

EXPLORING THE WORLD OF FOOD

at University Heights Whole Foods



Wednesday, October 7, 2015

6:00 – 7:30pm

University Heights Whole Foods

601 North Main Street, Providence

Cost to attend \$20 | Members \$15

Take a behind-the-scenes tour of Whole Foods and explore each of the departments and the quality standards they uphold, with Whole Foods Healthy Eating Specialist, Jennifer Goff. The tour will feature foods that are free of artificial preservatives, colors, flavors, sweeteners, and hydrogenated fats. At the end of the tour, there will be a cooking demo featuring a fall harvest couscous recipe and a gift bag to take home with all of the ingredients necessary to make your own meal.

Pre-registration is required and enrollment is limited, so sign up early!

For more information, contact Erin Moseley, Director of Arts & Culture at emoseley@jewishallianceri.org or 401.421.4111 ext. 108.



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