



CARLISLE ACADEMY  
INTEGRATIVE EQUINE  
THERAPY & SPORTS

# Para Pipeline Training Camp

*Training & Education for  
Emerging Para-Equestrian Athletes and Coaches*

**Auditors Welcome**

**Para-Dressage, May 26-30, 2015  
Para-Driving, May 30, 2015**



**Designed & Hosted by  
Carlisle Academy Integrative Equine Therapy & Sports  
65 Drown Lane, Lyman, Maine, USA**



## REGISTRATION & INFORMATION

**Join us at Carlisle Academy for 5-days of para-equestrian training and education!** During this May 2015 *Para Pipeline Training Camp*, world-class para-dressage and para-driving coaches and judges will work alongside Carlisle Academy's staff of PATH Instructors, USDF medalists, and specially credentialed occupational and physical therapists to help developing athletes lay a foundation for success in para-equestrian sports.

Coaches and riders will have access to lectures which include the *Para-Equestrian Classification Process, Adaptive Equipment & Compensation Aids, FEI Para-Dressage Rules, and Equine Selection*, along with topics covering horse and human health. Demonstrations of para-dressage tests through the grade levels will be "mock judged" by a FEI 4\* Para-Dressage Judge **David Schmutz** and will give attendees a deeper understanding of requirements and challenges that occur in national and international competitions. During the mounted portion of the camp, each rider's personal coach is invited to participate in *collaborative coaching* with international para-dressage experts **Kai Handt** and **Clive Milkins**. Participants will also have a chance to learn more about **USEF's Para-Dressage Young Rider Program, Veterans Assistance Program, and National Championships**. On the final day, top para-driving medalist **Diane Kastama** will do an **Introduction to Para-Driving** with opportunities for participants to try this growing sport.



Finally, as the focus in these camps is on building the grassroots pipeline program, **a panel of past and current FEI competitors** will speak about the competition pathway for emerging athletes, as well as the growing options in regional and national competitions.



*Carlisle Academy's Para Pipeline Camps are recommended by the United States Equestrian Federation and the United States Para-Equestrian Association for rider and coach development. Eight CEU's are available to all coaches who complete the Para-Dressage Coaches' Seminar (May 27) towards a **Para-Equestrian Coaching Certificate Program** (in development).*



## Featured Clinicians & Speakers

- **Kai Handt** - USEF Para-Dressage Chef d'Equipe & Technical Advisor, FEI Para-Dressage Coach
- **Clive Milkins** - International Para-Dressage Coach; Trainer-in-Residence at Carlisle Academy
- **David Schmutz** - FEI 4\* Para-Dressage Judge; USEF "S" Dressage Judge
- **Diane Kastama** - FEI Para-Driving Medalist; Vice President of USDFD; USEF PE Technical Committee
- **Sydney Collier** - 2014 World Equestrian Games Para-Dressage Athlete, Young Rider Team Member

## Other Presenters & Consultants

- **Susan Grant** - OTR/L, HPCS ~ Carlisle Academy Licensed Occupational Therapist & PATH Certified Riding & Driving Instructor, Certified Equine Massage Therapist
- **Janet Smaldone** - PT, HPCS ~ Carlisle Academy Licensed Physical Therapist
- **Melinda Baxter** - Certified Integrative Nutrition Health Coach, Master Life Coach, Certified Yoga Teacher
- **Nancy Shedrick** - Certified Saddle Fitter, Shedrick English Saddlery, Member of the Society of Master Saddlers U.K.
- **Theresa Babson** - Fundraising Consultant
- **Anna Collier** - "Show Mom" Extraordinaire; Parents' Forum Facilitator

# Pipeline Camp Options

## **Para Pipeline Training Camp (Riders, 5 Days), May 26-30 - \$1250**

Included in full or per diem tuition are all items listed in the schedule of events on any given day. Riders registered for full camp tuition need not pay additional per diem tuition or per diem meals.

*Per diem camp options are available for \$350 per day.*

- Private lessons with world-class clinicians
- Equine and athlete lectures by experts in the field
- 4\* FEI Para-Judge's Perspective
- Optional PT/OT Evaluations/Health Consults
- Comprehensive report with clinician and therapists' recommendations
- Information on veterans program, youth programs, national programs
- Lunch each day and Banquet Dinner included
- Use of borrowed horse or stabling included



## **Para-Dressage Coaches' Seminar & Rider Education Day, May 27 - \$250**

Included in this one-day tuition are all items listed in the schedule of events.

- Demonstration rides, Coaches' Forum, Riders' Forum, Parents' Forum
- 4\* FEI Para-Judge's Perspective
- Eight (8) CEU's are available towards a Para-Equestrian Coaching Certificate Program (in development)
- Coaches wanting to attend subsequent camp days are required to pay the additional \$50 auditing fee per day
- Lunch and the Opening Banquet Dinner are included



## **Introduction to Para-Driving (Drivers) May 30 - \$250**

Included in this one-day tuition are all items listed in the schedule of events.

