

Massachusetts Dental Hygienists' Association Presents:

# THE CONFERENCE 2015

## MAKING A DIFFERENCE



FRIDAY, SEPTEMBER 18, 2015 - SUNDAY, SEPTEMBER 20, 2015

**NATICK CROWNE PLAZA HOTEL**  
**1360 Worcester Street**  
**Natick, MA**

# INTRODUCTION

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On behalf of the Massachusetts Dental Hygienists' Association, we are delighted to invite you to attend **The Conference 2015, "Making a Difference"**, held September 18th - September 20th at the Crowne Plaza Hotel ("The Verve") in Natick, MA. Once again, we are excited to be holding our conference over three days and have invited **Exhibitors** on both Friday and Saturday to showcase their services and products, allowing **2 CEU's** for Conference attendance. In the following pages you will find complete details on the meeting, along with the many benefits you will receive. From enhancing your professional skills, engaging in conversations with noted healthcare experts, networking with colleagues and relaxing with friends to viewing and sampling the latest products from a multitude of exhibitors, this meeting is a must attend event! Make sure to visit our sponsors to discover the latest products and have them stamp your **Sponsor Card**. Turn in your fully stamped card for several chances to win great prizes being drawn throughout the day both Friday and Saturday.

**JOIN US FRIDAY** all day as first we delve into **Chemical Dependency: Understanding Dental Implications with Addiction and Recovery** presented by Barbara Sheerin RDH, MEd, professor of Dental Hygiene at Cape Cod Community College and Paul Sheerin MA, Rehabilitation Counselor. After lunch we continue with **Advanced Periodontal Techniques 2015** with Anna Pattison RDH, MS, internationally recognized speaker on Advanced Periodontal Instrumentation and co-director of the Pattison Institute. **BONUS:** Attend our **Sponsor Product Presentation** during lunch to receive an additional free 1 CEU.

**SATURDAY MORNING** begins with complimentary coffee and 1 FREE CEU as we discover "Selective Mutism: What You Should Know" presented by Jennifer Sinapius BA, MEd.

**NEW THIS YEAR - The New England Educators' Meeting** featuring periodontal instrumentation

expert Anna Pattison RDH, MS who will present **Teaching Methodology and Strategies for Effective Instruction of Periodontal Instrumentation**, a full day, Hands On Workshop for educators. This meeting takes place on Saturday, provides **9 CEUs** and includes lunch. Please note, this meeting takes the place of the educators' meeting traditionally held in January at Yankee Dental Congress.

**ALSO ON SATURDAY** - The Massachusetts Department of Public Health in their 2011 report referred to Lyme disease as a public health crisis reaching near epidemic proportions. Join us Saturday morning as Michele and Ken Miller, founders of the Central Mass Lyme Disease Foundation present **Lyme Disease 101: Recognition, Treatment and Prevention**. Afternoon highlights will include **New Guidelines in the Treatment of Medically Compromised Patients** presented by Martin J. Dunn DMD and **HIV Privacy, Confidentiality and Discrimination** presented by Helene Bednarsh BS, RDH, MPH.

Please join us Saturday evening at 5:00 pm for drinks and hors d'oeuvres at the **President's Reception and Awards Ceremony**. Enjoy mingling with friends and colleagues while we recognize the hard work and achievements of outstanding dental hygienists and students.

**STUDENTS:** Earn prizes and test your knowledge with Sonya Salisbury from P&G during the "Jeopardy Board Review" on Saturday afternoon. **New Graduates** please come and network with friends, mentors and colleagues to discuss what challenges will face you in the profession. There are no registration fees for students or new graduates.

**MDHA has gone green** and will be e-mailing course materials directly to registrants in advance, so please provide an e-mail address. We also will no longer mail a printed course catalog but you may either register online or print and mail or fax the following registration sheet.

# Chemical Dependency: Understanding Dental Implications with Addiction, and Recovery

3 CEUs

Friday, Sept. 18th  
8:30am - 11:30am



## COURSE DESCRIPTION

Substance abuse may have been a national concern but is now deemed a crisis/epidemic. A dental professional may find themselves interacting with people who abuse drugs such as tobacco products, alcohol, cocaine, heroin, marijuana, and methamphetamine and prescription medications. It is important for oral health professionals to be able to identify problems of abuse and to provide informed care or referral. Oral implications of chemical dependency and abuse need to be considered in all phases of the dental hygiene care plan. Following the sharing of a personal story of dependency, abuse and recovery, the dental professional will have a greater understanding of treatment concerns and options.

## COURSE OBJECTIVES

The learner will be able to:

- Identify patterns of dependency and abuse.
- Discriminate drugs of choice and identify impacts on the body and mind.
- Discuss various treatment options that patients may/ are engaged in.
- Identify oral signs of substance abuse and the chemicals within the drugs that cause hard or soft tissues changes.
- Discuss care plan modifications and strategies for a chemically dependent person.

**Barbara Sheerin RDH, MEd**, has more than 30 years of experience in the dental hygiene field. Her career has been multifaceted including, clinical dental hygiene, dental hygiene education, presenter, MDHA officer position and a lifelong member of ADHA. Barbara is currently a Professor of Dental Hygiene at Cape Cod Community College. She has been published in various professional journals and is a contributor to the eleventh edition of the Clinical Practice of the Dental Hygienist by Dr. Esther Wilkins. She is a Past-President of the Massachusetts' Dental Hygienist Association and has served as a Student Advisor to American Dental Hygienists Association for many years.

