MISSION: The Mental Health Association of Southeast Florida is dedicated to promoting mental health and victory over mental illness and related challenges through education, prevention, advocacy, research, and empowerment.

VISION: A society in which all people are accorded respect, dignity, and the opportunity to achieve their full potential free from stigma and prejudice.

THE STORY OF THE BELL

During the early days of mental health treatment, asylums often restrained people who had mental illness with iron chains and shackles around their ankles and wrists. With better understanding and treatments, this cruel practice eventually stopped.

In the early 1950’s, the National Mental Health Association issued a call to asylums across the country to send in their discarded shackles and chains. On April 13, 1956, at the McShane Bell Foundry in Baltimore, those chains and shackles were melted down and recast into a sign of hope: the Mental Health Bell.

Now the symbol of MHA’s across the country, the 300 lb bell serves as a powerful reminder that the invisible chains of misunderstanding and discrimination continue to bind people with mental illness. Today, the bell rings out hope for improving mental health and achieving victory over mental illness.

A BELL KEEPERS MEMBERSHIP INCLUDES:

- Special recognition at MHA events
- Invitations to special events
- Invitations to exclusive Bell Keepers Socials
- Name listed in newsletters
- Discounted frame shop purchase (20%)
- Special thank you gift

TESTIMONIALS

“My listener helped me to not always be sad, and she was fun to talk to.”
— Amy (age 7)

“Inspires me to do my best.”
— Mark (age 8)

“The 9Muses saved my life.”
— Anonymous

“It’s a place where I go where I can feel safe.”
— Anonymous

“It’s open when I need it to be open.”
— Anonymous

“I love doing my art work here, it makes me feel good.”
— Anonymous
Who We Are: The Bell Keepers Circle

The Bell Keepers Circle is a group of highly dedicated and generous partners providing a cornerstone of support for the Mental Health Association of Southeast Florida and their mission.

The ongoing commitment of the Bell Keepers will help to insure MHA's ability to continue to provide our community with the vital programs and services that it has provided since 1957.

Pledge and Payment Information

Level | Annual Total | Monthly Payment
--- | --- | ---
Benefactor | $12,000+ | $1,000/mo
Sustainer | $6,000+ | $500/mo
Guardian | $3,000+ | $250/mo
Visionary | $1,200+ | $100/mo

Contributions are tax deductible.*

Thank You!