
You Are Not Alone

We are here for you...

You do not have to be receiving other services from the Hays-Caldwell Women's Center to be eligible for advocacy services.

Who qualifies for our services?

People who live or work in Hays or Caldwell County who have been victims of:

- Family Violence
 - Physical Abuse
 - Psychological Abuse
 - Verbal Abuse
 - Emotional Abuse
- Sexual Abuse and/or
- Sexual Assault

Victims have the right to receive:

Advocacy	Options
Assistance	Referrals
Confidentiality	Services
Information	Support

*If you would like the support of an HCWC Advocate, call us to schedule an appointment:
512-396-3404*

*Si usted desea el apoyo de asesoría de HCWC, llámenos para hacer una cita:
512-396-3404*

Quick Reference Guide

Area Shelters

Austin
(877) 384-9891
Bastrop
(512) 303-7755
Hays-Caldwell Co.
(512) 396-4357
New Braunfels
(830) 620-4357
Seguin
(830) 372-2780
1(800) 834-2033
San Antonio
(210) 733-8810
San Marcos Homeless Shelter
(512) 392-6697
San Marcos Youth Shelter
(512) 754-0500

Crisis Counseling

Suicide Hotline
1(877) 466-0660
Nat'l Domestic Violence Hotline
1(800) 799-SAFE
Rape, Abuse, Incest (RAINN)
1(800) 656-HOPE
Child & Elder Abuse (CPS/APS)
1(800) 252-5400

Police/Ambulance

San Marcos PD
(512) 753-2108
Lockhart PD
(512) 398-4401
Luling PD
(830) 875-5407
Martindale PD
(512) 357-2271
Kyle PD
(512) 268-3232
Buda PD
(512) 312-1001
Hays Co. Sheriff
(512) 393-7896
Caldwell Co. Sheriff
(512) 398-6777

Hospitals

CTMC- San Marcos
(512) 353-8979
GVRMC- Seguin
(830) 379-2411
St. David's- Austin
(512) 476-7111
Seton Hays- Kyle
(512) 324-1000
Seton- Lockhart
(512) 376-9690

Food Bank

Hays County
(512) 392-8300
Caldwell County
(512) 376-6661

Legal Resources

Texas Rio Grande Legal Aid
(512) 374-2700 or
1(800) 369-9270
Texas Advocacy Project
1(800) 777-3247
American Gateways
(512) 478-0546

Mental Health

Scheib
(512) 392-7151
Bluebonnet
1(800) 841-1255

Alcohol/Drug Abuse

Hays-Caldwell Council
(512) 396-7695

Batterer Counseling

San Marcos New Braunfels Lockhart
(512) 353-8923
Austin
(512) 735-2100
Bastrop
(512) 303-7755

To Contact Us

HCWC

P.O. Box 234, San Marcos, TX 78667-0234
(512) 396-3404

24 hour HELpline

(512) 396-HELP (4357)

www.hcwc.org
info@hcwc.org



Family Violence	Sexual Abuse	Child Abuse
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HAYS-CALDWELL WOMEN'S CENTER

Serving Victims of Abuse

Serving Hays & Caldwell counties since 1978

All services are free and confidential

Our Mission

The Purpose of the Hays-Caldwell

Women's Center (HCWC) is to create an environment where violence and abuse are not tolerated in the communities we serve. The Center will provide education, violence prevention services and crisis intervention to victims of family violence, sexual assault and child abuse. We will seek the support and resources necessary to achieve this mission.

The HCWC Advocacy Team maintains an extensive resource library and assists clients in accessing community resources and referrals. Information is available on housing, childcare, transportation, medical, employment, and financial assistance including applying for Crime Victims Compensation and public assistance.

Legal Advocacy Services are also provided by the HCWC Advocacy Team. Legal Advocates assist clients seeking Protective Orders, custody orders, or divorce. We can take pictures to document physical injuries. Legal Advocates will accompany clients to court through legal proceedings and to file a police report if desired.

What We Do

Assistance with applications

- TANF—Government Financial Assistance
- SNAP—Food Stamps
- Medicaid/Medicare
- CHIP—Children's Health Insurance Program
- WIC—Women, Infants, and Children

Legal Services

- Crime Victims Compensation
- Protective Order applications
- Legal Aid applications
- VINE—Victim Information Notification

Services for Adults

- Resource information and referrals :
 - Housing
 - Employment
 - Financial assistance
 - Education/Training
 - Counseling
 - Children's Services

Services for Children

- Children's services for parents attending counseling
- Children's groups

Free and confidential services are available in English and Spanish.

Servicios gratuitos y confidenciales son disponibles en ingles y español.

Possible Effects of Physical Abuse, Sexual Abuse, or Sexual Assault

Emotional Impact

Shock
Disbelief
Embarrassment
Guilt/self-blame
Depression
Powerlessness
Disorientation
Triggered recall
Denial
Repression
Mood swings
Anxiety
Anger and rage
Loss of self-esteem
Sleeplessness
Fear of being alone
Fear of retaliation
Fear of future
Fear of meeting attacker

Physical Impact

Physical injury
Shock
Insomnia
Nightmares
Loss or increase in appetite
Pregnancy
STD's, STI's
HIV

Social Impact

Disturbance in coping
Loss of trust in others
Loss of trust in one's own judgment
Loss of privacy
Difficulty living alone
Marital/family problems
Community stigma

Economic Impact

Medical costs
Counseling/therapy
Time lost at work
Possible loss of job
Possible divorce or separation
Legal costs
Possible change of residence
Possible withdrawal from school

Impact on Youth

Attachment issues
Guilt/self-blame
Drop in grades
Higher risk of drug use and pregnancy

Advocates help create healing through empowerment and self-determination!