



Practical Introduction to Occlusion

Occlusion made really, really easy - yes really!

Too many dentists and educators get caught up in the terminology and technology of occlusion. This two day course has been designed to relate to what you see every day in your patients. It's being held in our practice and laboratory so there is plenty of practical application on both days.



Many practitioners adopt a "this works for me" approach to occlusion, until things go wrong. With a little knowledge you can "pick the winners" and know when to avoid those cases that create only "misery" when you see the names in the schedule.

A perfect course for anybody with an interest in restorative dentistry (everybody!)



Dr. Kevin A. Lochhead
B.D.S.(LOND),M.F.G.D.P.(R.C.S.Eng)

Clinical Director and Specialist in Prosthodontics
GDC No. 62945

Over the last 25 years I have had a very keen interest in managing occlusion and TMJ problems. I have attended almost every available course on occlusion and TMJ therapy, here and in the USA. During the same period accepting and treating patients on referral for all occlusion related problems. I am always keeping up to date on the current literature on the subject and have been running courses on occlusion for over ten years.

Occlusion is certainly a journey but I do feel that I know what works, as well as what doesn't. Crucially we have, in this two day course, what I feel is the simplest approach to learning the subject and cutting past a lot of the bluster that surrounds it. Of course there are "grey" areas as in all topics, but for 99% of your work they are unlikely to be a problem.

Previous delegates on this course have unanimously confirmed that it allows you to see things you didn't notice before (the very next day) and to treat your restorative patients much more confidently.

If you have any intention of treating patients comprehensively then this course is a crucial starting point.

Topics covered:

- Occlusion terminology made simple
- Diagnosing Physiological healthy and Pathological occlusions
- The comprehensive, yet only 2min, occlusal examination of joints, muscles and teeth.
- The instruments of occlusion (and why you don't need most of them!)
- Appliance therapy - why are there so many and how do they work? why do they work? Which is the best?
- Occlusion in general restorative dentistry - from small restorations to bridges and dentures
- What is centric relation and why is it important?
- Bite registration techniques
- How to analyse an occlusion on an articulators
- Fremitus - what is it? and how to manage it.
- Occlusion and implant dentistry.
- Options for "guidance" in restorative dentistry

Practical aspects:

- The full occlusal exam
- How to achieve centric relation easily, this is a "coached" technique.
- Fabrication of an anterior "deprogramming" appliance
- Fabrication of the single most useful appliance you will ever use
- How to take Facebow records for restorative cases
- Taking of the correct records for mounting models in centric relation and in treatment position.
- How to set up and mount models on the articulator.

*Note all facebows / articulators and materials will be provided. To save time on the day delegates will be requested to bring casts of their own teeth. Our on site laboratory will be providing all technical support.

Kevin Lochhead

Edinburgh Dental Specialists

Please contact [Gemma](#) to book your place

Occlusion in General Dentistry

Presented by Dr Kevin Lochhead

2 Day Course - 14 Hours Verifiable CPD

Friday 17th April 9am - 5pm

and

Friday 22nd May 9am - 5pm

Cost - £675 (includes both days)

All sessions include refreshments and a 2 course lunch at [Wildfire](#)

Edinburgh Dental Specialists

178 Rose Street

Edinburgh

Eh2 4BA