



Tornado Shelter Supplies Checklist

Food and Water

- One gallon of drinking water per person per day (5-7 gallons per person)
- Canned fruits and vegetables*
- Canned soup and ravioli*
- Canned chicken and fish*
- Can opener
- Nuts and peanut butter
- Crackers with a long shelf life
- Granola bars
- Beef jerky
- Trail mix
- Meals Ready to Eat, or MREs
- Disposable eating utensils, plates and cups
- Bottles, formula and baby food, if applicable
- Pet food, if applicable

* Don't forget to pack a can opener!

Clothing

- Extra change of clothing stored in a plastic bag
- Warm clothes including hat, gloves and jacket
- Heavy shoes or boots
- Work gloves
- Poncho
- Bike helmet to protect from falling debris

First Aid Kit

- Over-the-counter pain relievers
- Prescription medications for each family member

- Adhesive bandages
- Compress dressing
- Antibiotic ointment
- Sterile gauze pads
- Antibacterial wipes
- Ace bandages
- Instant cold compress
- Non-latex gloves
- Tweezers
- Thermometer

Sanitation Supplies

- Hand sanitizer
- Portable tissue packs
- Toilet paper
- Trash bags
- Diapers and wipes for babies, if applicable

Camping Gear and Tools

- Tent and tarp
- Sleeping bags and blankets
- Battery-operated lantern
- Battery-operated weather radio
- Flashlights
- Extra batteries for lantern, radio and flashlights
- Cash
- Cell phone charger
- Duct tape
- Whistle
- Nylon rope
- Swiss army knife
- Hammer
- Waterproof matches

Personal Documents

- Home deed
- Tax information
- Insurance documents

- Birth certificates
- Medical papers
- Banking information

For cleanup after a tornado or natural disaster please contact [Rainbow International®](#) at 855-724-6269. We're here to help restore your home and get your life back on track.