

# KENTON KARES: TILMAAMAHA ILAHA

## JAALIYADDA

Waxaad heli kartaa mid qaab elegtaroonig ah ama luqaddo kale loo tarjumay oo aad ka helayso bogga degmo dugsiyeedka Kenton

### DARYEELKA CAAFIMAADKA

#### RUGTA CAAFIMAADKA EE ROCKY MOUNTAIN YOUTH CLINIC (RMYC)

**Halkee ayay ku taalaa?**

1550 S. Potomac St., Suite 130, Aurora, CO 80012

**Sideen ku tagi karaa meesha?**

*Qaado baska tilmaanta hoos ku qoran oo raac.* Tarjumaanno dhanka telfoonka ah ama qofka miiska hore ee la'isku soo dhoweeyo ayaa sidoo kale kaa caawin kara dhanka gaadiidka ku keenayo rugta caafimaadka ama ku celinnayo.

**Goormee ayay furan yihiin?**

Isniin - Jimce: 8am-5pm

**Sideen ku wici karaa?**

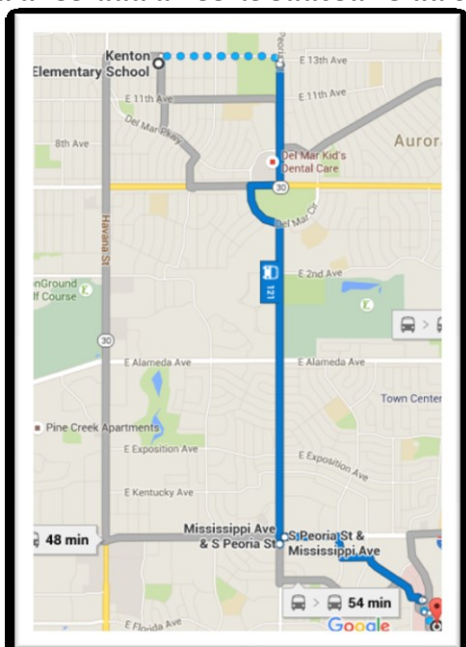
*Wixii su'aallo ah ama wixii ballan ku saabsan ka wac 303-360-8111 Haddii aad ku hadasho luqad aan ka ahayn luqaddaha Ingiriiska/Isbaanishka, riix 1 marka jumlada koowaad aad maqasho, ka dibna 9 marka aad maqasho jumlada labaad si aad ula hadasho qofka miiska hore ee la'isku soo dhoweeyo fadhida. Markaas ka dib, sheeg ama dheh luqadda aad u baahan tahay ee tarjumaanka aad doonayso.*

**Ma joogaa qof tarjumaan ah?** *Shaqaalaha meesha jooga oo dhan waxay ku hadlaan luqaddaha kala ah Ingiriis iyo Isbaanish, iyo qaar af-Amxaari ku hadala. Waxaa jira tarjumaano aan isticmaalno oo khatka telfoonka aan soo gelino oo dhammaan luqaddaha oo dhan ku wada hadla oo ku caawin kara inta rugta caafimaadka aad joogto.*

**Waa maxay nooca caymis caafimaad ee aad qaadataan?** *Medicaid, CHP+, caymisyo kale, iyo kuwii aan caymis caafimaad haysan xitaa waan ogolaanaa.*

**Maxaa dhacaya haddii aan haysan caymis?**

*Kharashka waxay ku xiran tahay dakhligaaga (kharashka kugu soo aadaya waa yar yahay haddii dakhligaaga uu hooseeya) **Fiiri Xarunta Soo-dhowaynta Soo Galootiga ee Aurora [Aurora Immigrant Welcome Center] (qaabka lagula xiriirayo hoos ayay ku qoran tahay) si aad u hesho macluumaad dheeraad ah ee ku saabsan sida caymis aad ku heli la'hayd.***



**Qaabka Baska  
RMYC**

**Route 105 → Route 11,  
ama Route  
121 → Route 11 (buluug  
ayay ku qoran tahay)**

## RUGAHA MEELAHA ISKUULKA EE AURORA (AURORA SCHOOL-BASED CLINICS)

## Halkee ayay ku taalaa?

Crawford Elementary School: 1600 Florence St. Aurora, CO 80010

Talefoon Lambarka: 303-326-2090

Laredo Child Development Center: 1420 Laredo St. Aurora, CO 80011

Talefoon Lambarka: 303-326-1953

## Sideen ku tagi karaa meesha?

Qaado baska tilmaanta hoos ku qoran oo raac.

## Goormee ayay furan yihiin?

Isniin - Jimce 8am-5pm

## Ma joogaa qof tarjumaan ah?

Waxaa jira tarjumaano aan isticmaalno oo khatka telfoonka aan soo gelino oo dhammaan luqaddaha oo dhan ku wada hadla oo ku caawin kara inta rugta caafimaadka aad joogto. Haddii aadan ku hadlayn luqadda Ingiriiska, qofka ka qabto ku dheh "Interpreter, Please", oo ka dibna u sheeg luqaddaada.

## Waa maxay nooca caymis caafimaad ee aad qaadataan?

Medicaid, CHP+, caymisyo kale, iyo kuwii aan

caymis caafimaad haysan xitaa waan ogolaanaa.

## Maxaa dhacaya haddii aan haysan caymis?

Kharashka waxay ku xiran tahay dakhligaaga (kharashka kugu soo aadaya waa yar yahay haddii dakhligaaga uu hooseeya)

Fiiri Xarunta Soo-dhowaynta Soo Galootiga

ee Aurora [Aurora Immigrant Welcome Center] (qaabka lagula xiriirayo hoos ayay ku qoran tahay) si aad u hesho macluumaad dheeraad ah ee ku saabsan sida caymis aad ku heli la'hayd.

