



May 13 2016	Inaugural IHI conference May 13 2016
7:30 am – 8:30 am	Registration
8:30 am	Traditional Aboriginal ceremony to open the proceedings Clifford Cardinal
9:00 am – 9:50 am	Could Integrative Approaches to Health Bend the Cost Curve? Dr. Patricia Herman
9:50 am – 11:30 am	Ted-style talks and panel discussion: Dr. Richard Fedorak, Dr. Glenda MacQueen, Dr. Linda Carlson, Dr. Catherine Field, Dr. Bryan Kolb
11:30 am -12:20 pm	Dr. Roger’s Prize Lecture: Mindfulness: impact on patients, health care providers and learners Dr. Adi Haramati
12:20 pm -12:30 pm	Mindfulness Exercise with Dr. Catherine Phillips
12:30 pm – 2:00 pm	Lunch, networking and poster session (1-2)
2:00 pm – 4:00 pm	Concurrent workshops: (i) learner wellness; (ii) self-care in chronic disease; (iii) Aboriginal, traditional, indigenous wellness
4:00 pm – 5:00 pm	Effective self-care for Chronic Disease Management Dr. Mimi Guarneri
5:00 pm	Closing remarks