

“CAST FROM THE SHACKLES
WHICH BOUND THEM,
**THIS BELL SHALL
RING OUT HOPE**
FOR THE MENTALLY ILL AND
VICTORY OVER MENTAL ILLNESS.”

— INSCRIPTION ON THE MENTAL HEALTH BELL

THE STORY OF THE BELL

During the early days of mental health treatment, asylums often restrained people who had mental illness with iron chains and shackles around their ankles and wrists. With better understanding and treatments, this cruel practice eventually stopped.

In the early 1950's, the **National Mental Health Association** issued a call to asylums across the country to send in their discarded shackles and chains. On April 13, 1956, at the McShane Bell Foundry in Baltimore, those chains and shackles were melted down and recast into a sign of hope: **the Mental Health Bell.**

Now the symbol of MHA's across the country, the 300 lb bell serves as a powerful reminder that the invisible chains of misunderstanding and discrimination continue to bind people with mental illness. Today, the bell rings out hope for improving mental health and achieving victory over mental illness.

A BELL KEEPERS MEMBERSHIP INCLUDES:

- Special recognition at **MHA** events
- Invitations to special events
- Invitations to exclusive Bell Keepers Socials
- Name listed in newsletters
- Discounted frame shop purchase (20%)
- Special thank you gift



TESTIMONIALS

*“My listener helped me to not always be sad,
and she was fun to talk to.”*

— Amy (age 7)

“Inspires me to do my best.”

— Mark (age 8)

“The 9Muses saved my life.”

— Anonymous

“It's a place where I go where I can feel safe.”

— Anonymous

“It's open when I need it to be open.”

— Anonymous

“I love doing my art work here, it makes me feel good.”

— Anonymous

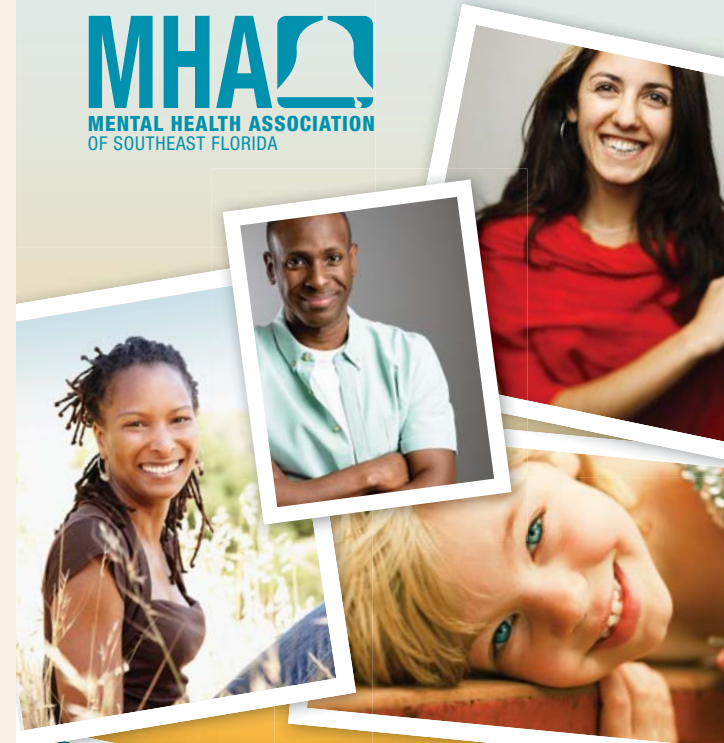


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www.mhasefl.org

THE
BELL KEEPERS
CIRCLE
MHA
MENTAL HEALTH ASSOCIATION
OF SOUTHEAST FLORIDA



MISSION: The Mental Health Association of Southeast Florida is dedicated to promoting mental health and victory over mental illness and related challenges through education, prevention, advocacy, research, and empowerment.

VISION: A society in which all people are accorded respect, dignity, and the opportunity to achieve their full potential free from stigma and prejudice.



WHO WE ARE

The **Mental Health Association of Southeast Florida (MHA)** is a private, non-profit organization working to promote behavioral health and prevent mental illness through education, prevention, advocacy, research, and empowerment. Established in 1957, the Mental Health Association of Southeast Florida is a recognized affiliate of Mental Health America, the nation's oldest advocacy organization working in the area of mental health, mental illness, and prevention.

Programs and services of **MHA** include school-based education and mentoring, parent education, education for the public and professional community, social mentoring, support and advocacy.

MHA SUPPORTED PROGRAMS:

- 9Muses Art Center
- Listen to Children
- I'm Thumbody and Thumbody Too
- Parent Education/Parent Support (PEPS)
- The SETH Line
- Prosper (A Peer Health Project)
- Pamela Glassman Education Center

MHA derives its funding from grants, donations, fees, and proceeds of special events. Major funding sources include Broward County Human Services, Child-Net, United Way, and Broward Behavioral Health Coalition.



THE BELL KEEPERS CIRCLE

The **Bell Keepers Circle** is a group of highly dedicated and generous partners providing a cornerstone of support for the Mental Health Association of Southeast Florida and their mission.

The ongoing commitment of the Bell Keepers will help to insure MHA's ability to continue to provide our community with the vital programs and services that it has provided since 1957.

PLEDGE AND PAYMENT INFORMATION

Level	Annual Total	Monthly Payment
Benefactor	\$12,000+	\$1,000/mo
Sustainer	\$6,000+	\$500/mo
Guardian	\$3,000+	\$250/mo
Visionary	\$1,200+	\$100/mo

*Contributions are tax deductible.**

THANK YOU!

*The Mental Health Association of Southeast Florida (MHA) is an IRS approved (501(c)(3) corporation. Contributions are tax deductible. MHA is registered as a charitable organization with the Florida Department of Agriculture and Consumer Affairs. A copy of the official registration and financial information may be obtained from the Division of Consumer Affairs by calling 1-800-435-7532 within the State of Florida. Registration number SC02513

BELL KEEPERS PLEDGE

Name: _____

Street: _____

City and State: _____

Zip: _____ Phone: (____) _____ - _____

Email: _____

BELL KEEPER MEMBERSHIP OPTIONS:

(PLEASE CIRCLE YOUR SELECTION)

Level	Annual Total	Monthly Payment
Benefactor	\$12,000+	\$1,000/mo
Sustainer	\$6,000+	\$500/mo
Guardian	\$3,000+	\$250/mo
Visionary	\$1,200+	\$100/mo

___ Please charge me monthly

(OR)

Make check payable to **MHA Southeast Florida** or charge my American Express, Visa, or MasterCard in the amount of \$ _____.

You may also go directly to the website **www.mhasefl.org** and pay online with PayPal.

Card #: _____

Expiration Date: _____ Security Code: ____

Signature: _____

You may also call your credit card information into:

Mental Health Association of Southeast Florida

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