**Paul Sheerin MA** has a Masters degree in Rehabilitation Counseling and is certified in high school guidance. He has a variety of experiences in the field of substance abuse and addiction. He has worked in residential settings with adolescents battling addictions and mental health issues. His passion for this field brought him to work in medium security prisons providing chemical dependency counseling. Presently, he works in a drug court with court appointed individuals and is currently working on obtaining his licensed alcohol drug counselor (LADC) at the University of Massachusetts/Boston.

**Danielle A.** is a courageous woman, mom, living a life in recovery from a chemical addiction.

**Sponsored by:**

**ADHA MA**  
North Shore Component (NSDHA)

# From Charts to Chartless - Assisting Your Practice in the Transition to Electronic Records to Optimize the Patient Experience

3 CEUs

Friday, Sept. 18th  
8:30am - 11:30am



## COURSE DESCRIPTION

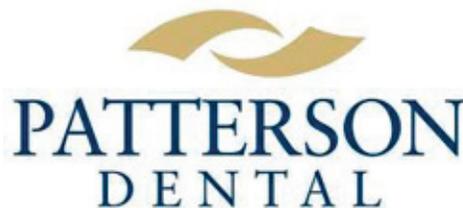
The dental practice of 2015 is moving into the digital environment that is seen in other areas of our lives. Patients are expecting to be treated in dental practices with the most up-to-date technology available. Utilizing practice management software and digital imaging are important components of this expectation. But how do practices transition from paper to electronic? What are the basic requirements and needs for the practice and what role does the dental hygienist play in providing patients with the digital experience they are expecting? This program will review basic requirements for electronic dental records and how a practice can transition from paper charts to electronic charts. Patterson Eaglesoft software and products will be discussed and demonstrated during this program.

## COURSE OBJECTIVES

Upon completion of the program participants should be able to:

1. Discuss dental electronic records and how they enhance the patient experience
2. Review HIPAA requirements as they pertain to dental electronic records
3. Describe the role of digital radiography in dental practice and the patient experience
4. Define steps needed to go from paper charts to electronic charts
5. Examine Eaglesoft dental software
6. Explain the hygienist's role in electronic dental records to assist the practice in optimizing the patient experience

## SPONSORED BY



**Ann-Marie DePalma CDA, RDH, MEd, FADIA, FAADH** is a graduate of the Forsyth School for Dental Hygienists and holds a Bachelor of Health Science Degree from Northeastern University. Ann-Marie received a Masters Degree in Education in Instructional Design from the University of Massachusetts and is a Fellow of the American Academy of Dental Hygiene in Education and the Association of Dental Implant Auxiliaries. Ann-Marie is currently a technology advisor for Patterson Dental and she has been a clinical and business advisor for a national dental consulting company, a faculty member at a dental hygiene program, consultant/educator for several dental/hygiene companies and the program chair of a dental assisting program. Ann-Marie is active in the Massachusetts Dental Hygienists' Association having served in various positions, including Treasurer, and is also a past president of the Forsyth Alumni Association and a member of the American Academy of Dental Hygiene. In 2000, she was awarded the Massachusetts Dental Society's Hygienist of the Year Award. Active in her community, she is a Minister of the Word at her church and has been a member of several parents' groups.

# Lunch & Learn: Sponsor Product Presentation

1 FREE CEU

Friday, Sept. 18th  
12:00pm - 1:00pm



Earn a free CEU while you listen to select sponsors present the latest products and the science behind them.

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## Friday All Day Session (includes lunch)

### Chemical Dependency - Barbara Sheerin

3 CEUs

Friday, Sept. 18th  
8:30am - 11:30am

### Advanced Periodontal Techniques 2015 - Anna Pattison

3 CEUs

Friday, Sept. 18th  
1:30pm - 4:30pm

**\$95.00** ADHA Members, **\$135.00** Non-members

\*\*Attend the Sponsor Product Presentation for an additional free CEU\*\*  
(ONLY the All Day session includes free box lunch of your choice)

# Advanced Periodontal Instrumentation Techniques 2015

3CEUs

Friday, Sept. 18th  
1:30pm - 4:30pm



## COURSE DESCRIPTION

New instruments, innovative fulcrums, and techniques will be shown with new online videos. This update on advanced instrumentation techniques for periodontitis, maintenance, and implant patients will bring you up-to-date on new trends and developments in instrumentation. Topics of discussion will include advanced techniques for use of the best new hand instruments, techniques for use of the best new magnetostrictive and piezoelectric ultrasonic tips, and new alternative fulcrums and positions for scaling deep periodontal pockets.

**Anna Pattison, RDH, MS** received her BS degree in Dental Hygiene from the University of Southern California and her MS in Dental Hygiene from Columbia University. She was an Associate Professor at USC for over forty years, has served as Chair of the Department of Dental Hygiene and is an internationally recognized speaker on Advanced Periodontal Instrumentation. She is co-author of *Periodontal Instrumentation* and has contributed to the last seven editions of *Glickman's and Carranza's Clinical Periodontology*. She is the former Editor-in-Chief of *Dimensions of Dental Hygiene* and is currently the Co-Director of the Pattison Institute.

## COURSE OBJECTIVES

1. Describe techniques for use of the newest hand instruments
2. Discuss correct magnetostrictive and piezoelectric ultrasonic scaling techniques
3. Recognize the indications for extraoral, opposite arch, and alternative fulcrums
4. Review new positions and fulcrums for deep periodontal pockets

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Exhibitors both Friday & Saturday!

