

Specialized Programs

Sibling Group

This group is specialized for students who have siblings with special needs. It is an interactive four workshop series that provides a safe, judgment-free and healthy outlet to explore their feelings.

Grades K-12

Social Skills

This group is specialized for students with special needs. The topics are split into four interactive workshops that cover building and strengthening important social skills to help increase confidence in different situations.

Grades 6-8

Family Talk (for parents and students)

A fun family night out for students AND their parents! This night is designed to help families learn to communicate and understand each other in different ways.

Multi-session series available.

Grades 6-12 with their parents

Guiding Good Choices and/or STEP

These programs give parents the skills they need to ensure the future well-being of their children and reduce or prevent substance abuse and problem behaviors.

For parents only

Off To School We Go

This program is specifically designed for parents of children entering kindergarten. Topics include parent and child responsibilities, reasonable expectations from your child, and how you can help your fearful child.

For parents of kindergarten students only

Additional Programs & Services:

Character Education	Stranger Awareness
Art Expression	Citizenship
Study Skills	Bereavement Support
College Preparation	Coping Skills
Girls Empowerment	Special Events
Youth Advisory Board	Out-of-School Time
Recreational Activities	Information & Referral



www.smithtownny.gov/youthbureau

Town of Smithtown

Supervisor - Patrick R. Vecchio

Councilman - Thomas J. McCarthy

Councilman - Edward R. Wehrheim

Councilman - Robert J. Creighton

Councilwoman - Lynne C. Nowick



We work in collaboration with Horizons
Counseling and Education Center.



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SMITHTOWN
Youth Bureau

Development Prevention & Intervention Programs



Serving the communities of Smithtown,
Commack, Kings Park and Hauppauge.

Evidence Based Programs

Aligned with New York State Learning Standards

Learning Standards Key:

1 - Health
2 - Math, Sci, Tech
3 - English

4 - Other Language
5 - The Arts
6 - Career
7 - Social Studies

Too Good for Drugs/Violence 1, 3, 4, 6, 7

These curriculums focus on the risk factors that can be positively affected in the classroom; attitudes toward drugs, violence and other problem behaviors; and friends who engage in problem behaviors.

Grades K-12

Second Step 1, 3, 4, 7

This program teaches empathy, bullying & violence prevention, anger & emotional management and communication & coping skills.

Grades Pre-K-8

Safe Dates 1, 3, 6

This program deals with attitudes and behaviors associated with dating abuse and violence, equipping students with the necessary skills to develop healthy dating relationships.

Grades 9-12

Babysitting/Basic Child Care 1, 2, 3, 6, 7

This program teaches basic child care skills to students who are interested in becoming a babysitter. Topics covered include: intro to first aid, leadership, marketing, and family interviews.

Grades 6-12

Bullying Prevention 1, 3, 5, 7

This three-session or one time presentation focuses on why bullying happens and how to prevent it. Topics include what to do if you are being bullied, being a bystander and ways to implement school-wide prevention.

Grades K-12

Employment Readiness Skills & Career Exploration 3, 6, 7

Students will learn different sets of transferrable skills to be a marketable employee for varied job opportunities.

Grades 9-12

Children in Change 1, 3, 4

This program is for students who are experiencing a change in their family dynamics. Students will learn coping mechanisms and will have a safe place to talk about their feelings, while learning how to deal with these life changes.

Grades 6-8

WhyTry? 1, 3, 4, 6, 7

This program helps build personal resilience at home, in school, workplace and community. It teaches important life skills, such as building support systems, resisting peer pressure and developing resiliency.

Grades K-12

Teen Intervene 1, 3, 4

This program combines stages of change, motivational enhancement and cognitive-behavioral therapy to provide brief intervention with substance-abusing adolescents.

Grades 9-12

Student Leadership 2, 3, 4, 6, 7

This program focuses on prepping our students to become productive and successful leaders. Topics include communication, teamwork and conflict resolution with leaders and your peers.

Grades 9-12

LifeSkills 1, 3, 5

This substance abuse prevention program has three learning objectives: personal self-management skills, general social skills and drug resistance skills.

Grades 3-6

Anger Management 1, 3, 4

This program helps students identify the common triggers of anger, gain awareness of how anger escalates, identify the physical and physiological symptoms associated with anger and strategies for conflict resolution.

Grades 6-12

Healthy Body Image 1, 3, 4

This program consists of getting students to understand that individual differences are okay and teaches them to critically look at messages the media conveys about body image, while promoting wellness.

Grades 6-12

Positive Action 1, 3, 4, 5, 6, 7

Positive Action teaches and reinforces the intuitive philosophy that you feel good about yourself when you take positive action toward the physical, intellectual, social and emotional areas of the self.

Grades 9-12

Reconnecting Youth 1, 3, 5, 6

This program is for youth who are at-risk of getting involved with problem behaviors. Topics include self-esteem, goal-setting and making positive choices.

Grades 9-12

