ABOUT THIS WORKSHOP

This workshop focuses on the theoretical and clinical advances in psychotherapy within the trauma-based, self-psychology, developmental psychopathology, and attachment disorder perspectives. The topics are primarily oriented to improving clinicians’ skills with patients presenting with depression, anxiety, relationship and life-interfering behaviors, eating disorders, paraphilias or sexual disorders and addictions.

PRESENTERS

DANIEL A. GLASER, MSW, LCSW
Mr. Glaser is Program Director of the New Orleans Institute Trauma/Compulsivity Programs at River Oaks Hospital. His national presentations have focused on family therapy, group therapy, and healthy sexuality. Mr. Glaser received his Master’s Degree in Social Work from Tulane University in New Orleans and completed post-graduate specialty training in mental health and aging, sexual dysfunction, and family therapy. He has served on several graduate faculties, teaching at both the masters and doctoral levels, including teaching psychiatry residents in the Department of Psychiatry at Tulane Medical Center. Mr. Glaser works with clients covering the developmental spectrum – children, adolescents, and adults. Outpatient treatment includes relational therapy, sexual dysfunction, trauma-based disorders, sexual compulsivity, and family therapy.

DAWN DIERMANN TREIGLE, MSW, LCSW
Ms. Treigle is the Program Administrator of The New Orleans Institute at River Oaks Hospital. She has been a member of the treatment team since 1992 working at the programs in New Orleans, Louisiana and Torrance, California. Ms. Treigle received her Master’s Degree from Tulane University in New Orleans, Louisiana and specializes in the treatment of trauma and compulsivity. She utilizes individual, family and group therapies in the treatment of adults and adolescents, and has been trained in EMDR. Ms. Treigle lectures regionally and nationally as a member of The New Orleans Institute faculty.

AGENDA

8:30a.m. – 9:00a.m.  Sign-In & Breakfast
9:00a.m. – 10:30a.m.  Multiple Lenses of Grief: Recognition to Reinvention
Daniel A. Glaser, MSW, LCSW
10:30a.m. – 10:45a.m.  Break
10:45a.m. – 12:15p.m.  Expanding Realities & Consolidation: Complex Trauma Informed Therapy
Daniel A. Glaser, MSW, LCSW
12:15p.m. – 1:15p.m.  Lunch on your own
1:15p.m. – 2:45p.m. Treatment of Sexually Reactive Females: Developing a Healthy Sexual Self
Dawn Diermann Treigle, MSW, LCSW
2:45p.m. – 3:00p.m.  Break
3:00p.m. – 4:30p.m. Overcoming Body Dysmorphia: Reclaiming Freedom
Dawn Diermann Treigle, MSW, LCSW

THE SPECTRUM OF HEALING: THE KALEIDOSCOPE OF TRAUMA
TRAUMA-BASED DISORDERS & BEHAVIORAL ADDICTIONS

Workshop hosted by:
THE NEW ORLEANS INSTITUTE AT RIVER OAKS HOSPITAL
Treatments for Trauma-Based Disorders, Compulsive Behaviors & Trauma-Related Eating Disorders
It is the policy of River Oaks Hospital to honor requests for refunds of fees paid by participants for any workshop if received by a deadline. The deadline for requesting a refund is specified on the registration form. As a general rule, no refund will be offered for any request not received by the specified deadline. Refund Policy:

TRAUMA-BASED DISORDERS PROGRAM

This program offers treatment to a diverse trauma population, which includes combat trauma, natural disasters, existential abuse, emotional incest, and sexual abuse. The two tracks are trauma stabilization and trauma resolution. Since trauma has a disorganized focus, the full spectrum of dissociation is addressed. The goal of the program is to promote healing and recovery utilizing information reprocessing. Grief work and anger management, as well as expressive therapies, are integral components of treatment.

COMPULSIVE BEHAVIORS PROGRAM

Services offered address a variety of compulsive behaviors, including sexual compulsions/addiction, paraphilias, addictive relationships, compulsive spending, obsessive relational intrusion, gambling, and self-injury. The majority of clients co-present with other related issues such as substance abuse, eating disorders, depression, and interpersonal difficulties. The models support the belief that compulsions are related to identifiable sources (e.g., family dysfunction and/or trauma), operate in a predictable pattern (cycle identification), and can benefit from treatment. Tools are extensively utilized.

THE EATING DISORDERS TRACK

Trauma and abuse place an individual at risk for the development of eating disturbances, including food restriction, binge eating, purging, compulsive exercise, and body dysmorphic disorder. Individualized treatment is designed based on the client’s unique needs and includes individual therapy, group therapy, expressive movement therapies, and nutritional counseling and guidelines. Didactic modules and dialectical behavior therapy help clients increase the ability to tolerate affect without the use of eating disordered symptoms. Clients learn to identify hunger and healthy eating habits. Our staff helps clients explore and understand their eating disturbance in the context of trauma.