# Massachusetts Public Health Dental Hygiene Practice Continuing Education

4 CEUs

Friday, Sept. 18th  
12:30pm - 5:00pm



## COURSE DESCRIPTION

Participants of this course will complete the 4-hour educational requirement to practice as a Massachusetts Public Dental Hygienist in the Commonwealth of Massachusetts. The course will cover the three required components set forth by the Board of Registration in Dentistry: infection control, risk management, and medical emergency review.

## COURSE OBJECTIVES

The participant will be:

1. Knowledgeable of the Public Health Dental Hygienist Practice rules and regulations.
2. Able to discuss components of risk management, which include HIPAA, informed consent, documentation, liability insurance, and public health reportable diseases.
3. Able to discuss various signs, symptoms, and treatment for various medical emergencies.
4. Able to discuss prevention methods and response to a medical emergency.
5. Able to discuss current infection control guidelines for portable equipment in a public health setting.
6. In addition, dental hygienists will need to complete a 6-hour observation component in order to meet the total 10-hour training requirement for practicing public health dental hygiene. More information will be provided during the course.

**Barbara Sheerin RDH, MEd**, has more than 30 years of experience in the dental hygiene field. Her career has been multifaceted including, clinical dental hygiene, dental hygiene education, presenter, MDHA officer position and a lifelong member of ADHA. Barbara is currently a Professor of Dental Hygiene at Cape Cod Community College. She has been published in various professional journals and is a contributor to the eleventh edition of the Clinical Practice of the Dental Hygienist by Dr. Esther Wilkins. She is a Past-President of the Massachusetts's Dental Hygienist Association and has served as a Student Advisor to American Dental Hygienists Association for many years.

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Check out our Basket Raffle!

# MDHA Early Morning Session Selective Mutism: What You Should Know

1 FREE CEU

Saturday, Sept. 19th  
7:30am-8:30am



## COURSE DESCRIPTION

Selective Mutism is a complex childhood anxiety disorder characterized by a child's inability to speak and communicate effectively in select social settings, such as school, yet they are able to speak and communicate in settings where they are comfortable, secure, and relaxed. Diagnostic criteria of SM in the DSM- IV, indicates failure to speak is not due to a lack of knowledge of, or comfort with, the spoken language. It is also not better accounted for by a Communication Disorder (e.g., Stuttering) and does not occur exclusively during the course of a Pervasive Developmental Disorder, Schizophrenia, or other Psychotic Disorder, yet SM is often misdiagnosed, mismanaged and misunderstood. This course will give a brief overview of Selective Mutism. Discussion will touch upon diagnostic criteria, etiology, behavioral characteristics, misconceptions and education/referral information. We will also discuss ways in which to best prepare a child with SM for treatment in the dental office.

**Jennifer Sinapius B.A., MEd.** earned her B.A. in Elementary/Special Education and Human Development at Rivier College and her MEd. in Special Education at Salem State University. She has worked for the last 10 years in the Massachusetts Public School system with children in grades K-6. She holds certification in Early Childhood, Elementary and Special Education. She has served on a committee to assist the Massachusetts Department of Elementary Education create model curriculum units. Jen is also the mother of a child with Selective Mutism.

## **Sponsored by:**

**ADHA MA**

North Shore Component (NSDHA)

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Get your sponsor card stamped while visiting the exhibitors.  
**Submit it for several chances to win great prizes.**

**New England Educators' Meeting:  
Teaching Methodology and  
Strategies for Effective Instruction  
of Periodontal Instrumentation**

**HANDS-ON WORKSHOP**

9 CEUs - Includes Lunch

Saturday, Sept. 19th

8:00am -5:00pm



**\*Educators only. Space is limited!**

**COURSE DESCRIPTION**

This lecture, discussion and hands-on presentation will compare and contrast the use of various methods for teaching periodontal instrumentation. Strategies for teaching the fundamentals of instrumentation in pre-clinic and for teaching advanced techniques in clinic will be discussed. Best practices with instructional methods, calibration of faculty and evaluation of student progress will be analyzed. Participants will be provided with periodontal typodonts, poles and four to six cassettes of instruments in order to compare and contrast various instruments and instrumentation techniques while watching streaming online videos and live television demonstrations by Anna Pattison.

***Participants are asked to bring safety glasses and gloves. It is advisable for attendees to not wear white clothing. Typodonts, poles, and complete instruction kits will be provided for use only during the course.***

**LEARNING OBJECTIVES**

Upon completion of this course, the participant will be able to:

- 1) Describe the most important components of teaching instrumentation technique.
- 2) Compare advantages and disadvantages of teaching basic and advanced instrumentation with periodontal typodonts vs. student partners or patients.
- 3) Evaluate different methods of demonstrating instrumentation skills.

- 4) Describe the effective use of video instruction in the classroom, laboratory, clinic and for review and practice by students at home.
- 5) Demonstrate and describe the differences between:
  - a) a Relaxed Modified Pen Grasp and a Standard Modified Pen Grasp
  - b) Intraoral, Finger-on-finger, Opposite Arch, Cross Arch, Extraoral and Extraoral Reinforced Fulcrums
- 6) Demonstrate and describe the basic principles of instrumentation with various instruments.
- 7) Compare traditional instrument designs with the newest instruments on the market from several different companies.
- 8) Discuss effective methods and intervals for evaluation of instrumentation skills.

**Anna Pattison, RDH, MS** received her BS degree in Dental Hygiene from the University of Southern California and her MS in Dental Hygiene from Columbia University. She was an Associate Professor at USC for over forty years, has served as Chair of the Department of Dental Hygiene and is an internationally recognized speaker on Advanced Periodontal Instrumentation. She is co-author of Periodontal Instrumentation and has contributed to the last seven editions of Glickman's and Carranza's Clinical Periodontology. She is the former Editor-in-Chief of Dimensions of Dental Hygiene and is currently the Co-Director of the Pattison Institute.

