



The Great Rainbow Body Phowa Course

Rinpoche's 11-day Phowa course is well-known for its comprehensive clarity, and also for the powerful transformative spiritual experiences of many participants.

He offers all the necessary empowerments and oral transmission blessings ("lung") as well as clear explanations of all aspects of the practice. Students will receive all the necessary practice texts, as well as helpful notes, illustrations and recording the course they have the opportunity to practise Phowa repeatedly, led by Rinpoche himself. So students finish the course with confidence that they can practice Phowa not just for themselves, but also for deceased loved ones and other beings.

The course also includes teachings on how to do Vajrasattva practice to clear illnesses and negative karma, a short practice of Buddha Amitabha, and both Buddha Amitabha and Milarepa tsok offering feasts to which family and friends are welcome.

September 1 Tuesday	7 PM-9:30 PM	* Short Introduction to Phowa (Transference of Consciousness at the moment of death)
September 2 Wednesday	9 AM-11 AM	Empowerment Preparation (Rinpoche and attendants only)
	1 PM-5 PM	* Buddha Amitabha Empowerment
September 3 Thursday	8 AM-11 AM	Phowa Teaching (To be continued)
	1 PM-3:30 PM	Phowa Teaching (To be continued)
	4.30 PM-6:30 PM	Phowa Teaching
September 4 Friday	8 AM-11 AM	* Nyingma Phowa Oral Transmission Blessing
	1 PM-3:30 PM	* Vajrasattva Teaching - Four Powers by Rinpoche
	4.30 PM-6:30 PM	Vajrasattva Visualization, by Assistant
September 5 Saturday	8 AM-11 AM	Nyingma Phowa Practice, lead by Rinpoche
	1 PM-3:30 PM	Nyingma Phowa Practice, lead by Assistant
	4.30 PM-6:30 PM	Drikung Phowa Teaching
September 6 Sunday	8 AM-11 AM	* Drikung Phowa Oral Transmission Blessing
	1 PM-3:30 PM	Drikung Phowa Practice, lead by Rinpoche
	4.30 PM-6:30 PM	Drikung Phowa Practice, lead by Assistant
September 7 Monday	8 AM-11 AM	* Three Excellences Teaching
	1 PM-3:30 PM	Drikung Phowa practice, lead by Assistant
	4.30 PM-6:30 PM	Nyingma Phowa practice, lead by Assistant
September 8 Tuesday	8 AM-11 AM	Buddha Amitabha general explanation, by Rinpoche Buddha Amitabha Meditation visualization, by Assistant
	1 PM-3 PM	Medium Nyingma Phowa Practice, lead by Assistant
	4.30 PM-6:30 PM	* Namcho Amitabha Short Sadhana Practice * Pureland Long Aspiration Prayer
September 9 Wednesday	8 AM-11 AM	Teaching on doing Phowa for Others at the moment of death
	1 PM-4 PM	* Milarepa Tsog Offering
	4.30 PM-6:30 PM	Drikung Phowa Practice, lead by Assistant
September 10 Thursday	8 AM-11 AM	Teaching on doing Phowa for Oneself at the moment of death
	1 PM-2:30 PM	Short Drikung Phowa Practice, lead by Assistant
	3 PM-5 PM	Instruction on Phowa Practice after the course
	7 PM-9:30 PM	* Fundraising Event
September 11 Friday	8 AM-11 AM	* Buddha Amitabha Tsog Offering Prayer (To be continued)
	1 PM-4 PM	* Buddha Amitabha Tsog Offering Prayer, Jang Chok Ritual

(* Indicates Open to the Public)

PHOWA COURSE WITH HIS EMINENCE "CHOEJE" AYANG RINPOCHE IN SAN JOSE, CALIFORNIA

SEPTEMBER 1-11, 2015

Due To Limited Seating, Pre-registration For Phowa Retreat, Boat Trip And Fundraising Dinner Is Required!