

PARENTING TEENAGERS

**With broadcaster and journalist,
Suzie Hayman**

+ Q&A with St John's sixth form students

Saturday, 22nd October 2016: 10.00 – 12.30

St John's Marlborough SN8 4AX – The Theatre on the Hill

Refreshments and books available to purchase

Parenting teens is hard! This event is for all parents, step-parents, grandparents and carers of young people aged 11 to 21, as well as professionals. It will leave you feeling more knowledgeable, skilled and competent in dealing with a whole range of topics, including:

- Moving from raising children to guiding teenagers
- Neuroscience - why they do what they do
- Selfies, sexting and trolling – social media, the internet and digital devices
- Porn, violence and misogyny
- Anorexia and cutting
- Step-families
- Resilience – building and encouraging it



Suzie Hayman

Suzie Hayman is a parenting educator, broadcaster and author. Her books include *Raise a Happy Teenager* and *How to Have a Happy Family Life*. She's agony aunt for Woman magazine, and has written for The Times and The Saturday Guardian, Woman's Own and BBC Health Online. Suzie was the counsellor seen working with five families in the major 2005 BBC series, *Stepfamilies*.



Wendy Bramham Therapy
Talking Therapies & Integrated Health
www.wendybramham.co.uk



Coming soon! 1 minute introductory video with Suzie Hayman

**Fees: "Early bird" before 22nd September: £12.50 per ticket (2 + tickets) or £14.00 (single tickets)
From 22nd September 2016: £13.50 (2 + tickets) or £15 (single tickets)**

Click here for [Online bookings](http://www.wendybramham.co.uk) (or go to www.wendybramham.co.uk and click on seminars tab)

Organised by Wendy Bramham Therapy in conjunction with St Johns Marlborough.

Event enquiries: 07464 783446 seminars@wendybramham.co.uk