**MDHA would like to thank the following companies for their generous sponsorship of the New England Educators' Meeting:**



*P&G Oral Health*



*FIRST BECAUSE WE LAST.*



**Paradise Dental Technologies**

CREATORS OF THE *MONTANA JACK*® & INNOVATORS OF DENTAL PRODUCT DESIGN

# Local Anesthesia: Review, Refresh, and Reconsider

4 CEUs

Saturday, Sept. 19th  
8:00am – 12:00pm



## COURSE DESCRIPTION

This course will review and refresh the skills and knowledge required for the safe and effective administration of local anesthesia for pain control, and provides an overview of the Permit L certification course. Participants will learn how to select appropriate anesthetic agents, prepare local anesthetic equipment, and practice sharps safety. Anatomical landmarks for each injection will be located on a skull and attendees will practice standard injection techniques on chicken legs. This course is a review and is not intended to satisfy the requirements to obtain the Permit L.

## COURSE OBJECTIVES

1. Review the Permit L certification course
2. Identify head and neck structures involved in maxillary and mandibular injection techniques
3. Identify the nerves involved in achieving local anesthesia
4. Review the pharmacology of local anesthetics and vasoconstrictors
5. Prepare the basic armamentarium for delivering local anesthesia
6. Review sharps safety and needle stick prevention
7. Practice basic injection techniques for local anesthesia administration

**Katherine Soal RDH, CDA, MSDH** started her career as a dental assistant in England in 1984, attended Brighton Technical College and became a Registered Dental Surgery Assistant in 1986. After emigrating to the United States in 1987, Kate continued dental assisting until attending Quinsigamond Community College where she earned her Associates in Dental Hygiene in 1999, a Bachelors' degree in Natural Science (Magna Cum Laude) from Worcester State University in 2010, and a Masters' degree in Dental Hygiene from Massachusetts College of Pharmacy and Health Sciences University in 2014.

In 2003, Kate began teaching as an adjunct at Quinsigamond Community College and in 2012 became full-time faculty lecturing in dental radiology, periodontology, local anesthesia, and pharmacology along with all levels of clinical instruction. She also is adjunct faculty at Mount Wachusett Community College teaching local anesthesia. Kate's clinical dental hygiene experience was gained during private periodontal practice in Worcester, MA from 1999 to 2013. Kate is a proud member of the ADHA and volunteers her time as assistant secretary and alternate delegate for ADHA Massachusetts, and as the Massachusetts representative for the ADHA State Education Network.

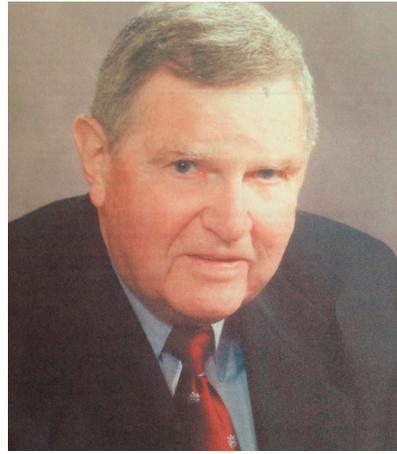
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Register Online at [www.massdha.org](http://www.massdha.org)  
and follow the links to "Online Registration"

# Team Management of Medical Emergencies in the Dental Office

3 CEUs

Saturday Sept. 19th  
8:30am - 11:30am



## COURSE DESCRIPTION

This 3 hour course will detail the preparation for medical emergencies including the necessary drugs, equipment and scheduled mock drills emphasizing the duties of each team member in the management of the emergencies. The eleven most common medical emergencies will be detailed including prompt recognition of the signs and systems of these emergencies and an equally prompt treatment by the entire dental team.

## COURSE OBJECTIVES

At the conclusion of this course, participants should be able to:

- Be aware that medical emergencies, some of which are life threatening, do occur with a degree of frequency in the dental office.
- Know the necessary drugs, equipment and mock drills to prepare for these emergencies.
- Learn the specific duties of each of the team members in treating medical emergencies.
- Recognize the signs and symptoms of specific emergencies.
- React quickly and confidently in the treatment of each medical emergency.
- Know the precautions to undertake to prevent specific medical emergencies from occurring.

**Martin J. Dunn, DMD** received his dental doctorate from Tufts University School of Dental Medicine, with postgraduate residency in Oral & Maxillofacial Surgery at Boston City Hospital/ Medical Center and Tufts University - School of Graduate Dentistry and also continuing education worldwide in Louisiana, Texas, France, Denmark and Switzerland. Dr. Dunn has built an illustrious career. He has lectured nationally and internationally. He has received numerous awards and honors most notably for his humanitarian work in Ecuador, Bolivia and Peru. He personally led 60 medical missions to South America and the former Soviet Union and raised over 5 million to subsidize the medical teams and support healthcare and clinics in these countries. His credits include: Diplomat - American Board of Oral & Maxillofacial Surgery, Fellow- American Association of Oral & Maxillofacial Surgeons and Fellow- American College of Oral & Maxillofacial Surgeons. He had a private Oral and Maxillofacial Surgery practice for 34 years. He was a former Professor for 35 years of Head & Neck Anatomy at Forsyth School of Dental Hygiene as well as a former Associate Clinical Professor of Oral & Maxillofacial Surgery at Boston University School of Graduate Dentistry, and former Director of Oral & Maxillofacial Surgery Assistants' Program - Boston University School of Graduate Dentistry. He was also a Consultant - Oral & Maxillofacial Surgery at Walter Reed Army Medical Center. Dr. Dunn is also the author of several professional journal articles as well as "The Anatomical Basis of Dental Hygiene - Head and Neck Anatomy. He currently teaches a course on Management of the Medically Compromised Patient at the Forsyth School of Dental Hygiene at MCPHS.

