### Lunch Menu

THECDAY

### Greenwood

# **NOVEMBER 2-20**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ENTREES  • Mini Corn Dogs • Chicken Tenders SIDES  • Fresh Carrot Sticks • Fresh Fruit Choices • Sun Chips GRAB & GO  • Yogurt Cup • Assorted Grahams • Hard Boiled Egg	ENTREES  Mini Homestyle Pancakes with local maple syrup Egg & Cheese Bagel Sandwich SIDES Tri Tater Potato Fresh Veggies Fresh Fruit Choices GRAB & GO Chicken Caesar Salad Caesar Dressing Whole Grain Dinner Roll	ENTREES  Orange Chicken over Savory Brown Rice Hamburger SIDES Edamame Fresh Veggies Fresh Fruit Choices Fortune Cookie GRAB & GO Cheese & Cracker Stackers Applesauce	ENTREES  Curly Spaghetti with Meat Sauce Curly Spaghetti with Alfredo Sauce SIDES Garlic Breadstick Caesar Tossed Salad Fresh Veggies Fresh Fruit Choices GRAB & GO Cereal Bowl Sunflower Seeds Cinnamon Swirl Bread	6 ENTREES  Personal Pan Cheese Pizza Honey BBQ Chicken Bites SIDES Tossed Salad Fresh Carrot Sticks Fresh Fruit Choices Fruit Snacks GRAB & GO Peanut Butter & Jelly Sandwich Fruit Snacks
PENTREES  Macaroni & Cheese Beef Hot Dog SIDES Ranch Tossed Salad Fresh Veggies Fresh Fruit Choices GRAB & GO Yogurt Cup Assorted Muffins Mozzarella String Cheese	ENTREES  Chicken Nuggets Black Bean Burger SIDES Baked Beans Cherry or Grape Tomatoes Fresh Fruit Choices GRAB & GO Chicken Taco Salad Ranch Dressing Tortilla Chips	ENTREES  Garlic Cheese Bread with Dipping Sauce Italian Chicken Sandwich SIDES  Steamed Broccoli Fresh Veggies Fresh Fruit Choices GRAB & GO Mini Turkey Sub Sandwich Pretzels	No School	No School
• Teriyaki Chicken • over Savory Brown Rice • BBQ Pork Riblet Sandwich* SIDES • Steamed Broccoli • Fresh Carrot Sticks • Fresh Fruit Choices • Fortune Cookie GRAB & GO • Yogurt Cup • Assorted Grahams • Sunflower Seeds	ENTREES  Soft Shell Beef Taco Cheese Quesadillas SIDES  Taco Fixings Refried Beans Fresh Green Pepper Strips and Red Pepper Strips Fresh Fruit Choices GRAB & GO Chicken Caesar Wrap Tortilla Chips	ENTREES  Cheese Stuffed Pasta Shells Chicken Tenders SIDES Garlic Toast Italian Tossed Salad Fresh Veggies Fresh Fruit Choices GRAB & GO Yogurt & Fruit Parfait Gripz Mini Grahams	ENTREES  Cheese Pizza Chicken Filet Sandwich SIDES Whole-Grain Breadstick Fresh Veggies Fresh Fruit Choices GRAB & GO Cereal Bowl Mozzarella String Cheese Cinnamon Swirl Bread	ENTREES  Turkey Gravy Chicken Nuggets SIDES Mashed Potatoes Glazed Acorn Squash Fresh Carrot Sticks Fresh Fruit Choices GRAB & GO Peanut Butter & Jelly Sandwich Assorted Grahams

Available Daily: Fresh Veggies, with, Veggie Dip, Fresh Fruit Choices, Milk Choice:, Skim White Milk, 1% White Milk, Skim Chocolate Milk

Grab & Go Lunches Include:: Entree & Sides as listed, Fresh Veggies, with, Veggie Dip, Fresh Fruit Choices, Choice of milk:, Skim White Milk, 1% White Milk, Skim Chocolate Milk

\* = contains pork



## Lunch Menu

#### Greenwood

## **NOVEMBER 23-30**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ENTREES  • Mini Maple Pancakes • Colby Cheese Omelet SIDES  • Sausage Link* • Hash brown Stick • Fresh Veggies • Fresh Fruit Choices GRAB & GO • Yogurt Cup	ENTREES  Cheesy Chicken Burrito Hamburger SIDES Cowboy Caviar with Tortilla Chips Fresh Carrot Sticks Fresh Fruit Choices GRAB & GO Southwest Fiesta	25 No School	26 Thanksgiving Break – No School	27 Thanksgiving Break – No School
<ul><li>Assorted Muffins</li><li>Mozzarella String Cheese</li></ul>	Veggie Salad  Mexican Ranch Dressing Tortilla Chips			
30 ENTREES  Tortilla-Crusted Fish Sticks Chicken Tenders SIDES  Baked Beans Fresh Veggies Fresh Fruit Choices GRAB & GO	Lunch Prices Elementary (\$2.70) Middle School (\$3.05) High School (\$3.30) Adult (\$3.85) Milk (\$0.55)	Menu is subject to change	follow us on twitter @WPSCulinaryExp	
<ul><li>Yogurt Cup</li><li>Assorted Grahams</li><li>Sunflower Seeds</li></ul>				

Available Daily: Fresh Veggies, with, Veggie Dip, Fresh Fruit Choices, Milk Choice:, Skim White Milk, 1% White Milk, Skim Chocolate Milk

Grab & Go Lunches Include:: Entree & Sides as listed, Fresh Veggies, with, Veggie Dip, Fresh Fruit Choices, Choice of milk:, Skim White Milk, 1% White Milk, Skim Chocolate Milk

\* = contains pork

