

Introduction

Mission:

Help each consumer “Imagine and realize a new you through a journey of self-discovery.”

Services:

Located in Milwaukee, Wisconsin, First Step Community Recovery Center provides essential drug and alcohol detoxification services, including those with coexisting psychiatric disorders. First Step Community Recovery Center provides two components of detoxification services:

- Social Detoxification
- Medical Detoxification.

Target Population:

The target population for Social Detoxification Services are persons suffering from alcohol intoxication who do not require nursing or medical care nor in need of protective custody. The target population for Medically Monitored Residential Detoxification are consumers, age 18 or older who meet criteria for ASAM Level III.7-D for residential (75.07).

CONTACT US

To schedule a tour or learn more please contact:

Tiffany Sanchez
Systems/Program Analyst

 (414) 939-7145

 Tiffany@mtrcinc.org

About Us

First Step Community Recovery Center is operated by Matt Talbot Recovery Services, Inc (MTRS). MTRS is a part of the Horizon Healthcare, Inc group of companies.

The Horizon companies have extensive experience in the provision of quality and effective behavioral healthcare services in Wisconsin.

Collectively, our companies have over 75 years of successful experience in providing these services. Horizon staff provides behavioral health services in a wide variety of locations, including in Licensed AODA/MH Clinics, Community Based Residential Facilities, Probation/Parole Offices, Transitional Living locations, cloud-based locations and Correctional facilities.



www.FirstStepCRC.com



Social and Emergency Detoxification Services

Our center is fully licensed by the state of Wisconsin accepting all HMO, insured and uninsured patients.

To schedule a tour or learn more please contact:

Tiffany Sanchez

Phone: (414) 939-7145

Email: Tiffany@mtrcinc.org

2835 N. 32nd St.
Milwaukee, WI. 53210

www.FirstStepCRC.com

Detoxification

ALCOHOL/DRUG DETOXIFICATION:

Detoxification is a set of interventions aimed at managing acute intoxication and withdrawal.

Detoxification seeks to minimize the physical harm caused by the abuse of substances. Supervised detoxification may prevent potentially life-threatening complications that might appear if the patient were left untreated. At the same time, detoxification is a form of palliative care for those who want to become abstinent. For some patients, it represents a point of first contact with the treatment system and the first step to recovery. Detoxification alone is not defined as substance abuse treatment and rehabilitation per se, but it is a basic component of the substance abuse treatment system.

Treatment and rehabilitation involves a constellation of ongoing therapeutic services ultimately intended to promote recovery for substance abuse patients. Therefore, a critical component of the detoxification service, in addition to evaluation and medical/psychiatric stabilization, is preparing the patient for entry into substance abuse treatment and, as appropriate, psychiatric care by stressing the importance of following through with the complete continuum of care.

Level of Care

SOCIAL DETOXIFICATION:

The Residential Detoxification Service provides up to 15 beds licensed under DHS 75.09. Patients usual stay 8 – 10 hours to sober up from alcohol intoxication. Once patients reach a blood alcohol level of .01, they can be discharged and referred to community resources for further care and support.

Both a physician and nurse are available 24/7 to ensure access to medical staff. A detoxification plan and a discharge plan is developed for each patient. As appropriate upon discharge, patients are provided referral, escort, and transportation services to ensure on continuity of care.

MEDICALLY MONITORED RESIDENTIAL DETOXIFICATION:

Licensed under DHS 75.07 and meeting requirement under DHS 83. These medical detoxification services are provided to up to fifty (50) patients daily. A multidisciplinary team of medical, nursing, AODA and other behavioral healthcare professionals provide 24 hour supervised evaluation and withdrawal management services. A physician is available to assess a patient in person within 24 hours of admission and as medically necessary thereafter. Gender-specific units are established to provide safe separation between patients. Psychiatric services are available within 8 hours by videoconference or phone, or 24 hours in person.

A registered nurse conducts an assessment at the time of admission. An appropriately credentialed and licensed nurse is responsible for monitoring and medication administration.

Clinical staff are knowledgeable in the biological and psychosocial dimensions of substance dependence and mental disorders; and have specialized training in behavior management techniques. They provide essential AODA/MH assessment, treatment planning, and counseling services to motivate each client/patient toward recovery.

Through the use of wraparound, consumer-driven care management and peer support approaches, the goal is to ensure strong linkages to the continuing care and treatment these clients require to minimize relapse and recidivism and achieve long term recovery.