- Private lessons with world-class clinician and para-driving medalist
- Lectures by experts in the field
- Lunch is included
- Use of borrowed horse or stabling included



## **Auditors/Coaches - May 28-30 only - \$50 per diem**

- Observation of all lessons for educational purposes
- Access to all lectures on equine/athlete topics by experts in the field
- Participants' family members or support staff do not have to pay the additional audit fee
- Auditing is not available for the Para-Dressage Coaches' Seminar & Rider Education Day (May 27<sup>th</sup>. Full pay is required at \$250)
- Lunch is not included in fee, but can be purchased separately if pre-registered by May 5<sup>th</sup>



**Opening Banquet Dinner & Keynote Address:** All participants and guests are invited to an opening banquet at the Nonantum Resort in Kennebunkport, Maine on Wednesday, May 27<sup>th</sup>. Pre-registration is required. We will hear opening remarks from USEF Para-Dressage Chef d'Equipe Kai Handt about the future direction and development of the sport, as well as an inspirational keynote address by 2014 World Equestrian Games Para-Dressage Athlete Sydney Collier, representative of the Para-Dressage Young Rider Team, and winner of the 2014 FEI Against-All-Odds Award.

(A complete schedule is listed on pages 8-10)



# Registration Details

**CARLISLE ACADEMY – A National Leader in Grassroots Para-Equestrian Education & Training:** Since 2009, Carlisle Academy has been designing and conducting para-dressage camps and intensive training programs with international clinicians and judges at our training center in Maine as well as other select national locations. Developing para-dressage athletes and coaches gain access to experienced para-dressage coaches as well as on-staff physical and occupational therapists to provide professional assessments, collaborative coaching, and innovative training to enhance performance development in the sport.



**Farm Facilities:** The 150-acre private facility is centrally located in Southern Maine, just 30 minutes from Portland, ME and Portsmouth, NH. Fly into Portland, ME, Manchester, NH or Boston, MA airports. The Academy provides an ideal environment for training. With two indoor arenas, two outdoor arenas, including a full-size dressage arena, a therapy room and classroom, individuals and horses alike will find the space comfortable, peaceful and conducive to a productive learning experience. The facility is fully accessible with ADA-compliant restrooms, parking, viewing room/classroom, lift system, and mounting ramps.

**Camp Locations/Contacts:** The Seminar Day and Opening Banquet (May 27) will be held at the classic, waterfront Nonantum Resort in Kennebunkport, Maine. (95 Ocean Ave, Kennebunkport, ME, 04046, 844-569-3524); All demonstrations, classification of riders, therapists' assessments and mounted portions of the camp will be held at Carlisle Academy at Spring Creek Farm, 65 Drown Lane, Lyman, Maine (Office: 207-985-0374, Sarah Armentrout, Head of School, Carlisle Academy - mobile: 207-468-4035 [sarmentrout@carlisleacademymaine.com](mailto:sarmentrout@carlisleacademymaine.com)).



**Enrollment & Eligibility:** Enrollment is open to any independent rider or driver with a permanent, measurable disability who is interested in pursuing a competitive para-equestrian track regionally, nationally, or internationally. (More info on para classification and eligibility at [www.uspea.org](http://www.uspea.org); [www.usef.org](http://www.usef.org).) No prior para-equestrian experience is required for this grassroots camp, however, riders must have a level of proficiency to be independent of sidewalking and horse handling support. Due to the intensive nature of the Para Camp, space is limited to 10 riders/drivers during the practicum days. Carlisle Academy will hold space for 2 alternates in the event of rider cancellations. Enrollment for the 1-day *Coaches' Seminar & Rider Education Day* is limited to 30 participants. Unlimited enrollment is available for auditors. Preference is given to riders enrolled in the full camp versus on a per diem basis.

**Horses:** Appropriate and trained program horses are available for para-equestrian athletes, including riders and drivers. Carlisle staff horse handlers are on-hand for assistance with borrowed horses. Stabling is also available for riders who choose to bring their own horses. Shipped-in horses must be up-to-date on vaccinations and with current Coggins (1 year). Turn out is not available. *Borrowed horses and stabling expenses are provided free of charge, courtesy of Carlisle Academy and friends of Carlisle Academy. Our sincere thanks to those horse owners who are lending their horses for the camp.*



**Attire:** You must wear an ASTM/SEI approved helmet with fastened harness at all times while mounted. Breeches, belt, half-chaps or tall boots are appropriate attire. Shirts should be neat and workmanlike.