# Lyme disease 101: Recognition, Treatment and Prevention

3 CEUs

Saturday, Sept. 19th  
9:00am – 12:00pm



## COURSE DESCRIPTION

The Massachusetts Department of Public Health in their 2011 report, referred to Lyme disease as a public health crisis reaching epidemic proportions. The CDC lists over 5000 confirmed and probable cases of Lyme in Massachusetts in the year 2013; over 3 times the number of cases than in 2004. Early detection and treatment of Lyme is critical to avoid possible devastating long term health effects. This course will discuss the prevalence of Lyme disease in the Northeast, its' etiology and the long term health effects associated with untreated Lyme disease. Discussion will also include recognition of symptoms, diagnosis, treatment and most importantly, prevention.

## COURSE OBJECTIVES

After completing this course the participant should be able to:

- Discuss the prevalence of Lyme disease.
- Understand the etiology and mode of transmission of Lyme disease.
- Identify the clinical manifestations of Lyme disease, including those symptoms that might bring an individual to the dental office.
- Note the challenges in the differential diagnosis of Lyme disease and know what testing may be performed.
- List treatment options for Lyme.
- Implement recommendations for prevention of Lyme disease.

**Michele and Ken Miller** are founders of the Central Mass Lyme Foundation. Michele witnessed firsthand the debilitating effects of this disease when she lost her Mom, Jeanne Cloutier in 2013. As both Ken and Michele observed Jeanne's suffering and read her despair in her journals, they recognized the need to help raise awareness, educate, teach prevention and provide support in their local community. Michele and Ken had their first Mass Lyme Conference this past March and over 500 people attended; proof that Lyme disease is a real problem in our state. They can be reached through their website at [www.CentralMassLyme.org](http://www.CentralMassLyme.org), email at [CentralMassLyme@gmail.com](mailto:CentralMassLyme@gmail.com) or TOLL FREE at 1-888-511-LYME.

# Lunch & Learn: Transforming the Dental Hygiene Profession; Meeting the Access to Care Crisis

1 CEU

Saturday, Sept. 19th  
12:00pm - 1:00pm



## COURSE DESCRIPTION

We will discuss the transformation of the dental hygiene profession and legislative initiatives in Massachusetts. What are the environmental drivers creating the demand for change in the way we practice? How will the profession of dental hygiene need to change to meet the growing needs of the public? What is your role in this transformation? Current practices and creative solutions will be explored with the goal of opening the doors to oral health access.

**E. Jane Crocker RDH** is a 2006 graduate of Quinsigamond Community College, Worcester, MA with a degree in Dental Hygiene. She also holds an associate's degree in Business Administration. Jane is a proud member of the American Dental Hygienists' Association and is the current president of Massachusetts. She is also an elected official on the Templeton Board of Health, and BOHMAC. Her passion is to provide preventative dental care, as well as education to all regarding optimal oral health and the connection it has to overall health.

## COURSE OBJECTIVES

- Understand the drivers for change in meeting the access crisis.
- Explore innovative Hygiene-based workforce models.
- Address current state policies affecting clinical dental hygiene practice.
- Explore new practice models for clinical practice.
- Investigate societal needs for patient care.
- Navigate current federal policies affecting clinical practice.
- Legislative initiatives for Massachusetts

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**In October 2011 MDHA visited Tower Hill Botanical Gardens and we were fortunate enough to meet Kim Todd Executive Director for Dress for Success - Boston. A donation was given to Dress for Success as well as vouchers for free dental hygiene services at Forsyth.**

MDHA would like to partner with Dress for Success again and here is how you can HELP!!!  
**Simply bring a GENTLY USED Hand bag (pocketbook) to The Conference to donate. For each gently used bag you donate you will receive a chance to win a NEW HANDBAG!** Handbags will be collected on Friday & Saturday outside of the Exhibitors Hall. The drawing for the new handbag will be held at the Presidents Reception & Awards Ceremony on Saturday Evening

**"The clothing that Dress for Success provides to our clients symbolizes our faith in every woman's ability to succeed."**  
For more information please visit: [www.dressforsuccess.org/boston](http://www.dressforsuccess.org/boston)



**DRESS FOR SUCCESS®**  
BOSTON

# HIV Privacy, Confidentiality and Discrimination

2 CEUs

Saturday, Sept. 19th  
1:30pm - 3:30pm



## COURSE DESCRIPTION

This course provides an overview of MA and Federal laws on privacy and discrimination especially relative to persons living with HIV. We will discuss how these laws impact our practice and the patients we serve. In addition, best practices to avoid unintentional violations will be presented. A video demonstrating how confidentiality can be breached along with a discussion will be evidence for the importance of civil rights laws when treating protected populations

**Helene S. Bednarsh BS, RDH, MPH** is Director of the HIV Dental Program, Boston Public Health Commission. She was a consultant to the Evaluation Center for the HRSA/HAB SPNS Oral Health Initiative from 2006-2012. She is Vice President of HIVDENT.

In 1974 she received a B.S. and a Certificate in Dental Hygiene from the University of Michigan and was awarded Outstanding Dental Hygiene Alumni in September 1998 and the 2007 Distinguished Service Award from the University of Michigan Dental School. She received a MPH from the University of Texas, Health Sciences Center at Houston.