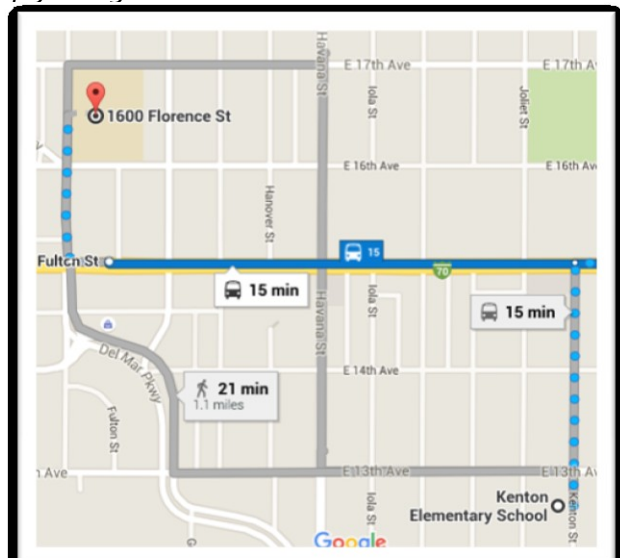
## Sideen iyaga u tusi karaa in anigu aan kaalmo ugu baahnahay kharashka?

Kaliya u sheeg dakhliga ku soo

gala (uma baahna in ay arkaan jeegga dabadiisa)

## Maxay yihiin adeegyada ay bixiyaan?

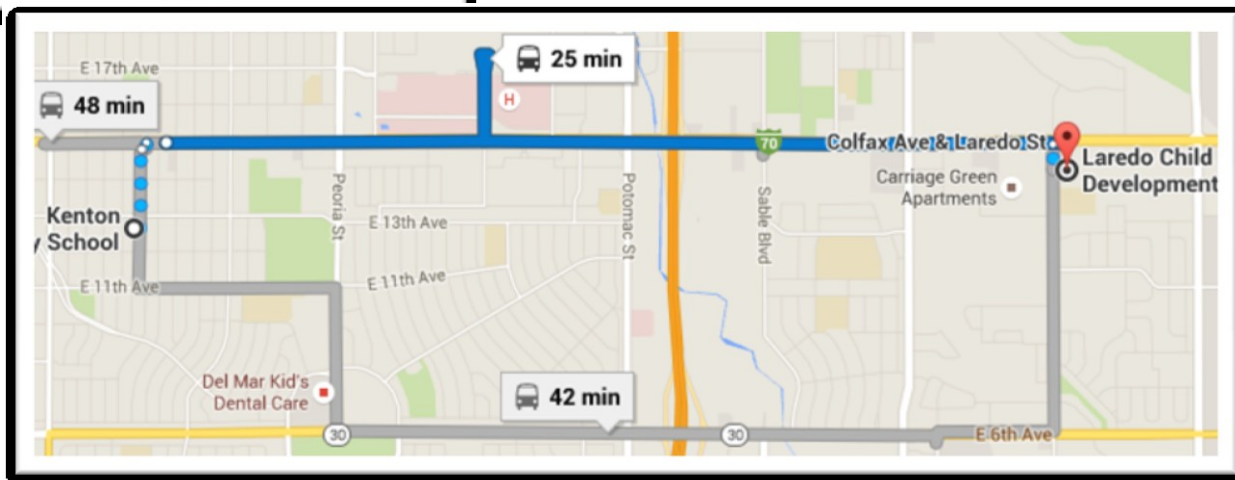
Rugahan waxay bixyaan daryeel caafimaad iyo tallaaf, daryeel caafimaadka ilkaha, xooga kalmo ee dhanka cuntada/nafaqada iyo daaweynta ardayda Kenton, iyo ilmaha yar yar ee goyskaaga.



Dariiqyada Baska u socda  
Crawford (Beddix) iyo  
Laredo (Hoose)

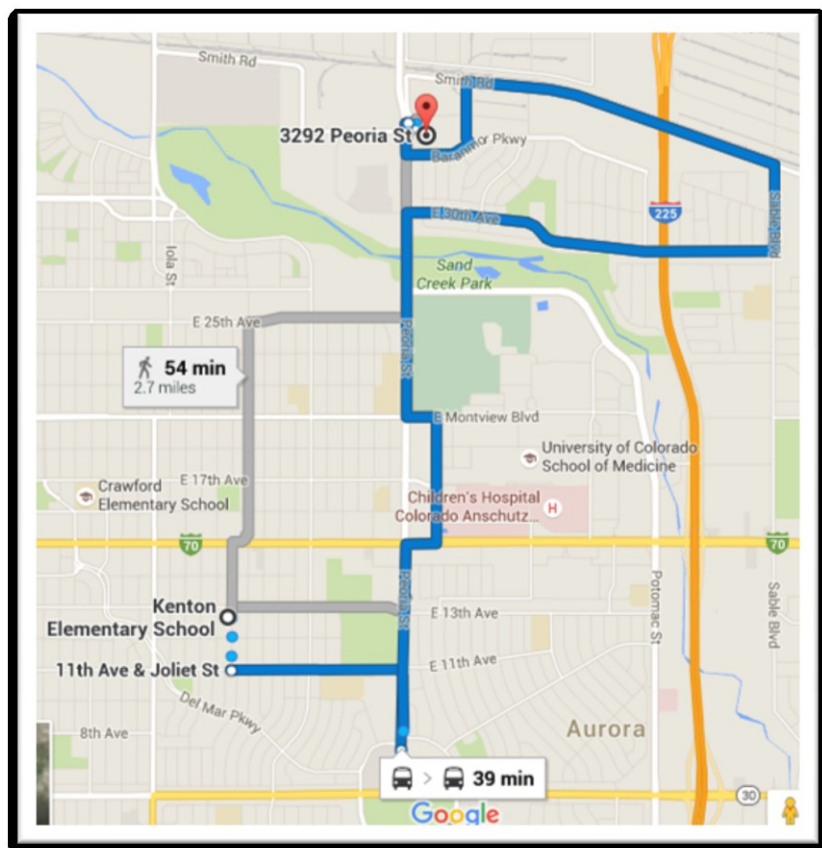
To Crawford: route 105 ama 15

To Laredo: route 15 (top)