**Private Consults:** Camp participants will have access to optional, private consults from licensed professionals in physical and occupational therapy free of charge. Consults in Integrative Health and Saddle Fitting are offered for a small fee. Please review bios about consultants for more information. Pre-registration is required.

**Meals: (Pre-registration is required)**

Camp tuition (either per diem or in full) includes lunch each day for riders/drivers and coaches if pre-registered by May 5<sup>th</sup>. The Opening Banquet dinner is included if pre-registered for the Full Camp or the 1-day *Coaches' Training & Rider Education Program*.

Additional family members, aides, guests, and auditors desiring a lunch or the Banquet Dinner are required to pay per meal, by the registration due date, May 5<sup>th</sup>. Meal tickets will be provided.

- Opening Banquet Dinner, May 27, 6:30pm - \$35
- Lunches only per day - \$15

**Scholarship Support:** The Carlisle Charitable Foundation, an independently governed 501(c)(3) organization and the Academy's philanthropic partner, supports para-equestrians who participate in Carlisle's camps and clinics. A scholarship funding request can be made through the "Zoe Fund" of Carlisle Charitable Foundation. More information is available at [www.carlislecharitablefoundation.org](http://www.carlislecharitablefoundation.org). (207-467-3242)



**Overnight Accommodations:** We have reserved a block of rooms at group rates for camp participants at the **Nonantum Resort** in Kennebunkport, Maine (95 Ocean Ave, Kennebunkport, ME, 04046, 844-569-3524) and the **Seaside Inn**, Kennebunk Beach, Maine (80 Beach Avenue, Kennebunk Beach, Maine; 1-800-967-4461). Participants make their own room reservations and please specify "Para-Pipeline Group." There are many other hotel options in the Kennebunk area and can be found on our website at [www.carlisleacademymaine.com](http://www.carlisleacademymaine.com), under the Training & Leadership button.

**Registration Due Date: Postmarked or faxed by May 5, 2015, by 5pm. Deposit of \$250 is required to hold a spot. Balance is due May 20<sup>th</sup>.** Credit cards are accepted. Ride/drive times and scheduled consults will be posted no later than May 22<sup>nd</sup>, after all registration forms have been processed.

**Please see the last page for the registration form.**

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### **Clinicians' & Speakers' Biographies**

**Kai Handt, USEF Para-Dressage Chef d'Equipe & Technical Advisor; FEI Para-Dressage Coach.** Kai is the Para-Dressage Chef d'Equipe for the United States Equestrian Federation, and most recently served in this capacity at the 2014 World Equestrian Games. As a rider, trainer, and clinician, Kai's illustrious equestrian background includes coaching and sponsoring para-dressage riders at the international level for the past several years. Among his many accolades are serving as the individual coach and sponsor at 2012 Paralympics to the highest placing U.S. equestrian overall at the Paralympics and Olympics, as well as individual coach and sponsor at the 2010 World Equestrian Games in Lexington, KY. He has been an individual coach for one or more riders at the 2009, 2010, 2011, 2012, and 2014 USEF National Para-Equestrian Dressage Championships earning 2011 USEF National Para-Equestrian Dressage Champion, 2012 USEF National Para-Equestrian Dressage Reserve Champion. Kai was also the individual coach for Derrick Perkins; the first Para-Dressage rider from the United States Veteran's Assistance Program in 2013, and is the current coach for World Equestrian Games Para-Dressage Rider Roxanne Trunnell.

**Clive Milkins, International Para-Dressage Clinician; Trainer-in-Residence at Carlisle Academy.** Clive Milkins, a leading para-equestrian dressage coach from Great Britain, was instrumental in leading his team to a gold medal at the 2012 London Paralympics. He began his work with the RDA (Riding for the Disabled) in the late 1980s after volunteering at Moreton Hall Group while at Warwickshire College. Clive was the trainer for the British team at the 1990 World Championship and Games for disabled riders. He has since coached riders competing at Paralympic Games (Athens and Beijing), European Championships and World Championships. Clive coached triple gold medal winning rider, Sophie Christiansen, at the 2012 Paralympics. Clive has been nominated for numerous awards since his career began: Groom of the Year, 2005; The Queen's Award for Equestrianism, awarded for 'Outstanding Services to Equestrianism'; and the Kuster BEF Groom of the Year in 2006. Clive is currently the Head Coach at the Hong Kong RDA, working with para-dressage athletes on the international level. He will be in residence as Carlisle Academy's Para-Dressage Coach 12 weeks out of each year.

