of its forms. This offering is appropriate for caregivers, family members, and ALL who are interested in the topic of Alzheimer's/dementia.



Estate Planning 101: A Gift to You and All Who Care about You

Thursday, April 21, 2016 from 7 to 9 pm | 6:30 pm check-in and refreshments
Hospice Caring, Inc., 518. South Frederick Ave., Gaithersburg, MD

We have the right to have a say in what treatment we do or do not want, who we want to speak for us, who we want to manage our financial affairs and to whom we want our estate to go when we die. Having the proper documents in order will help assure that our wishes may be honored.

Jerry Gimmel, a Montgomery County estate planning attorney and longtime Hospice Caring Board Member will discuss how a Financial Power of Attorney and an Advance Medical Directive give you the ultimate control for the rest of your life. Learn how a Will handles a multitude of issues after you die and determine for yourself if the Living Revocable Trust is a good choice for you. Saving taxes, protecting inheritances for your loved ones and coordinating beneficiary designations will also be covered.

Hospice Caring's Seasons of Caring Community Education Series opens the conversation to things that matter around loss, grief and death and equips the Montgomery County community with the tools to make educated end of life decisions.

This series is co-chaired by Anne Baker, Director of Community Education and Training and Robin Levien, LCPC, Hospice Caring volunteer. **For more information or to register for any event contact Anne at 301-990-0854 or anneb@hospicecaring.org**

Thanks to the generous support of Hospice Caring's donors, this series serving the community is provided free of charge. Contributions of any size are appreciated.



The 2015-2016 series launched in July with a book discussion and signing by Jenn McRobbie, author of *Why is She Acting So Weird: A guide to cultivating closeness when a friend is in crisis*. Jenn, a cancer survivor, life coach and former army captain spoke about her book and how we all can support friends in times of need.

The series continued in early October when Joan Heller Miller, a survivor of leukemia and breast cancer, launched her memoir about her own grief, loss, and recovery titled *Healing Grief: A*

Story of Survivorship.