



## USNH PASSOVER POTLUCK SEDER

Saturday, April 23, 2016 6:00-9:00 p.m.  
Join us for a Taste of Freedom

This annual USNH tradition is a family event celebrating an essential Jewish part of our UU heritage. Educational as well as fun, we tell a timeless story, sing songs, and express our hopes for the world. Seen through a UU lens, the greatest importance of this festival is the triumph of people over oppression and slavery. Through the ritual of the Seder meal, led by Jesse Greist and Ellen Greist, we remember the historical events at the source of this holiday. It is hoped that children will attend with their parents, since there are traditional parts of the Seder that are especially intended for children.

Some foods have particular significance, such as the matzoh (unleavened bread), which reminds us that when the Jews fled from Egypt so long ago, they had to go fast! – there was no time to let the bread rise. For this reason we ask that at our Seder, no risen bread or leavening (baking powder, baking soda, yeast) be used. Wine (or grape juice) is also a central part of the ritual, as is the case in so many religious traditions. A mixture of apples and honey – “charosis” – represents the mortar used by slaves to build the pyramids; horseradish is the “bitter herb” of slavery; an egg is the eternal symbol of hope and new life.

Each individual or family is asked to contribute a dish for the dinner. While it is not necessary for every dish to be “authentic”, retaining the flavor of this tradition is best served by keeping the menu fairly close to that which might be used in a traditional Seder. For example: Veggies – yes; roast meat – yes; pork – no; lasagna – no. Sign-up and recipes for some of the special Passover foods will be available in the USNH Social Hall after the services on April 10 and April 17. **We ask you to sign up ahead of time, so that we will have a place setting for you.** For more information or to sign up by phone, please call Amy Wexler at (203) 901-0300 or Toby Appel at (203) 288-4532.