

# MARATHON KIDS

## WHAT IS MARATHON KIDS?

Getting kids active at a young age is game changing. These early years provide a critical window for creating a lifelong commitment to physical activity.

The Twain Tiger Marathon Kids Running Club will have opportunities for your child to run before, during and on occasion after school. A commitment to run at home, outside of school, is strongly encouraged. Each student participant will commit to jogging and/or walking up to 4 marathons over the course of the school year for a total of 104.8 miles! For each marathon completed, each student will receive a reward. The cost to join the program is \$15, but there are scholarships available if needed.

## WHAT DO YOU GET?

- FUN. A simple and effective program that gets kids moving.
- GOALS. Opportunities for kids to learn effective goal setting.
- EXCITEMENT. Fueling kids so they'll be active in other areas of life.
- REWARDS. Incentives and rewards for kids who meet their goals.

Learn more at [www.marathonkids.org](http://www.marathonkids.org).

---

## Marathon Kids Registration

Please complete the form and return it to Coach Jody with \$15 payment by October 9<sup>th</sup>  
Make checks payable to Mark Twain PTO

<b>Student First Name:</b>	<b>Student Last Name:</b>
<b>Grade Level:</b> K    1 <sup>st</sup> 2 <sup>nd</sup> 3 <sup>rd</sup> 4 <sup>th</sup> 5 <sup>th</sup>	<b>Teacher Name:</b>
<b>Parent Name:</b>	
<b>Parent Email:</b>	<b>Phone Number:</b>
<b>T-shirt size:</b> YS    YM    YL    AS    AM    AL    AXL	
I commit to help my child reach a goal of jogging and walking 104.8 miles by the end of the school year. <b>Parent Signature:</b>	