**David Schmutz, FEI 4\* Para-Dressage Judge; USEF “S” Dressage Judge.** David Schmutz is currently a Senior (‘S’) Dressage judge approved by United States Equestrian Federation (USEF) and has been a Licensed Official since 2000. In 2012 FEI approved him as a 4-star (4\*) Para-Equestrian judge from the United States. Mr. Schmutz has also been awarded his bronze, silver and gold rider medals from USDF. As a 4\* Para-Equestrian judge, he has officiated on numerous panels in the United States. In July, 2014 he was invited to serve on the panel for the Bishop-Burton CPEDI in England, the first such appointment for a US judge in Europe. He also served on the USEF Selection Trial Ground Jury for the 2014 Para-WEG in Gladstone, New Jersey. Mr. Schmutz also produces Dressage Competitions in the Los Angeles Area and has done so since 1988. He has managed both USEF and FEI approved competitions. His current venue is at Hansen Dam Equestrian Center in Lakeview Terrace, California. As the owner and manager of the Paddock Riding Club for almost twenty years, he has extensive experience in all phases of equestrian endeavor. The Paddock had capacity for 200 horses, along with regular Hunter/Jumper and Dressage competitions and a riding school. The Paddock was sold in 2006. He was the chairman of the USDF office relocation study committee which spearheaded the move of the USDF office to Lexington, Kentucky. His service to the local dressage community includes being a founding and life member of Dressage Association of Southern California. He has also served on the board of directors for both California Dressage Society and Dressage Society of Southern California.

**Diane Kastama, FEI Para-Driving Medalist; Vice President of United States Driving for the Disabled; USEF Para-Equestrian Technical Committee Member.** A resident of California, Diane has represented the United States of America six times at the Para-Equestrian World Championships from 2002-2014 bringing home 6 medals, 1 Individual Gold, 2 Silvers( Individual and Team) and 3 Bronze medals (1 individual, 2 Team). Within the United States, Diane competes at the National Advanced level and the FEI level, both single and pair. She has competed at two National Singles Championships and one Pair National Championships against all drivers whether they are disabled or not. Diane has been awarded the 2006 Chronicle of the Horse's Driver of the year and was recently awarded the 2014 Becky Grand Hart Trophy at the USEF's Pegasus awards. Diane continues to educate and mentor upcoming drivers with disabilities as Vice President of United States Driving for the Disabled and serving on the USEF Para-Equestrian Technical Committee. In 1991 a car crash left Diane paralyzed from the waist down. Although a lifelong horse person and dressage enthusiast, riding without the use of her legs was not much fun and she soon turned to driven dressage and then the exciting sport of combined driving. Diane started competing with her home bred Appaloosa's moving on to a series of Section D Welsh Cobs, Rupert, Jasper and George. She drives them single, pair, and tandem. Diane has recently added a Dutch Harness horse cross as her future FEI horse Cavalier and drives him in the pair with Rupert. Diane has demonstrated her skills at Rolex, Horse Expo in Sacramento, the “Night of the Horse” in Del Mar, Equine Affair, and various therapeutic horse programs throughout California. Diane is always willing to share her skills and knowledge and bring driving to the forefront of equine sports.

**Sydney Collier, 2014 World Equestrian Games Para-Dressage Athlete Para –Dressage; Young Rider Team Member.** Sydney is a 17-year-old native of Ann Arbor, Michigan. She and her trusty Service Dog Extraordinaire named Journey currently reside in Millbrook, NY while studying and training with accomplished dressage trainer Wesley Dunham at Woodstock Stables. An avid equestrian since the age of 7, Sydney was a successful eventing and show jumping competitor with dreams of one day riding at Rolex. An unexpected diagnosis at age 7 of a rare and life threatening syndrome called Wyburn-Mason, followed by a massive stroke, challenged these dreams, but did not defeat them. Determined to continue to train and compete, Sydney attended the 2010 World Equestrian Games in Kentucky. After meeting Jonathan Wentz and watching the debut of Para Dressage at a World Championship, a new dream was born. Sydney realized that her physical disabilities uniquely qualified her for competitions at the highest levels, while simultaneously allowing her to share her knowledge with other disabled riders. Dedicated to making a difference she joined the United States Para-Equestrian Association. At the age of 16 Sydney became the youngest competing member at the 2014 Alltech FEI World Equestrian Games in Normandy, France as part of the U.S. Para-Dressage Team. She was the first Para-Equestrian to be named the USEF 2014 Junior Equestrian of the Year, and was awarded the prestigious 2014 FEI Against-All-Odds Award. Besides riding, Sydney is dedicated to giving back to the community in as many ways possible. When Sydney isn't traveling the world, she is an active public speaker, demonstration rider, and teachers' aide at a local special education school. Sydney's next goal is to represent the USA at the 2016 Paralympics in Rio de Janeiro. She will also be attending College and working towards her degree in Special Education. Sydney rides to spread her message “that through drive, determination, and adaptability dreams become reality.”

