

Monday, March 14, 2014
Edina Southview Middle School
Auditorium
7-9 PM ***FREE!***

Edina PCN Presents

Fight or Flight: Understanding Your Child's Emotions, and Ours!

Todd Mulliken, LPCC and owner of Mulliken Counseling Center in Edina will help parents and educators navigate the sometimes tricky world of our children's emotions - and our own!

With over 30 years of experience in the mental health field, some topics of discussion will include:

- The Shaping of Emotions
- Fighters vs. Flighters
- How to Fight Fair with our Kids

CEU credits available for \$20

Donations always welcome

www.edinapcn.com