Over the past 39 years she has been involved in local, state and federal public health programs and was the first Community Development Specialist in the Indian Health Service.

Ms. Bednarsh is the Dental Director for the New England AIDS Education and Training Center. She has participated in regional, national and international programs on infection control and HIV/AIDS. As a member of APHA she served as on Oral Health Section Council, Governing Council and Action Board. A member the American Association of Public Health Dentistry she serves on the membership committee. She is a lifetime member of OSAP and past Board member.

She was a member of the ADA/DAAC special workgroup on the Management of Occupational Exposure to BBPS and TB. She is a member of the ADA Wellness Committee/Peers Network for issues related to HIV/AIDS. She was a Governor Appointee to the MA Special Legislative Commission to study the Oral Health Status and Accessibility of Dental Care Services for Residents of the Commonwealth in 1998 representing persons living with HIV.

She has numerous publications and contributed to the CDC Dental Infection Control Guidelines 2003.

Ms. Bednarsh was the recipient of the 2005 American Dental Hygienists Association Alfred C. Fones Award. In Dec 2010 she was selected as one of six RDHs you should know by Dimensions of Dental Hygiene.

# New Guidelines in the Management of the Medically Compromised Patient in the Dental Office

3 CEUs

Saturday, Sept. 19th

1:30pm - 4:30pm



## COURSE DESCRIPTION

In 1910, the average life expectancy in the United States was 40 years of age; today it is almost 80. Currently, there are 5 million people over the age of 85, with the projection that by 2050, this number will reach 17 million. This increase is due to medical advances such as new surgical techniques, drug therapy, chemotherapy and organ transplants that allow patients who previously were confined to their home or unable to work to live fairly normal lives and seek dental treatment. Many of these potentially at-risk patients have chronic disorders that are controlled but not cured; however, they need dental care and must be carefully managed in the dental office. This session will review issues and complications associated with medically compromised patients in the dental setting and provide guidance for proper management, focusing particularly on new concepts and recent guidelines.

## COURSE OBJECTIVES

Upon completion of this session, participants should be able to:

- Review new guidelines regarding hypertension parameters and determine when a patient should abstain from dental treatment.
- Identify current prophylactic antibiotic coverage in cardiovascular disease and total joint replacement.
- Analyze appropriate use of vasoconstrictors in local anesthetics for patients with cardiovascular disease and hyperthyroidism.
- Determine if and when to discontinue anticoagulants in blood producing procedures.
- Evaluate the effect of new oral anticoagulants in treatment of atrial fibrillation for the prevention of blood clots and stroke on dental patients.

- Explain the significance and use of the HbA1C test in diabetes patients.
- Identify proper procedures for management of patients on steroids and patients on dialysis.

**Martin J. Dunn, DMD**, received his dental doctorate from Tufts University School of Dental Medicine, with postgraduate residency in Oral & Maxillofacial Surgery at Boston

City Hospital/Medical Center and Tufts University - School of Graduate Dentistry and also continuing education worldwide in Louisiana, Texas, France, Denmark and Switzerland. Dr. Dunn has built an illustrious career. He has lectured nationally and internationally. He has received numerous awards and honors most notably for his humanitarian work in Ecuador, Bolivia and Peru. He personally led 60 medical missions to South America and the former Soviet Union and raised over 5 million to subsidize the medical teams and support healthcare and clinics in these countries. His credits include: Diplomat - American Board of Oral & Maxillofacial Surgery, Fellow- American Association of Oral & Maxillofacial Surgeons and Fellow- American College of Oral & Maxillofacial Surgeons. He had a private Oral and Maxillofacial Surgery practice for 34 years. He was a former Professor for 35 years of Head & Neck Anatomy at Forsyth School of Dental Hygiene as well as a former Associate Clinical Professor of Oral & Maxillofacial Surgery at Boston University School of Graduate Dentistry, and former Director of Oral & Maxillofacial Surgery Assistants' Program - Boston University School of Graduate Dentistry. He was also a Consultant - Oral & Maxillofacial Surgery at Walter Reed Army Medical Center. Dr. Dunn is also the author of several professional journal articles as well as "The Anatomical Basis of Dental Hygiene - Head and Neck Anatomy. He currently teaches a course on Management of the Medically Compromised Patient at the Forsyth School of Dental Hygiene at MCPHS.

# Student Event: Jeopardy Board Review

Saturday, Sept. 19th  
1:45pm - 3:45pm



**Sonya Salisbury RDH, BS**

All Students are welcome to join this annual event. It is a great time to review for your boards as Sonya Salisbury from P&G presents the Jeopardy Board Review. Test your knowledge and preparedness for the National Board Exam in a relaxed, fun atmosphere and maybe even win a prize.



Sponsored by:



*P&G Oral Health*

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## MDHA Presidents Reception & Awards Ceremony

Saturday, September 19th

5:00 PM

**All are welcome!**

# Living with Diabetes

2 CEUs

Sunday, Sept. 20th

9:00am - 11:00am



## COURSE OBJECTIVES

- To define Diabetes.
- To understand the prevalence and incidence of diabetes.
- To review basic anatomy as it pertains to diabetes.
- To review the different types of Diabetes.
- To discuss obesity rates.
- To discuss symptoms of diabetes
- To review hypoglycemia and hyperglycemia and how it relates to your dental practice.
- To outline different medications used in the treatment of diabetes.
- To discuss alternative treatments and modalities utilized to control and monitor blood sugar.
- To educate on the relationship between oral health and systemic health.