## **Presenters' & Consultants' Biographies**

**Susan Grant, Licensed Occupational Therapist, Hippotherapy Clinical Specialist, Equine Massage Therapist.** Susan Grant, Director of Therapy & Adaptive Programs at Carlisle Academy, graduated from Utica College of Syracuse University in 1978 with a degree in Occupational Therapy. A licensed occupational therapist with 35 years of experience, Sue is a PATH Intl. certified therapeutic riding and carriage driving instructor as well as a Hippotherapy Clinical Specialist through the American Hippotherapy Certification Board. She has worked as a clinician, supervisor, and clinical director at Eastern Maine Medical

Center, New England Rehabilitation Hospital, Alpha One and the University of New England. Susan has clinical experience working with adults and children with neurologic, developmental and acquired disabilities and has significant past experience working with people with spinal cord and brain injuries as well as Multiple Sclerosis. Professional areas of expertise include adaptive equipment and assistive technology, assessment of personal care needs, home and building and modifications, adaptive driver evaluation and training and systems advocacy. Lastly, in 1998 Susan received certification in Equine Sports Massage Therapy and has experience working with all types of horses from backyard ponies to high-performance competition equines.

**Janet Smaldone, Physical Therapist, Hippotherapy Clinical Specialist.** Janet Smaldone is a licensed physical therapist in four states, including Maine, and is also a Hippotherapy Clinical Specialist through the American Hippotherapy Certification Board. Janet graduated from UMass Lowell in 1985 with a BS in Physical Therapy. She joined Carlisle Academy in 2011 in the hippotherapy program with over 25 years' experience in primarily pediatrics in a variety of settings, including 10 years at NCEFT (National Center for Equine Facilitated Therapy). In addition, she is trained in Pediatric and Baby NDT (Neurodevelopmental Treatment), and Craniosacral Therapy Level I and II.

**Melinda Baxter, Certified Integrative Nutrition Health Coach & Master Life Coach.** Melinda's extensive training as an Integrative Nutrition Health Coach, Functional Diagnostic Nutrition Consultant and Master Life Coach, allows her to customize a program for her client's needs. She works successfully with many people who want to lose weight, get fit and understand what foods work well for their unique body as well as uncover causes for persistent physical symptoms. She also teaches clients how to obtain a powerful and positive mindset so they can achieve their goals and feel excited about their lives. Most often she is weaving these two components together to make for an even more powerful journey! She is a passionate seeker of knowledge and change. She is foremost a teacher. Her training is from the Institute for Integrative Nutrition, Functional Diagnostic Nutrition, The Secret to Life Coaching Company, Asheville Yoga Studio and Brian Utting School of Massage.

**Nancy Shedrick, Certified Saddle Fitter, Shedrick English Saddlery, Member of the Society of Master Saddlers U.K.** Nancy is a lifelong horse-person. She started riding at the age of three and has over two decade in the saddle and tack industry. Nancy is the first person in New England to become a certified saddle fitter and member of the Society of Master Saddlers UK. Nancy was raised in Hebron Ct. She spent many summers at her Aunt's horsefarm in VT. As an equine major, Nancy graduated from the Ratcliffe Hicks School of Agriculture at the University of Connecticut. While there, Nancy also competed on the UCONN intercollegiate team. Growing up, Nancy rode english in every discipline; dressage, hunters, jumpers and saddleseat. She managed several breeding and training farms prior to getting into the saddle industry in 1990. It was during the 1990's that Nancy moved to New Hampshire and became the manager for Pelham Saddlery. You would see her at NEDA and Groton House and driving all over New England fitting horses and measuring for all brands of saddles. In 2001, Nancy became an independent saddle fitter. She continues to advise and fit her customers in an educated, unbiased and ethical manner. Her natural intuitiveness with horses, down to earth approach and constant striving to better educate herself has allowed her the constant loyalty of her clients. Beautiful Wentworth, New Hampshire is where Nancy resides with her family and three horses. Favorite hobbies include swimming, orchids, skiing, gardening and breeding PRE's for sport.

**Theresa Babson, Fundraising Consultant.** Theresa Babson has worked in the mental health non-profit sector for over 30 years. She has successfully secured funding for multi-million dollar therapeutic programs for inner city at risk youth with the Department of Children & Family as well as the Department of Transitional Assistance, The United Way and private foundation funding sources. Throughout her career she has held the roles of a psychiatric crisis clinician, program director, and director of development in programs dedicated to assisting the mentally disabled children, adults and families rebuild their lives. Her passion for horses led her to attend the University of New Hampshire Applied Animal Science program in 2011, specializing in Equine Management. She has devoted her time and expertise volunteering at Windrush Farms and supporting the development of therapeutic programs for children with behavioral issues and gaining recognition with the Department of Children & Family in Massachusetts. She has also acted as a grant manager and volunteered with Carlisle Academy where she continues to share her knowledge and support as a fundraising consultant.

