



## **LIVING THROUGH THE END OF LIFE**

**A Seminar on Advance Care Planning**

What do you value in life?

How would you wish to live as your life draws to a close?

What legacy, material and spiritual, would you like to leave your loved ones and the world?

What plans can you put in place now to help honor your values and wishes and legacy?

Questions like these help us engage in the sometimes difficult yet life-enhancing considerations and conversations regarding the end of life. Plan to attend this “Living Through the End of Life” seminar offered by ICS, and learn about important end of life care planning documents and about having the conversations regarding your wishes. Here are the details:

**Date: Saturday, August 15, 2015**

**Time: 9:30 a.m. – 12:00 p.m.**

**Place: Unity Spiritual Center of Peace**

We’ll gather with prayer and music and an overview of Unity teachings around death. ICS staff will then lead an interactive seminar, and participants will take home documents and pointers for expressing your wishes to help ensure that you live as fully as possible through the end of life.

Please RSVP to Mara Levin so we can prepare materials for everyone:

520-297-6049 x226; [mlevin@icstucson.org](mailto:mlevin@icstucson.org)