**Amy Booth, CDA, RDH, MEd**, has more than 25 years' experience in the dental hygiene field. Her career has been multifaceted including, clinical dental hygiene, dental hygiene education, speaking locally and being a member of ADHA. Amy is a Professor of Dental Hygiene and Dental Assisting at Quinsigamond Community College. She also has been certified to teach exercise and fitness for the past 24 years and is currently a spin instructor at a local fitness center. Amy has a strong background in health and nutrition and encourages all to live a healthy lifestyle. She has been living with Type 1 diabetes for 31 years and likes to educate and collaborate with other healthcare professionals.

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## Mary Dole Scholarship

ADHA-Massachusetts is excited to announce the establishment of the **Mary Dole Scholarship**. Mary Dole was actively involved with the association on a state and component level. She served as secretary, vice president, chairman of several committees, and business manager of the Bulletin for the ADHA-Massachusetts. Mary Dole received the Esther M. Wilkins award and the Alfred C. Fones Award. She was an example to many for her service and dedication to the profession of dental hygiene.

The Mary Dole Scholarship will recognize and assist students who share and demonstrate Mary's passion for, commitment, dedication and service to the profession of dental hygiene.

Please consider a donation to the Mary Dole Scholarship fund while registering for the Conference. There will also be a table set up for contributions for the Mary Dole Scholarship at the Conference.

# Infection Control Update for the Practitioner

3 CEUs

Sunday, Sept. 20th  
9:00am - 12:00pm



## COURSE DESCRIPTION

This course will review the components of providing safe patient care in the dental setting. Current infection control protocols and theory will be discussed including: an update on diseases and disease transmission theory, recommendations for hand hygiene, sterilization and instrument handling protocols, chemicals and devices appropriate for the healthcare setting and biofilm control and water line safety. A list of resources to aid the participant in maintaining currency in this area will be available for the practitioner.

## COURSE OBJECTIVES

- Discuss the components of an infection control plan for providing safe patient care in the dental setting.
- Understand the importance of identifying the potential for disease transmission in the dental setting and recommended practices to prevent disease transmission in the dental setting.
- Develop a plan for reviewing current practices and implementation of the CDC and OSHA guidelines in your practice.

**Donna Rollo, RDH, M.Ed.** is currently a Professor of Dental Hygiene and Freshmen Clinical Coordinator at Quinsigamond Community College in Worcester, MA.

She was previously, Chairperson and faculty member at Middlesex Community College in Lowell, MA

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Register Online at [www.massdha.org](http://www.massdha.org)  
and follow the links to “Online Registration”

MDHA would like to thank all their sponsors for helping to make **The Conference 2015** an informative, enlightening and fun event.

Don't forget to visit the Exhibitors' Hall on Friday and Saturday

## THE CONFERENCE 2015 is sponsored by...



# 2015 Massachusetts Dental Hygienists' Association Conference

September 18th-September 20th

Crowne Plaza Hotel Natick, MA

Please use a separate form for each registration. Payment must accompany registration.

## REGISTRATION (2 CEUs)

Sign me up as an ADHA member (\$241) I will pay the member cost for registration and courses. Up to \$195 in savings!

### CIRCLE ONE

### EARLY DISCOUNT (ends 9/1/2015)

### ON SITE

ADHA Member

\$50

\$65

Non Member

\$70

\$85

SADHA Member/New Graduates

No Charge

No Charge

Dental Assistant/Dentist/Other

\$70

\$85

## CONTINUING EDUCATION COURSES (Please circle the Continuing Education course(s) you wish to attend):

### FRIDAY

### Members

### Non-Members

8:30 am - 4:30 pm

- **ALL DAY SESSION:** Chemical Dependency (8:30-11:30)

followed by Advanced Periodontal Techniques (1:30-4:30)

includes lunch (6 CEUs)

95.00

135.00

Choose 1 of the following luncheon options

1. Roast Beef on Rye
2. Herb Roasted Turkey Club
3. Chicken Caesar Salad Wrap
4. Vegetarian Wrap
5. Gluten free option

8:30 am - 11:30 am

- Chemical Dependency: Understanding Dental Implications with Addiction and Recovery (3 CEUs)

55.00

85.00

- From Charts to Chartless - Assisting Your Practice in the Transition to Electronic Records to Optimize the Patient Experience (3 CEUs)

30.00

60.00

12:00 pm - 1:00 pm

- Sponsor Product Lunch & Learn (1 CEU)

FREE

FREE

**LUNCH FOR PURCHASE** - Boxed lunch includes sandwich, apple, chips, cookie, bottled water

25.00

25.00

Choose 1 of the following luncheon options

1. Roast Beef on Rye
2. Herb Roasted Turkey Club
3. Chicken Caesar Salad Wrap
4. Vegetarian Wrap
5. Gluten free option

1:30 pm - 4:30 pm

- Advanced Periodontal Instrumentation Techniques 2015 (3 CEUs)

55.00

85.00

12:30 pm - 5:00 pm

- Massachusetts Public Health Dental Hygiene Practice Continuing Education (4 CEUs)

