

Instructor Biographies



Joe Muscolino DC has been a manual and movement therapy educator for more than 25 years. He is the author of eight major publications with Mosby of Elsevier, including *The Muscle and Bone Palpation Manual, with Trigger Points, Referral Patterns, and Stretching, 2nd ed.*; and the author of *Manual Therapy for the Low Back and Pelvis: A Clinical Orthopedic Approach and Advanced Treatment Techniques for the Manual Therapist: Neck* (published by LWW).

He runs numerous continuing education hands-on workshops, including the Clinical Orthopedic Manual Therapy (COMT) Certification, around the US and internationally for manual and movement therapists and instructors.



Nancy Porambo MS, LMT, CNMT is a “Certified” Neuromuscular Therapist and prides herself in having mastered the art of structural integration. Nancy has a Master’s degree in Clinical Health Psychology from the Philadelphia College of Osteopathic Medicine and taught psychology for Lehigh/Carbon Community College (LCCC). She is a “Board Approved” massaged therapist in the State of PA.

She was honored in the past with the “Teacher of the Year” award from Lehigh/Carbon Community College where she taught advanced psychology courses. She also taught psychology to honor students receiving college credits while still attending high school. In 2009, she authored the book “Professional Practice Concepts” and incorporates it into her nationally certified business/ethics class.

Nancy’s class on “Fibromyalgia” is based on her extensive graduate research on the subject coupled with her many years of experience working with chronic pain patients.



Mary Alice Walter BA, LMT holds a bachelor’s degree in psychology, graduated from SHI Integrative Medical Massage School, and is licensed in Ohio and Kentucky. She has been self-employed since 2005 and has mentored many new therapists along the way. Her basic philosophy in life is we are all meant to serve each other in whatever way possible. *Table Manners for Massage Therapists: How to Build an Excellent Practice, 2015*, is her second published work.



Doug Nelson LMT, BCMTB, CNMT began his career in massage therapy in 1977 and maintains a very active clinical practice. His particular interest has been the role of soft tissue in performance, serving as a neuromuscular consultant to teams in the NBA and NFL, in addition to dance companies and high level musicians.

He is the President of BodyWork Associates, a massage therapy clinic in Champaign, IL. Established in 1982, the clinic has two locations and a staff of sixteen therapists. His teaching institute, NMT MidWest, Inc. provides about one hundred trainings annually in Precision Neuromuscular Therapy™ across the USA and abroad. Doug is a guest lecturer at the University of Illinois Medical School, the Department of Family Medicine, and the Dance Department.

Doug has published articles in numerous journals and is a columnist for *Massage and Bodywork* magazine. He has published several books, including his most recent, *The Mystery of Pain*, Jessica Kinsley Publishers, London, was published in April 2013. Doug has been the recipient of numerous awards in his field, most recently the 2013 Massage Therapy Educator of the Year and the 2015 Pioneer Award from the Illinois Chapter of the American Massage Therapy Association.



Cheryl Chapman RN, LMT, is a pioneer in massage for Cancer and Mastectomy. An RN since 1965, certified in massage in 1988, she combined her extensive nursing experience of 23 years as an Oncology nurse, Hospice, HIV/AIDS, Cardiac and Postpartum nurse with her wide-ranging knowledge of massage and she produced a comprehensive hands-on training program. Cheryl studied Chinese medicine & massage in NY and China. In 1999 Cheryl became Holistic Nurse Certified (HNC), which further enriched her program.

Director of Professional Massage Therapy Associates, specializing in massage for Cancer, Mastectomy, Breast surgeries, Cardio, Hospice, Pre/Post Natal, Infant and Baby instruction, Geriatrics and Relaxation Massage. After completing massage school, Cheryl saw a need for continuing education for Cancer training. In 1990 she taught her first class and has expanded her education program since then.