

The Happiest Baby on the Block



Dr. Harvey Karp is a nationally renowned pediatrician, child development specialist and Assistant Professor of Pediatrics at the USC School of Medicine. He completed medical school training at Albert Einstein College of Medicine in NYC, pediatric residency at Children's Hospital of Los Angeles and fellowships in ambulatory pediatrics and child development at UCLA. His nationally best selling DVDs/books on baby calming, toddler communication and sleep training have made him America's most read pediatrician for over a decade. Thousands of Happiest Baby educators teach baby calming/sleep skills to parents in university hospitals, public health clinics, military bases across the US and in 24 other nations.

The Happiest Baby on the Block training will explore positive and effective infant & toddler parenting techniques to increase caregiver bonding and reduce harsh treatment. By the end of the workshop, participants will:

- Describe the basic principles crucial to understanding babies and improving their sleep and soothing their senses: The Missing Fourth Trimester, The Calming Reflex, and The 5 S's
- Understand the difference between normal crying and colic
- Explain the connection between fussy babies, exhausted moms and postpartum depression
- Explain why the best way to understand a toddler's psychology is to think of them like little cavemen
- Describe strategies to increase toddler cooperation
- Increase knowledge of positive parenting methods appropriate for toddlers

All attendees will receive *The Happiest Baby Certification Program*. Attendees must have at least one of the following two qualifications:

- a) Already be certified or licensed in a pregnancy/infant care related specialty (for example, childbirth education, lactation, doula, nursing, midwife, massage therapists, PNP, PA, etc.);
- b) Be a parent educator with 1 year of teaching experience (for example, La Leche League, teen or adult parenting classes, child care educators, adoption and foster care workers, and child abuse counselors);
- c) Licensed or advanced degree in a mental health profession.

REGISTER ONLINE by October 23rd at

<https://www.regonline.com/thehappiestbabyontheblock>

November 3, 2015 - 9:00 am-3:30 pm

Check-in begins at 8:30 am

Lunch will be provided

**UW Extension- Pyle Center
702 Langdon Street
Madison, WI 53706-1420**

PARKING INFORMATION

Allow time for parking/walking

Pre-pay option

<http://extensionconferencecenters.uwex.edu/parking2.html>

East Campus Lots

http://transportation.wisc.edu/parking/lotinfo_occupancy.aspx

Lake and Johnson, Fluno Center, HC White

FOR MORE INFORMATION CONTACT:

Emily Holder

emily.holder@dpi.wi.gov

608-267-9170