

# Worship

## What does Hope, Peace, Joy, Love, and Light look like to YOU?

This year during the season of Advent, Trinity is inviting its family and friends to participate in Advent in a slightly different manner. The four Sundays of Advent are each dedicated to a specific theme for which a candle is lit. The candle lit the first Sunday of Advent (November 29), represents HOPE. The candle lit the second Sunday of Advent (December 6) represents PEACE. The candle lit on the third Sunday (December 13) represents JOY. The candle lit the fourth Sunday (December 20) represents LOVE. And finally, the Christ candle is lit (December 24) representing God's LIGHT brought into the world by the birth of Christ.

Here is an invitation to immerse yourself more fully in the season of Advent. You are invited to reflect on, and to *look* for, examples of these weekly themes in your daily life, then capture them with your camera/camera phone. What does **Hope, Peace, Joy, Love** and **Light** look like to *you*?

Once you take your photos, you are invited to share your pictures with the congregation, online and/or in print.

Here's how it will work:

◆ On the Trinity Cathedral Facebook page, there will be a weekly message and daily reminder identifying the theme of the most recently lit candle, with a short prayer. You are invited to reflect on the prayer and to look for images in your daily life that capture, express, or illuminate that particular theme.

◆ Once you have taken the picture(s), you are asked to post it\* to your own Facebook page, and include the following three elements:

1. The theme you captured -- Type it in the text box
2. A comment/thought about the picture and theme (please don't include names of children)
3. This hashtag: **#tcadventpics**

**This is important!** Type the hashtag with the pound sign (#) first and with the text all in lower case (FYI, it's short for Trinity Cathedral Advent Pictures) and with NO spaces. If you do this, your image will be added to the growing gallery of other images submitted to Facebook, under this specific hashtag. To see the gallery, simply click on the highlighted hashtag [#tcadventpics](#) link.

If you're not on Facebook, this might be a great time join. It's free. Go to their webpage ([www.facebook.com](http://www.facebook.com)) to set up an account. You can then "Like" the Trinity Cathedral page from your own personal page. This will allow you to receive the weekly/daily reminders of the weekly Advent themes.

If you choose not to participate through Facebook, no problem! Here is another option: Have your picture(s) printed and bring them to Trinity on Sunday. There will be bulletin boards in the Great Hall - one for each Advent theme - for you to post your picture. This option is also available to those who posted online. Please share!

May each of you keep the spirit of Advent close to you this season and find hope, peace, joy, love, and light in your Advent journey.

Blessings,

*Pamela*



Rev. Dr. Pamela Anderson

### **\*If you do not know how to post a photo, here is a short tutorial.**

To add and post photos to Facebook:

1. **Click Add Photos/Video** at the top of your News Feed.

2. **Select an option:**

**Upload Photos/Video:** Post photos from your computer. The photos you post will be added to your Timeline Photos album.

**Create Photo Album:** Post photos from your computer to a new album.

3. **Select the photos you want to add to Facebook.**

You can also:



Tag friends



Share what you're feeling or doing



Add a location

4. **Click Post.**