

## Training New Solar Cooks!

Solar Oven Partners' two-day training seminars introduce traditional cooks to the new concept of solar cooking; teach them how to adjust their recipes from cooking over smoky charcoal to using the free clean energy of the sun; and give them hands-on training in the process. Classes also address the long-term damage of deforestation, so our cooks gain an education on the importance of reducing wood and charcoal use for environmental, as well as, health reasons.



The 4-qt pots are perfect for rice and beans, soups, stews, fish, pasta, meats and even bread. An oven with three roasters can feed a family or extended family of 10-12 people!

New solar cooks are making the meals their families love **plus** baking new recipes like fruit cakes, muffins or *ponmkèt*, cookies, French bread and more. *Some resourceful women have started selling baked goods from their ovens at the market to augment their families' income. The extra money allows them to purchase more food for their meals or to send a child to school! Amen!*



**Every solar oven kit comes complete with:**



- Three 4-quart covered cooking pots
- A French bread pan with black cloth cover
  - Measuring cups and spoons
  - An oven thermometer
  - A Solar Oven Recipe Book
  - And most important, a WAPI (a Water Pasteurization Indicator)

**You can provide this kit of items for only \$30!**

Your gift will supply the utensils a new solar cook needs to make healthy wholesome meals for her family. In addition to meals, the WAPI, shown at right by our Haitian teacher Raymonde Joseph, can be used to pasteurize liquids like milk and water. Using the simple technology of melted soy wax, a WAPI indicates when liquids are hot enough to kill pathogens, thus helping women protect their families from dysentery, fever, cholera and more.



Contact Us: Rick Jost: [rjost@brookings.net](mailto:rjost@brookings.net)  
Cathy Hoss: [hsopadmin@brookings.net](mailto:hsopadmin@brookings.net)  
605-692-3391

**Honor your Mother...**

**Honor the loving memory of your Mother ...**

**Honor a Mother or friend you know ...**

**Or inspire a new young cook!**

A gift of only \$30 buys all the utensils included in one oven kit.  
From pots & pans to the recipe book - this is a bargain!

Enclosed is my check for \_\_\_\_\_. My level of gifting is:

- ☐ #1. \$30 - for one complete set of utensils.
- ☐ #2. \$150 - We pack and ship our ovens 5 to a carton.  
I want to sponsor all the utensils for 5 ovens!
- ☐ #3. \$30 x \_\_\_\_\_ sets of utensils = \_\_\_\_\_  
I want to equip a group of new solar cooks!

**Directions for Gifting/Memorials:** Please send a card to the following person(s) to inform them of the gift given in their honor or of the memorial remembering a loved one.

**Notify this person of the Gift in their Honor....**

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City/State/Zip: \_\_\_\_\_

**Notify this person of the Memorial Gift ...**

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City/State/Zip: \_\_\_\_\_

**This Gift is Given By ...**

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City/State/Zip: \_\_\_\_\_  
Email: \_\_\_\_\_



**Return to: Solar Oven Partners**

**928 4th Street, Suite 2**

**Brookings, SD 57006**

**Online donations: [www.haitisolarovens.org](http://www.haitisolarovens.org)**

**Click on "Make a Donation"**



*In honor of Mother's Day, give a solar cooking seminar graduate*



*the utensils she needs to make healthy, wholesome meals for her family in her new solar oven.*



Solar Oven Partners  
928 4th Street, Suite 2  
Brookings, SD 58006-2172



Non-Profit  
Organization  
U.S. Postage PAID  
Permit No. 33  
Brookings, SD



*This Mother's Day ...*



*let's bake smiles... together!*