**Anna Collier, "Show Mom" Extraordinaire; Parents' Forum Facilitator.** Anna is your typical barn chauffer, carrot hauler, and horse show Mom. She has a deep love and appreciation for the healing power of the horse, and the incredible gifts they give us each day. Mother to 3 wonderful children, and surrounded by an incredible support system, she has been able to help her daughter Sydney Collier turn her dreams into reality. Well-versed (and traveled) in the world of Para-Dressage, adaptive aids, and National and International level competitions, Anna is dedicated to helping other parents navigate their children's equestrian goals at whatever level they desire.

# Summary Schedule

## Para Pipeline Training Camp

Para-Dressage, May 26-30, 2015  
Para-Driving, May 30, 2015

### Tuesday, May 26, Carlisle Academy, Registration Open

12:00-4:00	Carlisle Academy	Participants and horses register and settle into stabling provided. Borrowed horses or lesson horses are tried for suitability, as needed.
1:00-5:00	CA Therapy Room	1 Hr. Private OT Consults (optional), Susan Grant, OTR/L, HPCS, Carlisle Therapist (pre-registrations required)

### **Wednesday, May 27, 2015**

#### Para-Dressage Coaches' Training Seminar & Rider Education Day: Nonantum Resort, Kennebunkport, Maine & Carlisle Academy, Lyman, Maine

8:00am – 12:00	Nonantum	<i>Topics: Para Theory; FEI Rules, Roles &amp; Etiquette; Adaptive Equipment &amp; Compensating Aids, Video Review of Winning Tests, Equine Selection, Classification Process Defined</i> <b>Presenters: David Schmutz, Kai Handt, Clive Milkins</b>
12:30-1:30 pm		BROWN BAG LUNCH: <i>Provided by Nonantum and brought to Carlisle Academy for afternoon session</i>
1:30 – 2:30 pm	Indoor	<i>Demo &amp; Discussion</i> with mocked judged tests through the para grades 1 – 4. <b>Presenter: David Schmutz</b> , a FEI 4* Para-Dressage Judge's perspective .
2:30 – 3:30 pm	Indoor	<i>Riders' Forum - Panel Discussion:</i> International, high-performance para-dressage riders and coaches speak about their experiences and the growing options in para-dressage today: Topics covered are <b>Young Rider Program, National Championships, Veterans and Para-Dressage</b> , and <b>International Competition</b> . <i>Format: Q&amp;A</i>
3:30-4:30	Viewing Room	<i>Coaches' Forum:</i> Developing a Coaching Plan for the Competition Pathway <b>Facilitated by: Kai Handt &amp; Clive Milkins. Format: Q&amp;A</b>
3:30-4:30	Office	<i>Parents' Forum:</i> Navigating the Competition Pathway <b>Facilitated by: Anna Collier.</b> She will share her parent perspective living through all phases of national and international para-dressage competition. <i>Format: Q&amp;A</i>
6:30pm	Nonantum	<i>Reception</i> at the Nonantum Resort
7:00 pm		Opening Banquet Begins (all participants and guests welcome - pre-registration required)  <b>Opening Remarks: Kai Handt</b> , USEF Para-Dressage Chef D'Equipe & Technical Advisor  <b>Keynote Address: Sydney Collier</b> , <i>My Journey in Para-Dressage Sports, a Youth Perspective.</i>

*Our sincere thanks to the Nonantum Resort for their in-kind support of this event*





## Thursday, May 28, 2015

### **Para-Dressage Training: Coaches & Athletes Practicum Day at Carlisle Academy- ATHLETE HEALTH DAY**

(class list and ride times TBD)