## METRO COMMUNITY PROVIDER NETWORK (MCPN)

- Halkee ayay ku taalaa?** 3292 Peoria St. Aurora, CO 80010
- Sideen ku tagi karaa meesha?** Barta Baska Istaago [Bus stop at 33<sup>rd</sup> Ave & Peoria St.] (fiiri maabka)
- Goormee ayay furan yihiin?** Isniin - Jimce 7:30am-5:30pm
- Saacaddaha Daryeelka Deg-degga:** Isniin - Jimce **12pm-8pm** **Sabti 8am-4pm**
- Sideen ku wici karaa?** Wac 303-360-6276, ka dibna riix laba haddii aad tahay bukaan socod ku cusub halkaas. Haddii aadan ku hadlayn luqadda Ingiriiska, qofka ka qabto ku dheh "Interpreter, Please", oo ka dibna u sheeg luqaddaada.
- Ma joogaa qof tarjumaan ah?** **Tarjumaano ayaa qatka telfoonka lagu soo xirir doonaa oo kaa caawin kara in ballamo ay kaaga qabtaan rugta caafimaadka, inta rugta caafimaadka aad joogto.**
- Waa maxay nooca caymis caafimaad ee aad qaadataan?** Medicaid, CHP+, caymisyo kale, iyo kuwii aan caymis caafimaad haysan xitaa waan ogolaanaa. **Fiiri Xarunta Soo-dhowaynta Soo Galootiga ee Aurora [Aurora Immigrant Welcome Center] (qaabka lagula xiriirayo hoos ayay ku qoran tahay) si aad u hesho macluumaad dheeraad ah ee ku saabsan sida caymis aad ku heli la'hayd.**
- Maxaa dhacaya haddii aan haysan caymis?** Xarunta MCPN way kula shaqayn doonaan iyadoon la fiirinnayn waxa dakhligaaga uu yahay. **Ma jiro qof dib loo celinnayo lacag la'aan darteed.** Horey u soo qaad warqadda bangiga ay kuu soo dirto ama 2 jeeg ee ugu dambeeyay dabaooda, iyo warqad ka socota xubin ehelkaaga ama asxaabtaada ah oo ka hadlaysa dhaqaalahaaga taas ayaa kaa caawin doona si ay wax kaala qabtaan.



## Qaabka Baska MCPN

10→121 (highlighted)

121→13<sup>th</sup> street

## DENVER HEALTH LOWRY

**Halkee ayay ku taalaa?**

1001 Yosemite St. Denver, CO 80230

**Sideen ku tagi karaa meesha?**

Qaado baska tilmaanta hoos ku qoran oo raac.

Rugta caafimaadka

waxaa ku hor yaala barta baska uu istaago [bus stop].

**Goormee ayay furan yihiin?**

Wac 303-602-4545 si aad u ogaato saacadaha caadiga ee la shaqeeyo iyo

saacaddaha feestootoyinka ee aan shaqeyno.

**Sideen ku wici karaa?**

**Kuwa ku hadla luqaddaha kala ah Nepali, Carabi, Raashiyan, Amxaari, Soomaali, Surmees, Fiitnaamiis, Tigrinya, Faransiis:** Wac 303-628-3232 oo ka dibna riix dalabyada aad maqasho midka luqaddaada ah.

**Ma joogaa qof tarjumaan ah?**

Haa, waxaad heli kartaa tarjumaano ku hadla luqaddaada oo qatka

telfoonka la soo gelay, tajumaano meesha jooga sida tarjumaano Nebaali, iyo kuwa kale oo badan oo ku hadla luqaddo dhowr ah oo kaa caawin kara in bukaan socodada hagaya.

**Waa maxay nooca caymis caafimaad ee aad qaadataan?**

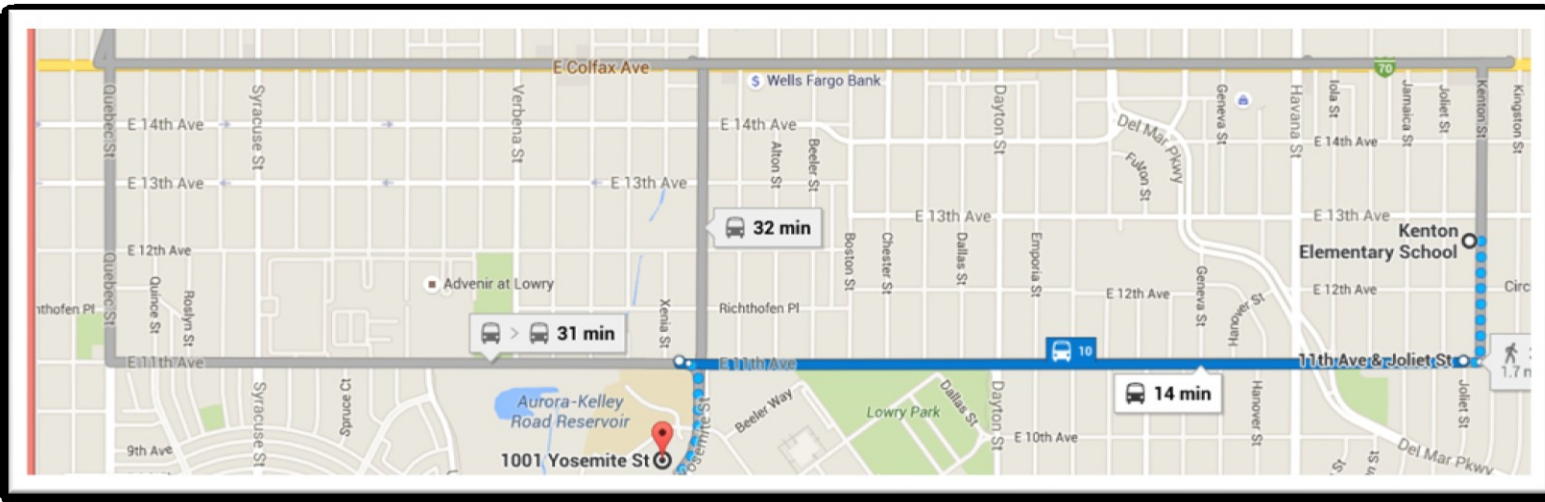
Medicaid, Caymis Caafimaad kasta ee Denver,