2015 WORKSHOP CALENDAR

March 13, 2015
San Antonio, TX

April 17, 2015
Pensacola, FL

May 15, 2015
White Plains, NY

June 12, 2015
New Orleans, LA

July 31, 2015
Cincinnati, OH

August 21, 2015
St. Louis, MO

September 18, 2015
Birmingham, AL

November 13, 2015
Tampa, FL

December 4, 2015
Asheville, NC

THE NEW ORLEANS INSTITUTE

With a respected national reputation, our programs have provided quality services for individuals from Canada, South America, Europe, and every state in the United States. The programs offer individualized treatment packages that emphasize intensive individual psychotherapy, directive specialty groups, dialectical behavior therapy, expressive therapies, psychoeducational modules, relapse prevention groups, and options for EMDR. Relapse prevention includes identifying triggers, high risk situations, balanced living, boundaries, and adaptive coping resources. Treatment is based on psychodynamic, cognitive-behavioral, and systemic approaches. Treatment may include intensive, outpatient, and the specialized Impaired Professional Program. Program selection is based on careful assessment and evaluation.

OBJECTIVES

Based on this workshop, participants will be able to:

• Describe the impact of local trauma on grief.
• Summarize therapeutic approaches in facilitating resilience.
• Describe a blueprint for collaboration and change using trauma informed therapy to address complex traumatic stress.
• Apply therapeutic interventions to consolidate positive change from the effects of complex post-traumatic stress.
• Explain the link between unresolved trauma and sexual reactivity.
• Discuss treatment interventions for the stabilization of sexually reactive behavior.
• Describe three types of Body Dysmorphic Disorder symptoms.
• Describe the subtypes of Body Dysmorphic Disorder.

ABOUT RIVER OAKS

River Oaks Hospital, located in New Orleans, Louisiana, is a private psychiatric facility for adults, adolescents, and children. For the past 40 years, River Oaks has established a tradition of excellence in the treatment of psychiatric illness, dual diagnosis, and alcohol and drug detoxification. In addition to The New Orleans Institute, River Oaks Hospital offers the following additional Specialty Programs:

The Eating Disorders Treatment Center is committed to an eclectically approached treatment that assists clients in developing a healthy relationship with food, body, self, and others. The psychological treatment goal is to enable patients to work through the issues underlying their eating disorders so their symptoms can be identified, addressed and released. The medical goal is to restore normal weight and/or eradicate unhealthy eating behaviors.

Recovery to Renewal is a specialized 28-day program committed to supporting the men and women of our nation’s military who are seeking recovery from substance abuse and related issues. It utilizes an effective detoxification process and is designed to address the unique needs of service members. In addition to military specific groups, participants are under the care of psychiatrists and addiction specialists.

Continuing Education Credits: The Continuing Education Credits offered by the New Orleans Institute at River Oaks Hospital are provided in partnership with the American Academy of Addiction Psychology (AAAP), the Texas Board of Social Work, the Louisiana Office of Alcohol and Drug Abuse, and the Louisiana State Board of Social Work Examiners. River Oaks Hospital is approved by the American Academy of Addiction Psychology (AAAP), the Texas Board of Social Work, and the Louisiana Office of Alcohol and Drug Abuse to offer continuing education credits to its participants. River Oaks Hospital has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6222. River Oaks is solely responsible for all aspects of the programs. No. 5479. Programs that do not qualify for NBCC credit are clearly identified. River Oaks Hospital has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6222. This program was approved for 6.0 Clinical hours of continuing education credit by the National Association of Social Workers – Louisiana Chapter as authorized by the Louisiana State Board of Social Work Examiners. This course meets the qualifications for 6 hours of continuing education credit for LMFTs, LPCCs, LEPs and/or LCSWs as required by the California Board of Behavioral Sciences (PCE 2597). Texas State Board of Examiners of Professional Counselors – Provider No. 142.

ADMISSIONS: 1-800-366-1740 // www.riveroakshospital.com

REGISTRATION

White Plains, NY
May 15, 2015

Cleveland Place

8930 Whitestone Blvd

416-682-0050

1-800-598-2040 // stevie.fickey@uhsinc.com

Signature_______________________________________________________________________

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Signature

QUESTIONS: 1-800-598-2040 // stevie.fickey@uhsinc.com

If you are seeking continuing education credits for a specialty not listed above, it is your responsibility to contact your state’s or province’s licensing board to determine eligibility. It is your responsibility to be familiar with the standards required by your licensing board in order to retain your current professional license or certification.

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