8:30- 12:00	Indoor Arena Covered Arena	<i>Private Lessons &amp; Collaborative Coaching</i> with Kai Handt (Grades 3 & 4) <i>Private Lessons &amp; Collaborative Coaching</i> with Clive Milkins (Grades 1 & 2)
9:00-10:00	Therapy Room	<i>Yoga &amp; Stretching for Riders</i> Janet Smaldone, PT & Melinda Baxter, Certified Yoga Instructor
10:15-12:00	Therapy Room	<i>45 min. Private PT Consults</i> (optional), Janet Smaldone, PT, HPCS, Carlisle Therapist (pre-registrations required)
10:15-11:30	Farmhouse	<i>30 min. Private Holistic Health Consult</i> (optional), Melinda Baxter, Certified Integrative Nutrition Health Coach & Master Life Coach (pre-registrations Required, fee applies)
12:00 – 1:00	Indoor Arena	<b>CATERED LUNCH &amp; LECTURE:</b> <i>Holistic Health for the Para-Equestrian</i> Melinda Baxter, Certified Integrative Nutrition Health Coach, LMT
1:30 – 5:00	Indoor Arena Covered Arena	<i>Private Lessons &amp; Collaborative Coaching</i> with Kai Handt (Grades 3 & 4) <i>Private Lessons &amp; Collaborative Coaching</i> with Clive Milkins (Grades 1 & 2)
1:30-4:00	Therapy Room	<i>45 min. Private PT Consults</i> (optional), Janet Smaldone, PT, HPCS, Carlisle Therapist (pre-registrations required)
1:30-4:30	Farmhouse	<i>30 min. Private Holistic Health Consult</i> (optional), Melinda Baxter, Certified Integrative Nutrition Health Coach & Master Life Coach (pre-registrations required, fee applies)
4:30 - 5:30	Viewing Room	<b>EVENING RECEPTION:</b> <i>Funding Your Competitive Dreams</i> , Theresa Babson, Fundraising Consultant: Learn tips to build your athlete sponsorship proposal.

## Friday, May 29, 2015

### **Para-Dressage Training: Coaches & Athletes Practicum Day at Carlisle Academy – EQUINE HEALTH DAY**

(class list and ride times TBD)

8:30- 12:00	Indoor Arena Covered Arena	<i>Private Lessons &amp; Collaborative Coaching</i> with Kai Handt (Grades 3 & 4) <i>Private Lessons &amp; Collaborative Coaching</i> with Clive Milkins (Grades 1 & 2)
10:00-11:00	Upper Barn Aisle	<i>Equine Massage Lecture &amp; Demo:</i> Susan Grant, OTR/L, Certified Equine Massage Therapist
11:00-12:00	Upper Barn Aisle	<i>Saddle Fitting &amp; Adaptations Lecture:</i> Nancy Shedrick, Master Saddle Fitter
12:00 – 1:00 pm	Indoor Arena	<b>CATERED LUNCH &amp; LECTURE:</b> <i>LongTerm Athlete Development</i> Clive Milkins
1:30 – 5:00	Indoor Arena Covered Arena	<i>Private Lessons &amp; Collaborative Coaching</i> with Kai Handt (Grades 3 & 4) <i>Private Lessons &amp; Collaborative Coaching</i> with Clive Milkins (Grades 1 & 2)
2:00-4:00	Upper Barn Aisle	<i>30 Min. Saddle Fitting Consults (optional):</i> Nancy Shedrick, Master Saddle Fitter (pre-registrations required, fee applies)

## Saturday, May 30, 2015

### Introduction to Para-Driving

### Final Riding Day for Para-Dressage: Coaches & Athletes Practicum Day at Carlisle Academy

(class list and ride times TBD)

9:00– 11:00	Indoor Arena	<i>Introduction to Para-Driving</i> with Diane Kastama, with support from Susan Grant  <i>Presentations: Para-Driving Rules &amp; Classification; Types of Competition – Local, National, International; Bitting &amp; Carriage Selection; Adaptive Equipment, Equine Selection &amp; Training</i>
9:00-11:00	Covered Arena	Para-Dressage Participants: <i>Equine Evaluation/Discussion with Kai Handt: Riders should bring questions/concerns about current or potential mounts</i>
11:00 – 12:15	Indoor Arena	<i>Sessions with Diane Kastama for Driving Participants</i>
12:30 – 1:30	Indoor Arena	<b>CATERED LUNCH &amp; LECTURE:</b> <i>My Para-Driving Sport Journey</i> Diane Kastama, FEI Para-Driving Medalist
1:30 – 4:30	Indoor Arena Covered Arena	<i>Private Lessons &amp; Collaborative Coaching</i> with Kai Handt (Grades 3 & 4) <i>Private Lessons &amp; Collaborative Coaching</i> with Clive Milkins (Grades 1 & 2)
4:30	Viewing Room	Closing Comments; Evaluations, Camp Wrap-up





# Carlisle Academy Para Pipeline Training Camp

## Registration Form

Para-Dressage, May 26-30, 2015

Para-Driving, May 30, 2015

(Please fill out one form per person)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Email: \_\_\_\_\_ Age: \_\_\_\_\_

**I am an auditor:** \_\_\_\_\_ (skip to payment section)

### **RIDERS/DRIVERS ONLY:**

Para Classification Grade (if classified): \_\_\_\_\_ Para-Profile Number \_\_\_\_\_ (helpful for driving purposes)

Current Trainer: \_\_\_\_\_

Types of Competitions pursued to date (e.g. Local, USEF Recognized, National, International): \_\_\_\_\_

I am most interested in pursuing the following Para-equestrian disciplines:

Para-Dressage \_\_\_\_\_ Para-Driving \_\_\_\_\_ Para-Reining \_\_\_\_\_ Para-Jumping \_\_\_\_\_ Para-Vaulting \_\_\_\_\_

Do you use a wheelchair or other assistive technology? If yes, please specify:

Will you need a personal assistant/groom for riding? If yes, what specifically do you need assistance with?