iyo caymis gaar ah (aan ka ahyn Kaiser, Human, iyo qaar ka mid ah Cigna). **Fiiri Xarunta Soo-dhowaynta Soo Galootiga ee Aurora [Aurora Immigrant Welcome Center] (qaabka lagula xiriirayo hoos ayay ku qoran tahay) si aad u hesho macluumaad dheeraad ah ee ku saabsan sida caymis aad ku heli la'hayd.**

**Maxaa dhacaya haddii aan haysan caymis?**

Haddii aad degantahay Degmada Denver (Denver County)

(ma aha Aurora), kharashka waxay ku xiran tahay dakhligaaga (lacag yar ayay ku fariisannee haddii dakhliga uu hooseeyo.) Waxaad u baahan doontaa inaad la hadasho qof xafiiska rugta jooga si aad u ogaato haddii ay suurtoagal tahay in kharashka hoos loo dhigi karo, waa in aad horey u soo qaadataa dukumentiyada caddayn ah oo ku qoran cinwaankaaga iyo dakhligaaga. Wac 303-602-2300 si ballan aad uga samaysato mid ka mid ah shaqaalaha rugta ee howshan yaqaano. Hubi in aad horey u soo qaado Aqoonsi aan dhicin, caddayn dakhliga ku soo galay bilihii la soo dhaafay, iyo caddeyn cinwaanka ee labadii bilood ee ugu dambeeyey aad deganayd.



**Qaabka Baska Denver Health at Lowry**

**Route 10 → 11<sup>th</sup> ave. (highlighted)**

**Route 15 → Yosemite street**

**Route 15 → Route 73**

## CHILDRENS' HOSPITAL COLORADO - CHILD HEALTH CLINIC (CHC)

**Halkee ayay ku taalaa?** 13100 East Colfax Ave, Aurora, CO 80011

**Sideen ku tagi karaa meesha?** Qaado baska 15 Rugta caafimaadka waxaa ku hor yaala barta baska uu istaago [bus stop]..

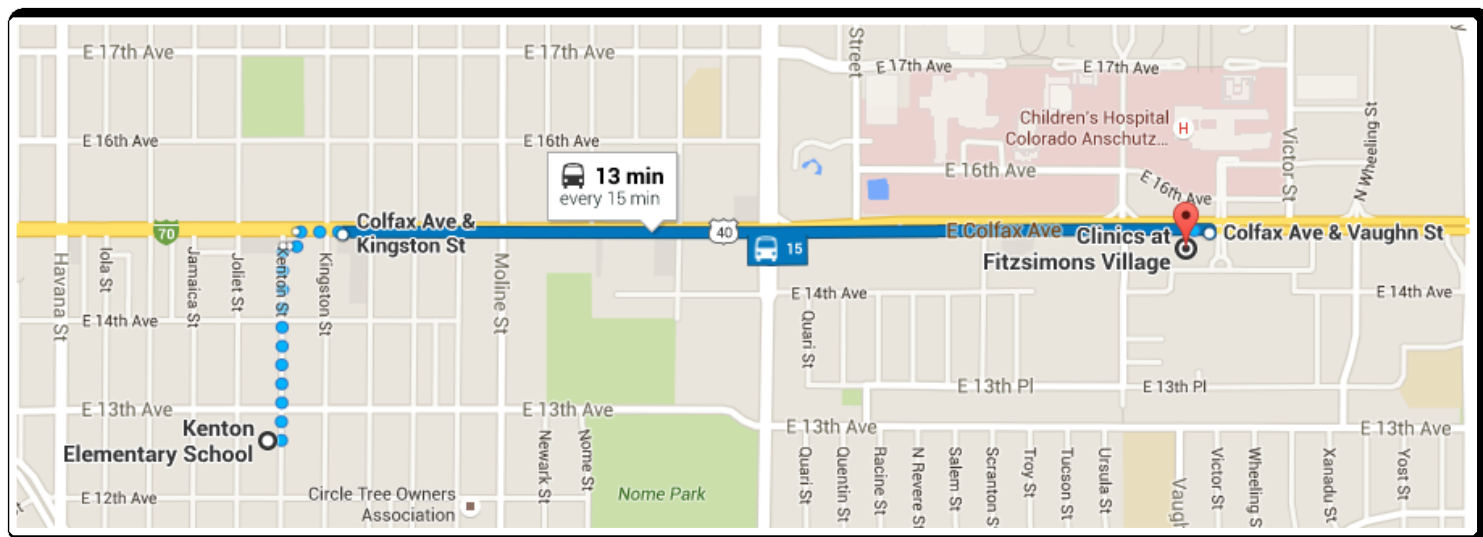
**Goormee ayay furan yihiin?** Wac 720-777-2740 si aad u ogaato saacadaha caadiga ee la shaqeeyo iyo saacaddaha feestooyinka ee aan shaqeyno.