100.00

185.00

	Members	Non-Members
<b>SATURDAY</b>		
7:30 am - 8:30 am		
• MDHA Early Morning Session Selective Mutism: What You Should Know (1 CEU)	FREE	FREE
8:00 am - 5:00 pm		
• <b>New England Educators' Meeting</b> (Educators Only - space is limited!) Teaching Methodology and Strategies for Effective Instruction of Periodontal Instrumentation (9CEUs Includes Lunch)	95.00	125.00
8:00 am - 12:00 pm		
• Local Anesthesia: Review, Refresh, and Reconsider (4 CEUs)	85.00	125.00
8:30 am - 11:30 am		
• Team Management of Medical Emergencies in the Dental Office (3 CEUs)	50.00	80.00
9:00 am - 12:00 pm		
• Lyme Disease 101: Recognition, Treatment & Prevention (3 CEUs)	50.00	80.00
12:00 pm - 1:00 pm		
• Lunch & Learn: Transforming the Dental Hygiene Profession; Meeting the Access to Care Crisis (1 CEU) <i>Choose 1 of the following luncheon options</i> 1. Roast Beef on Rye 2. Herb Roasted Turkey Club 3. Chicken Caesar Salad Wrap 4. Vegetarian Wrap	25.00	30.00
1:30 pm - 3:30 pm		
• HIV Privacy, Confidentiality and Discrimination (2 CEUs)	30.00	50.00
1:30 pm - 4:30 pm		
• New Guidelines in the Management of the Medically Compromised Patient in the Dental Office (3 CEUs)	50.00	80.00
<b>SUNDAY</b>		
9:00 am - 11:00 am		
• Living with Diabetes (2 CEUs)	30.00	50.00
9:00 am - 12:00 pm		
• Infection Control Update for the Practitioner (3 CEUs)	50.00	80.00
<b>SATURDAY SOCIAL EVENT</b>		
5:00 pm - 7:00 pm		
• President's Reception/Awards Ceremony - <b>All Welcome!</b>	FREE	FREE
<b>Mary Dole Scholarship Donation:</b>	5.00	5.00

# There are several ways to register:

1. Register on-line: [www.massdha.org](http://www.massdha.org)
2. Print and fax completed registration with credit card information to: 978-935-9993
3. Print and mail completed registration and a check payable to "MDHA",  
PO Box 457 Clinton, MA 01510

## Questions? Call 508-808-9642

MDHA Refund Policy: No refund requests will be accepted after August 21, 2015.

Refunds will be issued after October 24, 2015 and a \$25 fee will be charged for processing.

Name \_\_\_\_\_ Nickname(for badge) \_\_\_\_\_  
Credential \_\_\_\_\_ Email Address \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Day Phone \_\_\_\_\_ Fax \_\_\_\_\_

## MDHA HAS GONE GREEN!

Please provide your email address.

Materials are or will be available to download.

*Sign me up as an ADHA Member (\$241) for added registration and course savings!!!*

**TOTAL:** ADHA Membership \$241 \_\_\_\_\_  
Registration (all attendees must register) \_\_\_\_\_  
Course Total \_\_\_\_\_  
Events/Luncheons \_\_\_\_\_

**TOTAL FEES ENCLOSED:** \_\_\_\_\_

**PAYMENT: Please circle:** Check Mastercard Visa Exp. Date \_\_\_\_\_ Card Number \_\_\_\_\_

Print Name on Card \_\_\_\_\_ Authorized Signature \_\_\_\_\_

Card Billing Address \_\_\_\_\_ City, State, Zip \_\_\_\_\_

# CROWNE PLAZA HOTEL

1360 Worcester St. Natick, MA 01760 (508-653-8800)

www.crowneplaza.com

## Hotel Directions:

### FROM ROUTE 128:

Take exit 20B to Rt. 9 West for approximately 7 miles. Natick Mall will be on your right. Go to the second light and make a U turn. Crowne Plaza is on your right.

### WEST ON MASS TURNPIKE - EXIT 13

After the tollbooth, bear right onto Rt. 30 West towards Framingham. At the second light, take a left into Shopper's World. Follow the road to the last set of lights and take a left onto Rt. 9 East. Crowne Plaza is on your right.

### EAST ON MASS TURNPIKE - EXIT 12

After the tollbooth take Exit for Rt. 9 East. Follow Rt. 9 for approximately 7 miles. The Crowne Plaza is on the right.

### FROM ROUTE 495

Take Rt. 495 to exit 23A Rt. 9 East. Follow Rt. 9 for approximately 8 miles. Crowne Plaza is on the right.

### FROM PROVIDENCE

Take Rt. 95 North to Rt. 495 North to Rt. 9 East. Crowne Plaza is on the right.

### FROM NEW HAMPSHIRE/MAINE

Take Rt. 93 South to Rt. 95/128 South to Rt. 9 West - Exit 20B. Follow directions from Rt. 128.

## Hotel Reservations:

Limited guestrooms are available.

Please call hotel directly for reservations.

## JOIN ADHA - RECEIVE COURSES FOR MEMBER FEES

If paying by check make payable to "ADHA" for \$241.00 and an additional check made payable to "MDHA" for course selections using the member fee schedule.

QUESTIONS: Call MDHA at 508-808-9642

### MEMBERSHIP APPLICATION - PLEASE PRINT OR TYPE

Name \_\_\_\_\_  
(Last, First, Middle Initial) Social Security Number \_\_\_\_\_

Circle your appropriate professional credential: RDH GDH LDH OTHER \_\_\_\_\_

Maiden Name \_\_\_\_\_ Daytime Telephone ( ) \_\_\_\_\_

Street Address \_\_\_\_\_ Apt.# \_\_\_\_\_ City/State/Zip Code \_\_\_\_\_

e-mail address: \_\_\_\_\_

Highest Educational Level Attained - Circle One

Certificate Associate Baccalaureate Masters Doctorate

Dental Hygiene School attended \_\_\_\_\_ RDH Lic # \_\_\_\_\_