*Please complete with the names of any support people who will be attending with you.*

Primary Support Person: \_\_\_\_\_

Trainer: \_\_\_\_\_

Other Family member(s): \_\_\_\_\_

Other: \_\_\_\_\_

### **Horse Information (riders only)**

☐ **I am bringing my own horse (stabling is provided free of charge courtesy of Carlisle Academy)**

*You must supply your own food, hay and water buckets. Bedding and daily stall cleaning is provided; morning and evening feeding can be done by barn staff. Please note: Daily turnout is not available. Must send in advance copies of current Coggins and vaccination records.*

Horse's Name: \_\_\_\_\_ Breed: \_\_\_\_\_ Color: \_\_\_\_\_

Sex: \_\_\_\_\_ Age: \_\_\_\_\_ Height: \_\_\_\_\_ Horse's Owner: \_\_\_\_\_

Anticipated Truck-in/truck-out days and times: \_\_\_\_\_

☐ **I will need to borrow a horse (horse use is provided free of charge courtesy of Carlisle Academy & friends of the Academy)** Please describe the horse you are presently riding, and include any specific information that will help us make the best match to suit your needs:

**TRAINERS/COACHES ONLY**

I am actively coaching a para-equestrian athlete \_\_\_\_\_ Grade: \_\_\_\_\_

Name of Athlete: (Not required) \_\_\_\_\_

Types of Competitions pursued to date (e.g. Local, USEF Recognized, National, International): \_\_\_\_\_

I am interested in pursuing Certification as a National/International Para-Equestrian Coach \_\_\_\_\_

I am most interested in coaching in the following Para-equestrian disciplines:

Para-Dressage \_\_\_\_\_ Para-Driving \_\_\_\_\_ Para-Reining \_\_\_\_\_ Para-Jumping \_\_\_\_\_ Para-Vaulting \_\_\_\_\_

My Current Level of Training and Qualifications are as follows (e.g. USDF Instructor, Medalist; Judge, PATH/CHA Certification, BHS, USHJA Instructor &amp; Other Credentials): \_\_\_\_\_

**Tuition:**Full Tuition – *Para Pipeline Training Camp* (Riders) (includes all five days, May 26-30) \$1250 \_\_\_\_\_Per Diem Tuition\* - *Para Pipeline Training Camp* (Riders) (available May 28, 29, 30) # days \_\_\_\_\_ x \$350 \_\_\_\_\_Per Diem Tuition\* - *Para-Dressage Coaches' Seminar & Rider Education Day* (May 27) \$250 \_\_\_\_\_Per Diem Tuition\* - *Introduction to Para-Driving* (Drivers) (available May 30) \$250 \_\_\_\_\_Per Diem - *Auditing* for Coaches, Equestrians, & Spectators (available May 28, 29, 30) #days \_\_\_\_\_ x \$50 \_\_\_\_\_\*Riders registered for full camp tuition do *not* need to pay additional per diem tuition or per diem meals.**Optional activities:** I would like to sign up for:☐ OT Consult ☐ PT Consult (no fees)☐ 30 Min. Personal Integrative Health Consult \$50 \_\_\_\_\_☐ 30 Min. Saddle Fitting Consult \$50 \_\_\_\_\_**Additional meals** (for auditors, guests, see note above). Meal tickets will be provided.

Opening Banquet Dinner, May 27, 6:30pm \$35 \_\_\_\_\_

Lunches only per day \$15 \_\_\_\_\_

Please indicate any Special Dietary Requirements: \_\_\_\_\_

**Total Fee** \$ \_\_\_\_\_**I have applied to the Carlisle Charitable Foundation for this amount:** \_\_\_\_\_**I have included my \$250 deposit:** \_\_\_\_\_**Registration Due Date: Postmarked or faxed by May 5, 2015, by 5pm. Deposit of \$250 is required to hold a spot. Balance due May 20<sup>th</sup>.** Send attention: Sarah Armentrout, Carlisle Academy, 65 Drown Lane, Lyman, ME 04002. Fax # 207-985-7937, Tel # 207-985-0374, sarmentrout@carlisleacademymaine.com.Paying by Credit Card: ☐ Mastercard ☐ Visa ☐ Paying by Check: Please make check payable to Carlisle Academy.

Credit Card# \_\_\_\_\_ Authorized Amount: \$ \_\_\_\_\_

Expiration Date: \_\_\_\_\_ Signature: \_\_\_\_\_