**Sideen ku wici karaa?** Wixii su'aallo ah ama wixii ballan ku saabsan ka wac 720-777-2740. Haddii aadan ku hadlayn luqadda Ingiriiska, qofka ka qabto ku dheh "Interpreter, Please", oo ka dibna u sheeg luqaddaada.

**Ma joogaa qof tarjumaan ah?** Shaqaalaha iyo kalkaalisoooyinka waxay ku hadlaan luqaddaha kala ah Ingiriis iyo Isbaanish, Waxaa jira tarjumaano aan isticmaalno oo khatka telfoonka aan soo gelino oo dhammaan luqaddaha oo dhan ku wada hadla oo ku caawin kara inta rugta caafimaadka aad joogto. Tarjumaanno dhanka telfoonka ah ama qofka miiska hore ee la'isku soo dhoweeyo ayaa sidoo kale kaa caawin kara dhanka gaadiidka ku keenayo rugta caafimaadka ama ku celinnayo.

**Waa maxay nooca caymis caafimaad ee aad qaadataan?** Medicaid, CHP+, caymisyo kale, iyo kuwii aan caymis caafimaad haysan xitaa waan ogolaanaa.

**Maxaa dhacaya haddii aan haysan caymis?** Kharashka waxay ku xiran tahay dakhligaaga (kharashka kugu soo aadaya waa yar yahay haddii dakhligaaga uu hooseeya) **Fiiri Xarunta Soo-dhowaynta Soo Galootiga ee Aurora [Aurora Immigrant Welcome Center] (qaabka lagula xiriirayo hoos ayay ku qoran tahay) si aad u hesho macluumaad dheeraad ah ee ku saabsan sida caymis aad ku heli la'hayd.**

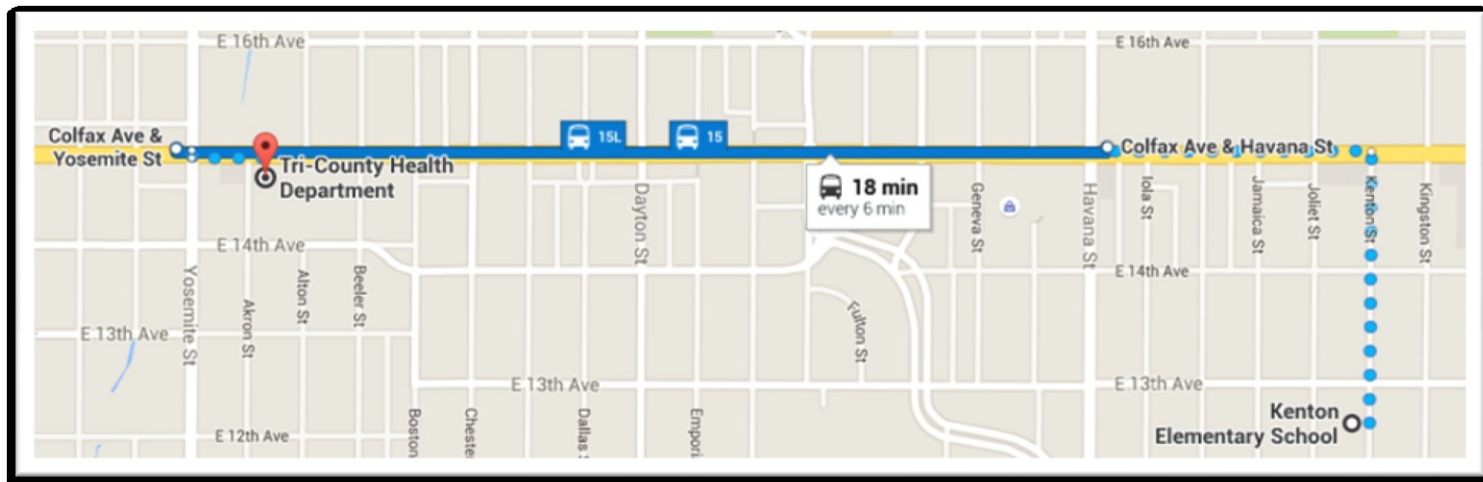


**Qaabka Baska CHC**

**Route 15 → Colfax/Vaughn St.**

**TALLAALKA:****BIXIYAHA DARYEELKA AASAASIGA**

- **Aurora Public School Clinics**
- Xafiisyo kale oo laga bixiyo daryeelka caafimaadka aasaasiga
  - MCPN
  - Denver Health
  - RMYC
  - CHC

**XAFIISKA WAAXDA CAAFIMAADKA EE SEDDEXDA-DEGMO (TRI-COUNTY HEALTH DEPARTMENT OFFICE)****Halkee ayay ku taalaa?***9000 E. Colfax Ave. # 105***Sideen ku tagi karaa meesha?***Qaado baska 15 (fiiri maabka)***Goormee ayay furan yihiin?***Wixii su'aallo ah ama wixii ballan ku saabsan ka wac 303-451-0123***Ma joogaa qof tarjumaan ah?***Shaqaalaha iyo kalkaalisoooyinka waxay ku hadlaan luqaddaha kala ah Ingiriis iyo Isbaanish, Waxaa jira tarjumaano aan isticmaalno oo khatka telfoonka aan soo gelino oo dhammaan luqaddaha oo dhan ku wada hadla oo ku caawin kara inta rugta caafimaadka aad joogto.***Waa maxay nooca caymis caafimaad ee aad qaadataan?***Medicaid, CHP+, caymisyo kale, iyo kuwii aan caymis caafimaad haysan xitaa waan ogolaanaa.***Maxaa dhacaya haddii aan haysan caymis?***Kharashka tallaalka waa \$21 ama haddii lacagta aadan iska bixin karin, waxaa lagu waydiisan doonaa wixii aad ku tabbaruci karto.*

