

Drug and Alcohol Classes 2015



Drug and Alcohol Education

By teaching young people to find in themselves the strength that they might otherwise try to gain from chemical substances, it is believed that teens can be taught the consequences of drug-related behavior and the benefits of natural highs.

Focus Areas

- Gain facts about illegal drugs.
- Identify the signs of drug abuse.
- Develop healthy problem-solving techniques.
- Learn coping skills to improve self-esteem.
- Understand the legal ramification of drug use.
- Learn refusal skills to assist in peer pressure situations.
- Realize the importance of a healthy sense of self.
- Learn available resources for help.

Rifle

Location: YouthZone, 136 East 12th Street
 Sign Up: 970-625-3141
 Dates: **2015**

February 6	12:00-4:00 PM
April 3	12:00-4:00 PM
June 11	9:00 AM-1:00 PM
August 13	9:00 AM-1:00 PM
October 9	9:00 AM-1:00 PM
December 11	9:00 AM-1:00 PM

Glenwood

Location: YouthZone, 803 School Street
 Sign Up: 970-945-9300
 Dates: **2015**

Mar. 23	9:00 AM-1:00 PM
May 14	4:00-8:00 PM
July 13	9:00 AM-1:00 PM
Sept. 14 & 21	4:00-6:00 PM
November 24	9:00 AM-1:00 PM
December 30	9:00 AM-1:00 PM

Up Valley

Location: **TBD**
 Sign Up: 970-945-9300
 Dates: **2015**

March 10	4:00-8:00 PM
June 15	2:00-6:00 PM
Sept. 22	4:00-8:00 PM