



TRIAD TRIATHLON TEAM / PURE ENDURANCE COACHING  
GROUP COACHING APPLICATION AND WAIVER



MEMBER INFORMATION

First Name \_\_\_\_\_ Last Name \_\_\_\_\_ MI \_\_\_\_\_ DOB \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ E-mail Address \_\_\_\_\_

Triathlon Experience  Novice  Intermediate  Advanced

\*\*\*\*NOTE: YOU MUST BE A MEMBER OF THE TTT TO BE ELIGIBLE TO PARTICIPATE IN THIS PROGRAM\*\*\*\*

GROUP COACHING FEE

\$200 for the 16 week program (non-refundable)\*  
Program starts February 1<sup>st</sup> 2016 and concludes on May 22<sup>nd</sup>, 2016

\*I understand that the program may be cancelled and my (prorated) dues returned to me if there is insufficient participation or the program is cancelled by the organizers

Make checks payable to: **Pure Endurance Coaching**  
Mail form and check to: **Pure Endurance Coaching**  
C/O Simon Cloutier  
3417 Deep Green dr.  
Greensboro, NC 27410

WAIVER

Please read carefully before signing acknowledgment, waiver and release from liability (AWRL).

I acknowledge that a triathlon/multi-sport event is an extreme test of a person's physical and mental limits and carries with it potential for death, serious injury and property loss. I HEREBY ASSUME THE RISKS OF VOLUNTARILY PARTICIPATING IN TRIATHLON/MULTI-SPORT TRAINING AND COMPETITION. I certify that I am physically fit and have sufficiently trained for participation in triathlon/multi-sport events, and have not been advised against participation by a qualified health professional. I acknowledge that my statements on this AWRL are being accepted by the Triad Triathlon Team (TTT) and Pure Endurance Coaching (PEC) in consideration for allowing me to participate in this training program and are being relied upon by PEC, TTT MEMBERS, COACHES, DIRECTORS, and SPONSORS in permitting me to participate.

In consideration for allowing me to participate in this program, I hereby take the following action for myself, my executors, administrators, heirs, next of kin, successors and assigns, or anyone else who might claim or sue on my behalf, and I expressly acknowledge that it is my intent to take these actions: (a) I AGREE that prior to participating in any activity related to the training program, I will inspect the course, grounds, facilities, equipment, and areas to be used and if I believe any are unsafe I will immediately advise the person supervising the event activity facilities or area; (b) I waive, release and discharge from any and all claims, losses or liabilities for death, personal injury, partial or permanent disability, property damage, medical or hospital bills, theft or damage of any kind, including economic losses, which may in the future arise out of or be related to my participation in or my traveling to and from an event, the following persons or entities: PEC, TTT, TTT MEMBERS, COACHES, AND BOARD OF DIRECTORS, SPONSORS, RACE DIRECTORS, EVENT PRODUCERS AND VOLUNTEERS even if such claims, losses, or liabilities are caused by the negligent acts or omissions of the persons I am hereby releasing or are caused by the negligent acts or omissions of any other person or entity; (c) I acknowledge, that there may be traffic or persons on the course, route and I assume the risk of running, biking, swimming, participating, or volunteering in any TTT and/or PEC event. I also assume any and all other risks associated with participation in TTT and /or PEC sanctioned events including, but not limited to, falls, contact, and/or effects with other participants, effects of weather including heat and/or humidity, defective equipment, the condition of the roads, water hazards, contact with other swimmers or water craft and any hazard that may be posed by spectators or volunteers. All such risks being known and appreciated by me, I further acknowledge that these risks include risks that may be the result of the negligence of the persons or entities mentioned above in paragraph (b) or of other persons or entities; (d) I AGREE NOT TO SUE any of the persons or entities mentioned above in paragraph (b) for any of the claims, losses, or liabilities that I have waived, released, or discharged herein; (e) I IDENTIFY AND HOLD HARMLESS the persons or entities mentioned above in paragraph (b) from any and all claims made or liabilities assessed against them as a result of: (i) my actions or inaction's; (ii) the action's, inaction's or negligence of others including those parties hereby indemnified; (iii) the conditions of the facilities, equipment or areas where the event or activity is being conducted; or (iv) any other harm caused by occurrence related to an TTT and/or PEC event.

I hereby affirm that I am eighteen (18) years old or older, I have read this document, and I understand its contents.

Print Name \_\_\_\_\_

Signature \_\_\_\_\_

Date \_\_\_\_\_



ENDURANCE  
COACHING