## WALGREENS

**Halkee ayay ku taalaa?**

80010

10501 E Colfax Ave, Aurora, CO

**Sideen ku tagi karaa meesha?**

Waa meel Kenton qadar yar u

jirta (fiiri maabka)

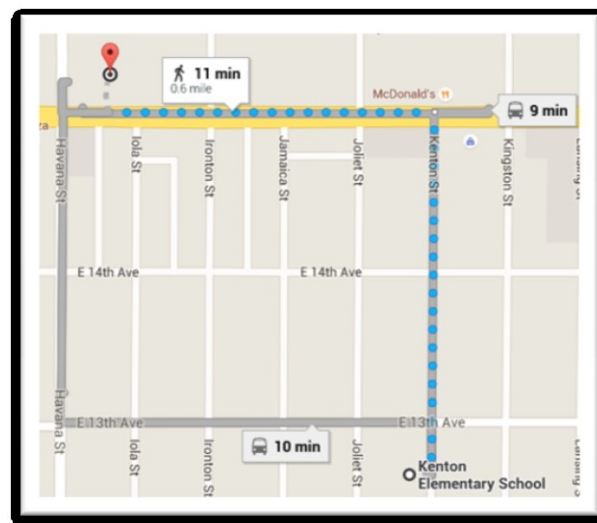
**Goormee ayay furan yihiin?**

Maalin kasta , 7 am – 10 pm

**Sideen ku wici karaa?**

Wixii su'aallo ah ama wixii ballan ku

saabsan ka wac 303-343-3336

**Waa maxay nooca caymis caafimaad ee aad qaadataan?**Medicaid, caymisyo kale, iyo kuwii aan caymis caafimaad haysan  
xitaa waan ogolaanaa.

## DARYEELKA ILKAHA

## BIXIYAHA DARYEELKA AASAASIGA

- **Aurora Public School Clinics**
- Xafiisyo kale oo laga bixiyo daryeelka caafimaadka aasaasiga
  - MCPN
  - Denver Health
  - RMYC
  - CHC

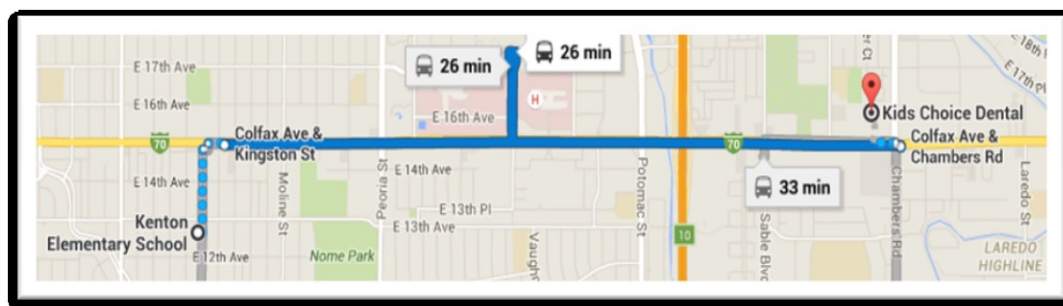
## KIND (KIDS IN NEED OF DENTISTRY)

**Halkee ayay ku taalaa?** 2465 S Downing St #210 Denver, CO 80210  
**Goormee ayay furan yihiin?** Isniin - Jimce 8am – 5pm  
**Sideen ku wici karaa?** Wixii su'aallo ah ama wixii ballan ku saabsan ka wac 303-439-5961

**Ma joogaa qof tarjumaan ah?** *Maya, ma jiro adeegyo tarjumaano ee laga bixiyo KIND*  
**Waa maxay nooca caymis caafimaad ee aad qaadataan?** *Medicaid, CHP+, caymisyo kale, iyo kuwii aan caymis caafimaad haysan xitaa waan ogolaanaa.*  
**Maxaa dhacaya haddii aan haysan caymis?** *Waxaad heli kartaa 75% oo laga jarayo adeegyada caadiga ah haddii dakhliga uu yar yahay* Waxaad u baahnaan doontaa inaad soo buuxiso foorm oo aad ku soo dirto cainwaankooda (kor) ku qoran ama fakis ahaan ugu soo dir lambarkan 303-722-7110. Foormka waxaad ka heli kartaa \*<http://kindsmiles.org/services/>\*

## KID'S CHOICE

**Halkee ayay ku taalaa?**  
 15159 E Colfax Ave, Aurora, CO 80011  
**Sideen ku tagi karaa meesha?** Qaado baska  
 15 (fiiri maabka)  
**Goormee ayay furan yihiin?**  
 Isniin - Jimce (9am-7pm);  
**Sabti** (9am-4pm)



**Sideen ku wici karaa?** Wixii su'aallo ah ama wixii ballan ku saabsan ka wac 303-341-5437  
**Ma joogaa qof tarjumaan ah?** Waxaa la helaa oo meesha jooga tarjumaano ku hadla luqaddaha kala ah af Beershiyan iyo af Isbaanish. Waxaa jira tarjumaano aan isticmaalno oo khatka telfoonka aan soo gelino oo dhammaan luqaddaha oo dhan ku wada hadla oo ku caawin kara inta rugta caafimaadka aad joogto.  
**Waa maxay nooca caymis caafimaad ee aad qaadataan?** *Medicaid, CHP+, oo caymisyada intooda badan*  
**Maxay yihiin adeegyada ay bixiyaan?** *Daryeelka ilkaha, iyo sidoo kale daryeelka caafimaadka indhaha iyo ookiyaalka.* **Macluumaad dheeraad ah:** \*<http://mykidschoicedental.com/>\*

## ADVENTURE: DENTAL, VISION &amp; ORTHODONTICS

**Halkee ayay ku taalaa?** 15121 E Mississippi Ave,  
Aurora, CO 80012

**Sideen ku tagi karaa meesha?** Qaado baska 15  
→ route 153 (fiiri maabka)

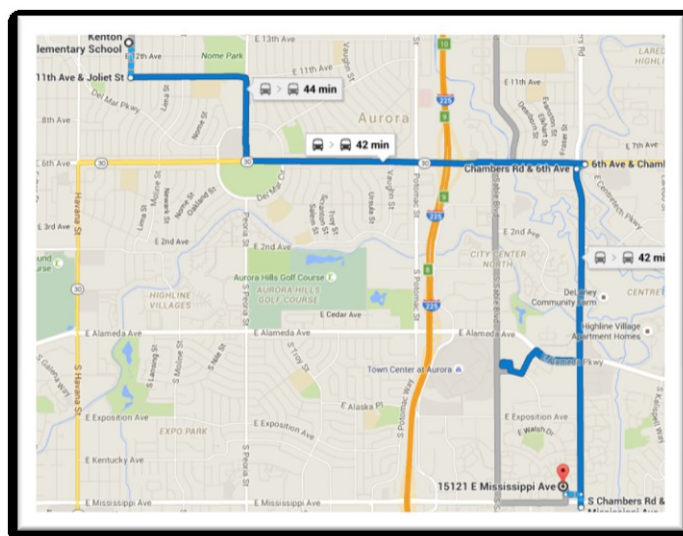
**Goormee ayay furan yihiin?** Isniin - Jimce (9am-6pm)

**Sideen ku wici karaa?** Wixii su'aallo ah ama wixii ballan ku saabsan ka wac 303-802-1022

**Ma joogaa qof tarjumaan ah?** Shaqaalaha waxay ku hadlaan luqaddaha kala ah Ingiriis iyo Isbaanish,  
**Waa maxay nooca caymis caafimaad ee aad qadataan?**

Medicaid, CHP+, caymisyo kale, iyo kuwii aan caymis caafimaad haysan xitaa waan ogolaanaa.

**Maxay yihiin adeegyada ay bixiyaan?** Daryeelka ilkaha, iyo sidoo kale daryeelka caafimaadka indhaha iyo ookiyaalka. Si ballanta loo samaysto: Aad bogga internetka: \*<http://adventureaurora.com/schedule/#form-anchor>\*



## MACLUUMAAD KALE OO DARYEELKA-CAAFIMAADKA: CAYMIS, CUNTO, DHAR

## AURORA COMMUNITY CONNECTION

**Halkee ayay ku taalaa?** 9801 E Colfax Ave #200

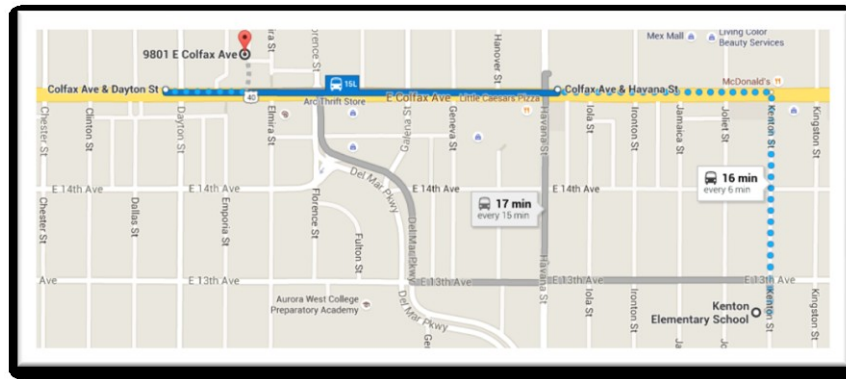
**Sideen ku tagi karaa meesha?** Qaado baska 15

**Sideen ku wici karaa?** Wixii su'aallo ah ama wixii ballan ku saabsan ka wac 720-975-0147

**Ma joogaa qof tarjumaan ah?** Shaqaalaha waxay ku hadlaan luqaddaha kala ah Ingiriis iyo Isbaanish,  
**Maxay yihiin adeegyada ay bixiyaan?** Waxay kaa caawin karaan in kula buuxiyaan caymska caafimaadka ee Medikayd [Medicaid] ka, CHP iyo caymis kale, kuubanada cuntada [food stamps], ciyaaro ilmahaaga ay ku ciyaaraan, xogta barbaarinta ilmaha iyo tirooyin dhowr ah ee ku saabsan haya'addaha maxaliga ee kaa caawin kara dharka, cuntada, nafaqada, dhibaatooyinka dhanka luqadda, iyo ijaarka iyo kaalmo dhanka korontada ama gaaska ah.

Sida kale ee ballanta loo samaysto waa in aad booqato bogga internetka ee [connectaurora.org](http://connectaurora.org), ka dibna geli sib koodkaaga, oo dooro dalabka 2 ee Aurora Community Connection

Bogga Internetka: Booqo <http://www.auroracommunityconnection.com/> si aad u hesho macluumaad dheeraad ah



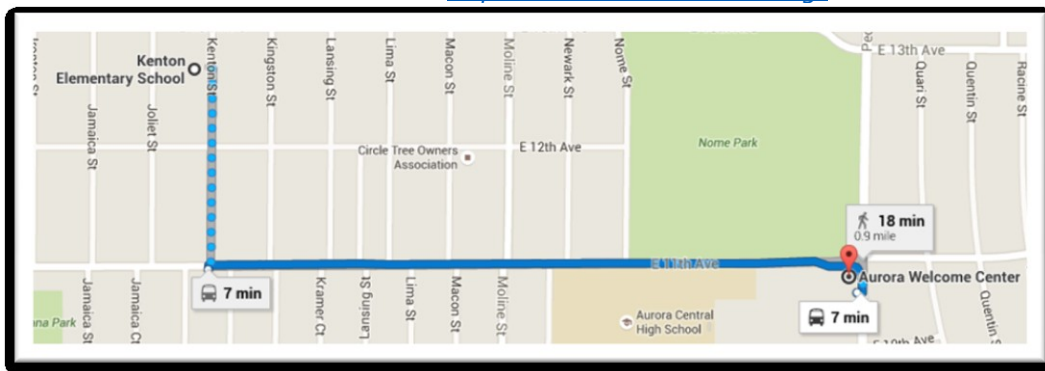
## XARUNTA SOO-DHOWAYNTA SOO GALOOTIGA EE AURORA

**Halkee ayay ku taalaa?** 1085 Peoria St. Aurora, CO 80011  
**Sideen ku tagi karaa meesha?** Qaado baska 10 (fiiri maabka)  
**Goormee ayay furan yihiin?** Barnaamijyada kala duwan saacaddo kala duwan ayaa la helaa. Wac ama booqo bogga internetka hoos ku qoran si aad u hesho xog dheeraad ah  
**Sideen ku wici karaa?** Wixii su'aallo ah ama wixii ballan ku saabsan ka wac (303) 365-5730

**Ma joogaa qof tarjumaan ah?** Barnaamijyadeena intooda badan waxaa noo jooga tarjumaano ama dad ku hadla luqadda hadda aad hoygiina aad ugu hadashaan

**Maxay yihiin adeegyada ay bixiyaan?** Waxay bixiyaan fasallada ESL-ka, fasallada dhalashada jinsiyadda, waxay kaa caawinnayaan in aad buuxsato caymiska iyo fasallo kale oo dhowr ah

**Kaalmada dhanka caymiska waxaa la bixiyaa maalin kasta oo Arbaco ah, laga bilaabo 9am - 4pm ee luqaddaha Carabi, Amxaari, iyo kuwa ku hadla luqadda Ingiriiska, oo laga bilaabo saacadda 4-8pm luqaddaha Ingiriiska iyo luqadda Isbaanishka.** Sida kale ee ballanta loo samaysto waa in aad booqato bogga internetka ee connectaurora.org, ka dibna geli sib koodkaaga, oo dooro dalabka 1 ee [www.connectaurora.org](http://www.connectaurora.org), Bogga Internetka: **Macluumaad dheeraad ah:** <http://www.aurorawelcome.org/>



## AURORA INTERFAITH COMMUNITY SERVICES

**Halkee ayay ku taalaa?** 1553 Clinton

St. Aurora, CO 80010

**Sideen ku tagi karaa meesha?**

Qaado baska 15 (fiiri maabka)

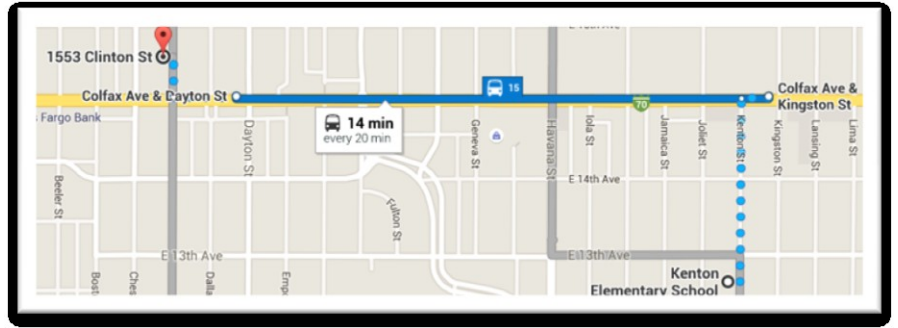
**Goormee ayay furan yihiin?** Isniin - Jimce

8:30am-1:30pm;

Arbaco 8:30am-5:30pm

**Sideen ku wici karaa?** Wixii su'aallo

ah ama wixii ballan ku saabsan ka wac 303-360-0260



**Maxay yihiin adeegyada ay bixiyaan?**

Waxaa dhici karta inay kaa caawiyaan dhanka cuntada, dharka, korontada iyo waxyaabaha guriga, daawada, iyo baahida gaadiidka.

Bogga Internetka: <http://www.interchurch.info/>

## RESTORATION OUTREACH PROGRAMS

**Halkee ayay ku taalaa?** 1540 Boston

St.

**Sideen ku tagi karaa meesha?**

Qaado baska 15 (fiiri maabka)

**Goormee ayay furan yihiin?**

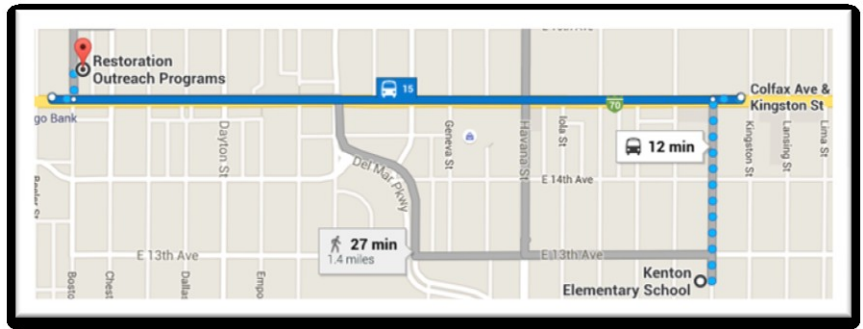
Booqo

[www.restorationoutreachprograms.org](http://www.restorationoutreachprograms.org) si aad

u hesho macluumaad dheeraad ah

**Sideen ku wici karaa?** Wixii

su'aallo ah ama wixii ballan ku saabsan ka wac 720-859-2513



**Maxay yihiin adeegyada ay bixiyaan?**

Waxaa dhici karta in ay kaa caawiyaan dhanka cuntada, dharka, fasallada GED iyo fasallada ESL-ka.